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Teaching Students to Party Safe

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Teaching Students to Party Safe

Brianna DiSanto

Instructor Justin Neretich



Partying Safe

- I believe it is important to teach students how to safely use legal drugs and alcohol.
- A large majority of the student will at least try it once in their college career, so it is important that they know how to be safe.
- Many students do not know their tolerance to alcohol and cannabis, this could potentially lead to unsafe situations

Why is educating students important?

Parents and Guardians tend to ignore college students drinking, and turn a blind eye, when they should be involved and help the student experience these substances in a safe location with trusted individuals on standby.

Teachers need to be the adults to start a mature conversation about safe partying and educated the students. Examples could be on the warning signs of alcohol poisoning or drug overdose?, what is a good starting out dose? etc.

Continued

Violations of underage drinking and other crimes could have massive implications on the student's future at Cortland and in the “real” world.

Cortland is known for being a party school, and according to Willis et al. “Some participants even chose to attend this particular university because of its “party school” reputation.” (Willis, 2019, pg. 3). We need to provide the resources to keep students safe.



Education ideas

- Alcohol awareness messages offering advice on ways to limit consumption, specifically those emphasizing a choice to adopt 'sensible' drinking
- Contrasted with participant understandings of alcohol as a useful social practice, and as accepted within broader cultural conceptions of student behavior.
 - "This understanding reflects culturally sanctioned presentations of student drinking as expected and as constituting a rite of passage during this life-stage, with little evidence to suggest desire to change current behavior among students."(Brown and Murphy, 2019, pg. 235).

Student Participation


Poll Everywhere:
Pollev.briannadisang10
<https://PollEv.com/surveys/0i4pzuAx9FBQUUKPI9N1Q/respond>

- Poll everywhere questions
 - Asked: what their plans were for Cortaca weekend?, If they planned on partying that weekend?, If they knew their tolerance?
- Kahoot!
 - Fun and review questions
- Goal: was to get students involved in the presentation and capture their attention long enough for them to take at least something away from the lesson.



Preparation


I did extensive online research on the safest way to party and prevent potential harm to the student and peers



I spoke with Marissa Whitaker, and she helped answer a lot of my questions. She also provided me some resources for my lesson.

During


All the students were respectful, and participated in the activities



I felt comfortable teaching the student and having an honest conversation about partying safe.

After

I felt confident with the lesson, material and ability to teach the students



I had a nice conversation with my instructor afterward. He confirmed that. It was very gratifying.

Works Cited:

Willis, E., Adams, R., & Keene, J. (2019). If Everyone Is Doing It, It Must Be Safe:

College Students' Development of Attitudes toward Poly-Substance

Use. *Substance Use & Misuse*, 54(11), 1886–1893.

Brown, R., & Murphy, S. (2019). Contrasting staff and student views on alcohol

education provision in a UK university. *Drugs : Education, Prevention &*

Policy, 26(3), 229–237.