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Poster Symposium on Relationships

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Poster Symposium on Relationships

Lily Coleman and Lindsay Martin

Topic selected: Relationships

I chose to present my first lesson plan on relationships.

Why present this topic?

- I think relationships are a huge part of your life at college and especially one's transition from high school to college. There are many new relationships people will experience and some people will have trouble navigating them.
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- I hoped to give them advice and tell them I had my own struggles too and that is okay to experience.
- I also wanted to present this topic because I wish I was taught this when I was a freshman. Also I would've wanted to know that not everything will be perfect my freshman year.

How it was presented

- I presented a powerpoint with words and images on each slide and I talked about each slide
- As well as tips, advice, and what that relationship may look like (good or bad)
- At the end of the lesson, I did a class ice breaker activity where students shared their concerns for relationships in college



Preparation

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- I found old photos from my freshman year and current relationships in college to provide.
- I reflected on those relationships and thought about their main characteristics and what was good or bad about them. Or any advice I would give to the students.
- To prepare for this presentation I practiced it multiple times in my head and to my roommates until I was confident.
- I also had to bring in extra paper for the snowball activity



Executing the lesson

- When presenting the lesson I stayed in the front of the classroom
- I was pretty nervous presented my own lesson for the first time but I got comfortable after a few minutes of being up there. Once I gained more confidence, my lesson had more flow to it.
- The activity/assessment was a little bit difficult because my section is so quiet. I wish they participated a little more.

Reflection

- I think I chose a good topic to present to my students, I helpful telling the students my own personal experiences.
- I do wish I got more student participation in the snowball activity. My instructor told me one way I could have done that is by asking the students to help with the students concerns or give their own advice. This would have helped increase participation
- This overall was a very beneficial experience for me, being a future teacher. Helping get students to participate and work on my own presentation skills

Citations

Gilbert, Nedda. “10 Tips for Living with a College Roommate.” Forbes. Forbes Magazine, June 28, 2021. <https://www.forbes.com/sites/noodleeducation/2016/08/22/10-tips-for-living-with-a-college-roommate/?sh=de812473bcef>.

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