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1972

1972 Program, Men's Swimming

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STATE UNIVERSITY OF NEW YORK

COLLEGE AT CORTLAND

DUAL SWIMMING MEET

COACH

Jack Boehm

* * * * *

CAPTAINS

Jack Cothren
Bob Stefferson
George Maul
Steve Langendorfer

* * * * *

MANAGER

Roger Wilmier

* * * * *

ASSISTANT MANAGER

Paul Fucinto

DUAL SWIM MEET

General Rules:

1. Each college may score 2 men in each event except relays. Only one team is entered from each college in relay events.
2. Scoring for relays--winning team 7 losers 0. Scoring for all other events Winner 5, Second 3, Third 1.
3. During the 500 yd. and 1000 yd. Freestyle the gun will be shot when the leading swimmer has 2 lengths plus 5 yards to go. Visual counters are required for this event.
4. Each swimmer is allowed 1 false start. A second false start will disqualify him.
5. A swimmer may swim any stroke or combination of strokes in a Freestyle race. Since crawl stroke is the fastest stroke known, nearly all swimmers swim crawl for free-style races. A hand touch is not required in this style, but some part of the body must touch the end wall.
6. Diving: The first dive by each diver is the required dive for this meet. It was drawn by the referee before the meet from a required list of 5 dives placed in a hat. The diver may choose his next 5 dives, but must pick one from each of forward, backward, inward, reverse and twist style dives. Each dive is assigned a degree of difficulty by the rule book according to its difficulty of performance. The diving judge scores the execution of the dive from 1 to 10 and his award is multiplied by the degree of difficulty. The result is the diver's score for the dive.

Events:

1. Four-hundred yd. Medley Relay. Four men swim 4 lengths each. The first swims back-stroke, second swims breast stroke, 3rd swims butterfly, and the last swims freestyle. Score 7-0.
2. 1000 yd. Freestyle. 40 lengths of the pool. Time 11 to 14 minutes. This race is more than $\frac{1}{2}$ mile. Score 5-3-1.
3. Two-hundred yd. Freestyle. This race is 8 lengths, any stroke may be used. Score 5-3-1.
4. Fifty-yd. Freestyle. Only 2 lengths in this race. Finishes are usually very close. Score 5-3-1.
5. Two-hundred yd. Individual Medley. Each contestant swims 2 lengths in each stroke in the following order. Butterfly, back, breast, free. Score 5-3-1.
6. Diving. Each contestant does 6 dives. Multiply judge's award times degree of difficulty. Diver's total scores after 6 dives determine the winner. Score 5-3-1.
7. Two-hundred yd. Butterfly. This event is one of the most difficult because it employs a difficult stroke. For 8 lengths the swimmer must recover both arms simultaneously over the water. He must do the dolphin kick. Score 5-3-1.
8. One-hundred yd. Freestyle. 4 lengths. Any stroke or strokes may be used. Score 5-3-1.
9. Two-hundred yd. Backstroke. 8 lengths on the back. Score 5-3-1.
10. Five-hundred Freestyle. Twenty pool lengths. This race is more than $\frac{1}{4}$ mile. Time about 6 minutes. Score 5-3-1.
11. Two-hundred yd. Breaststroke. The breaststroke swimmer must not put his head completely underwater except on the start and turn. Arms and legs move in paired movements. The hand touch must be made with both hands simultaneously. No deviation from correct kick or armstroke is allowed. Score 5-3-1.
12. Diving. Where both schools have 3 meter facilities, this event is used. One meter diving is used when a school has no 3 meter board.
13. Four-hundred yd. Freestyle Relay. Four men swim 4 lengths each. They may swim any stroke, but all will swim crawl. A contestant may be in motion when his teammate finishes, but his feet must not leave the block until the touch. Score 7-0.

1971-72 VARSITY ROSTER

<u>Name</u>	<u>Class</u>	<u>Event</u>	<u>Hometown</u>	<u>High School</u>
Cothren, Jack	Sr	Freestyle, Fly	Peekskill	Peekskill
Echentile, Marty	Jr	Diving	Norwich	Norwich
Fackel, Jeff	Fr	Freestyle	Baldwin	Baldwin
Gibbons, Tom	Fr	Freestyle	Lake Mohegan	Lakeland
Goldberg, Ed	Fr	Freestyle, Fly	N. Tarrytown	Sleepy Hollow
Haring, John	Sr	Diving	S. Lansing	Lansing
Heiss, Bob	Fr	Backstroke	Valley Stream	Valley Stream South
Hotchkin, Ed	Sr	Freestyle	Parksville	Grahamsville
Hunt, Rick	So	Breast Stroke	Binghamton	Binghamton Central
Iffland, Don	So	Freestyle	Troy	Troy
Kenline, Gary	So	Freestyle, Fly	Kenmore	Kenmore West
Langendorfer, Steve	Sr	Freestyle, Fly	Bath	Bath
Le Valley, Pete	So	Breast Stroke	Kenmore	Kenmore West
Maul, George	Sr	Freestyle, Fly	Springville	Springville
Ryan, Jim	So	Freestyle	Peekskill	Peekskill
Scirto, Tony	So	Freestyle, IM	Lockport	Lockport
Stefferson, Bob	Sr	IM	New Hyde Park	Great Neck South