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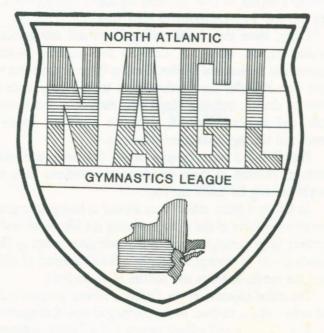
1983

1983 Championship, Men's Gymnastics

State University of New York College at Cortland

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March 4-5, 1983

CORTLAND STATE COLLEGE

State University of New York College at Cortland

Located atop one of the many hills in Central New York's "City of Seven Valleys," the State University of New York College at Cortland was founded in 1868 as the Cortland Normal School. Over the decades, the campus expanded and in 1941, by an act of the legislature and the Board of Regents, the institution officially became a college, providing four-year courses leading to a bachelor's degree. In 1948, the state legislature incorporated Cortland College into the new State University of New York.

Today, more than 5,600 undergraduate and 600 graduate students are pursuing degrees within the College's two academic divisions — Arts and Sciences and Professional Studies. Twenty-three departments with a faculty of more than 300 offer the Cortland State student body some 40 majors from which to choose, including liberal arts, elementary and secondary education, health and physical education, recreation education, speech education and speech and hearing handicapped education.

The College's main campus covers 191 acres and includes 30 major buildings. Thirteen of these structures are residence halls and provide on-campus housing for 2,600 students.

At Cortland State, athletics are viewed as having an important role in the educational mission of the College. During the fall, winter and spring seasons, Cortland State participates in 24 intercollegiate sports — 12 men's and 12 women's — in an attempt to provide a broad program of athletics which will meet the needs, interests and abilities of its students.

The stated objective of the College's athletic program is the development and welfare of the student. In the coaching of individual sports as well as in the direction of the overall athletic program, the College endeavors to provide a high calibre of professional leadership which is consistent with the goals of the institution.

Cortland State is particularly proud of its long tradition of intercollegiate athletics and its high standing in small college athletic circles. In support of this heritage, the College offers its student-athletes a number of outstanding indoor and outdoor facilities which are used for intercollegiate competition as well as educational and recreational purposes. The Park Center for Physical Education and Recreation, opened in 1973, features a main gymnasium with a seating capacity of 3,600, an Olympic-size swimming pool with gallery seating for 1,500, and an ice arena which can accomodate 2,500 spectators.

1983 NAGL TOURNAMENT OFFICIALS

Meet	DirectorEric Ma	almberg
Head	ScorerRick	Hauser
Head	TrainerJohn	Sciera
Stude	ent TrainerKim	Hurley
Annou	uncerGeorge	Nevole
Progr	ram/PublicityPeter	Koryzno

JUDGES

Ron CasoSyracuse,	New	York	
Wayne SuddabyBaldwinsville,	New	York	
Bill CowdenRochester,	New	York	
Tony SummitRochester,	New	York	
Steve ChilinskiSyracuse,	New	York	
Mike FinnertyMedford,	New	York	



Special thanks to Mr. Fraser Stokes, who designed the NAGL logo which appears in this program. Mr. Stokes is a retired professor of English and former Cortland tennis coach.

TEAM COMPETITION

Friday, March 4, 1983 5 p.m.

SESSION I

- Round I: Floor Exercise Princeton,Cornell,Coast Guard Pommel Horse - Glassboro, LIU Still Rings - CCNY, Cortland, West Chester
- Round II: Floor Exercise Cortland, West Chester, CCNY Pommel Horse - Cornell, Coast Guard, Princeton Still Rings - LIU, Glassboro
- Round III:Floor Exercise Glassboro,LIU Pommel Horse - West Chester,CCNY, Cortland Still Rings - Coast Guard,Princeton,Cornell

SESSION II

- Round IV: Vaulting Princeton, Cornell, Coast Guard Parallel Bars - LIU, Glassboro High Bar - CCNY, Cortland, West Chester
- Round V: Vaulting Cortland, West Chester, CCNY Parallel Bars - Cornell,Coast Guard,Princeton High Bar - Glassboro, LIU
- Round VI: Vaulting LIU, Glassboro Parallel Bars - West Chester,CCNY,Cortland High Bar - Coast Guard, Princeton, Cornell

INDIVIDUAL CHAMPIONSHIPS: Saturday, March 5, 1 p.m. The top eight competitors in each event on Friday will advance to the individual championships on Saturday afternoon.

		NAGL RECORDS		
Event	Year	Name	College	Score
All-Around	1975	Earl Metzler	West Chester	51.70
Floor Exercise	1981	Berto Calderon	LIU	18.35
Ponmel Horse	1981	Bob Jacquint	Cortland	18.60
Still Rings	1979	Steve Ernst	Cortland	18.20
Vaulting	1982	Derrick Cornelious	Cortland	19.45
Parallel Bars	1978	Jin Green	Oneonta	17.95
High Bar	1982	Jeff Stark	Cortland	18.65
Team	1975	-	E. Stroudsburg	245.60

TEAM SCORING

TEAM	FX	PH	SR	v	PB	НВ	TEAM TOTAL	PLACE
CCNY	•							
CORNELL			03.3				1100	
CORTLAND		1.12						
GLASSBORO								
L.I.U								
PRINCETON					•	toge by		
U.S.C.G.A.								
WEST CHESTER		•					5.50 No.611	

CITY COLLEGE OF NEW YORK



Name	Events	Yr.	Hometown
Marvin Autry	AA	Fr	Bronx
Louis Battle	AA	Fr	Bronx
Victor Caballero	AA	Fr	Bronx
Robert Flores	AA	Jr	Brooklyn
Eric Laventure	AA	So	Brooklyn
Jaime Soto	AA	Fr	Bronx
Juan Valerio	AA	Fr	Manhattan
Milton Vasquez	AA	Fr	Bronx
Robert Colon	AA	Fr	Bronx

Head Coach: David Jacobs Asst. Coach: Romeo Pascone Captain: Eric Laventure



COAST GUARD ACADEMY

Name	Events	Yr.	Hometown
Jeff Anderson	PB,HB	Sr	Los Angeles, CA
Bryan Beard	FX,V,PB,HB	Jr	Cottage Grove, OR
Jeff Loftus	PH	So	Chicopee, ME
John Macaluso	AA	Sr	State College, PA
Raul Mangalindan	FX, V, PH, SR, PB	Sr	Phillipines
Bob McKenna	PH,V,HB	So	Setauket, NY
Jim Moore	FX,V	Sr	Houston, TX
Dan Kingston	SR	Sr	Fremont, CA
Mike Schaal	PH, HB	So	Durham, CA
Bob Wheeler	SR	Jr	Pasadena, ND
Bret White	V	Jr	Corrales, NM

Head Coach: Jeff Cardinali

CORNELL UNIVERSITY



Name	Events	Yr.	Hometown
Gene Barr	AA	Jr	Commack NY
Matt Burcher	AA	So	Larchmont, NY
Dave Feeney	AA	Fr	Rumson, NJ
Nick Finamore	AA	So	Sudbury, MA
Arthur Haywoode	AA	Fr	New York City
Owen McGettrick	HB,PB	Sr	Hamden, MA
Pete Nicholson	AA	Sr	Fayetteville, NY
Monty Oppenheim	AA	So	Bethesda, MD
Rob Ord	AA	Jr	Tulsa, OK
Chun Pak	AA	So	Lawrenceville, NJ
Steve Raab	AA	Jr	Philadelphia, PA
Andy Schrauth	FX,V,PH	Sr	Hamburg, NY
Clark Slagle	AA	Fr	E. Lansing, MI

Head Coach: Betsy East Asst. Coach: Rich John

-			

CORTI AND STATE

Name	Events	Yr.	Hometown
Roger Burke Adam Evans Lenny Franco Bruce Havranek Kiran Krowl Ron Lievendag Randy March Glen Suarez Garry Yuen	AA AA FX,V PH PB,V AA AA AA AA	Sr Fr Jr Jr So Jr Sr Fr	Nesconset New York City Mahopac. Fayetteville Bayshore Greenlawn Poughkeepsie Wilmington, DE
darry ruch	701		Westhampton Bch.

Head Coach: Eric Malmberg Assistant Coach: Jeff Stark Captains: Ron Lievendag, Roger Burke

GLASSBORO STATE



Name	Events	Yr.	Hometown
Glinnie Elmore Mark Hearon Rich Leff Andy Schwartz John Richards Mark Werder Keith Wilson Harry Young	AA AA SR,V PH,V,PB FX,V,PH FX,HB AA	Jr So Sr Jr Fr Jr Sr	Cherry Hill, NJ New Brunswick, NJ Cedar Ridge, NJ Willingboro, NJ Vineland, NJ Parsiappany, NJ Madison, NJ Cherry Hill, NJ

Head Coach: Joe Gillespie

LONG ISLAND UNIVERSITY



Name	Events	Yr.	Hometown
Raoul Acosta	PH	So	Manhattan
Damon Albert	SR,PB	Sr	Manhattan
David Cancel	AA	Sr	Manhattan
Sal Consiglio	V.PB	Sr	Ridgewood, NY
John Hrasney	FX, PH, PB, HB	Sr	Staten Island
Niam Kozi	AA	Jr	Brooklyn
Lyle Richard	FX,V,PH	Sr	Staten Island
Ray Minicucci	AA	Jr	Staten Island
Jose Rubiera	AA	Sr	Manhattan
Carlos Serrano	AA	Fr	Bronx
Genady Slutsky	AA	Jr	Brooklyn
Macey Watson	AA	So	Bronx
Vincente Yepez	AA	So	Ecuador

Head Coach: Tom Franqui Asst. Coaches: Jim Herlihy, Randy Perroth

PRINCETON UNIVERSITY



Name	Events	Yr.	Hometown
Marc Cardelia	AA	So	Cherry Hill, NJ
David Durfee	SR,V,HB	Fr	Middletown, NJ
Dave Evans	FX,V	Jr	Toronto, Canada
Chuck Huang	FX	Jr	Welsley, MA
Matt Jackson	PH	Jr	Hinsdale, IL
Byron Joyner	AA	Sr	Knoxville, TN
David Rambell	РН,РВ,НВ	Fr	Hinsdale, IL
Laurent Sacharoff	AA	So	Melrose Park, PA
Jeremy Stein	SR	Sr	Princeton, NJ
Mark Villardo	PH,HB,PB	Sr	New York City

Head Coach: John Salvo Asst. Coach: Jonathan Schafer

WEST CHESTER STATE



Name	Events	Yr.	Hometown
Shawn Boyle	PH,SR,V,PB,HB	Fr	West Chester, PA
Dave Coll	FX,V,HB	So	Sellersville, PA
Jeff Craft	SR, HB	Jr	Norristown, PA
Tom Elder	PH, SR, PB, HB	Fr	Ridley Park, PA
Mike Franklin	FX, PH, SR, V, PB	Fr	
Chris Kostaras	FX, PH, SR, PB	Sr	Langhorne, PA
Allan McBride	FX, PH, V, HB	So	Summerdale, PA
Mike Miller	FX,V,PB	Fr	Lancaster, PA
Head Coach: Mil	an Trnka		

HOW GYMNASTS ARE JUDGED

Each team shall be limited to a maximum of five entries per event. There is no all-around requirement in college competition.

The best four marks (scores) for each team in each event are added to determine the score for that event. The event scores are added to determine the final total team score.

For all events, the judges shall award scores on a basis of 10.0 for a perfect routine. The 10 points are awarded as follows: 3.4 points for difficulty, 1.6 points for combination, 4.4 points for execution, with up to 0.6 points for risk, originality and virtuosity.

Two judges shall be used per event for the first two sessions and five judges for the final session. If the marks of the four judges on a particular routine (exercise) are 9.6, 8.8, 8.7, and 8.6; the highest mark (9.6) and the lowest mark (8.6) are discarded and the two intermediate marks of 8.8 and 8.7 are averaged. In the event that there are two or more identical high marks, only one will be discarded. The same applies to low marks. The fifth or chief judge does not submit a score in the finals but is present to ensure correctness and settle any questions of interpretation.

To obtain a maximum score, in all events except vaulting, the routine must be composed of at least 11 principle parts. Minimum difficulty requirements to receive a perfect score in the preliminaries are: three superior parts, five intermediate parts and five parts of lesser difficulty.

An exercise which is executed with great visible effort or which is insufficiently mastered, must be severely penalized. The gymnast must show that he is master of his body and its movements, and he must do so with grace, ease and sureness.

FLOOR EXERCISE

Requirements - The working area of the floor exercise is restricted to a 12 by 12 meter pad. The exercise must form a harmonious and rythmic whole, through alternating elements involving suppleness and strength, holding and balance, with shifts in different directions, skips, jumps, and handstands. Abusive repetitions are to be avoided, as are transitions and poses that are too simple, and superfluous push-off steps. The gymnast is required to move in idfferent directions, not using too many running steps.

Finalists

		Score	es		
Gymnast	College	Prelim	Final	Total	Place
			·		

NAGL Floor Exercise Champions

1982 1981 1980 1979 1978 1977 1976 1975 1974 1973 1972 1971	Mark Cardelia Berto Calderon Frank Winstead Bill Lolli Paul Sheriff Vince Griseto Scott Ditcher Rich Houck Dennis Bastian Joe Porter Joe Porter Milt Collins	Princeton Long Island U. East Stroudsburg West Chester East Stroudsburg East Stroudsburg Coast Guard Queens College West Chester West Chester Long Island U.	17.85 18.35 18.30 18.10 18.20 16.80 17.75 17.00 17.10 17.90 17.10 17.35
1970	Milt Collins	Long Island U.	8.40
1969	Rich Schwartz	Montclair	8.45

POMMEL HORSE

Requirements - The pommel exercise requires exclusively swimg movements with no stops, passes of one and both legs, scissors forward and backwards. Circle of both legs must predominate in the exercise, and the three parts of the horse must be used.

Finalists

	Scores					
Gymnast	College	Prelim	Final	Total	Place	
			·			
·						

NAGL Pommel Horse Champions

1982	Bill Vienna	Cortland	14.55
1981	Bob Jaquint	Cortland	18.60
1980	Bob Jaquint	Cortland	18.25
1979	Bob Jaquint	Cortland	17.55
1978	Mark Johnson	ESSC	16.00
1977	Ed Skewes	Coast Guard	17.65
1976	Bradd Baldwin	West Chester	17.90
1975	Earl Metzler	West Chester	17.10
1974	Bradd Baldwin	West Chester	17.40
1973	Bradd Baldwin	West Chester	16.95
1972	Bob Booker	ESSC	16.95
1971	Ernest Rost	LIU	17.50
1970	Don Peters	West Chester	7.80
1969	Dave Mantz	West Chester	8.40

STILL RINGS

Requirements - On the still rings, combined movements of swinging, strength and holds are used without swinging of the rings. The exercise must include at least two handstands, of which one must be through strength and the other in a swing from a hanging position. In addition, it must include at least on hold of greater difficulty, such as the free front horizontal support, the cross, the inverted cross or others. Hold positions must be maintained for at least two seconds to receive full credit and avoid deductions.

Finalists

		Score	es		
Gymnast	College	Prelim	Final	Total	Flace

NAGL Rings Champions

1982	Jeff Stark	Cortland	17.15
1981	Ron Lievendag	Cortland	17.70
1980	Mark Johnson	ESSC	17.65
1979	Steve Ernst	Cortland	18.20
1978	Tony Gehman	ESSC	17.05
1977	Steve Graber	Trenton	16.95
1976	Jim Bussey	Coast Guard	18.05
1975	J. Flizzar	ESSC	17.75
1974	Pete Graber	Trenton	17.30
1973	Bob Booker	ESSC	17.75
1972	Fred Bauch	ESSC	17.35
1971	Bill Balogh	Montclair	16.05
1970	Rick Bunde	Oneonta	7.95
1969	Larry Tomack	LIU	8.50

VAULTING

Requirements - In the long horse event, performers are required to execute one vault. The vaults have difficult ratings ranging from 7 to 10, however, most gymnasts perform vaults that have maximum difficulty values close to 10. Height, flight, control are the important factors to be judged along with the proper mechanics of the vault, as well as form. On Saturday, the eight finalists must perform one vault and that score and Friday's preliminary score will be totaled and the average will be used to determine the winner.

Finalists

	Scores					
Gymnast	College	Prelim	Final	Total	Place	
-						
			· .			

NAGL Vaulting Champions

1982	Derrick Cornelious	Cortland	19.45
1981	Peter Shields	Cortland	19.30
1980	Allen Emerick	ESSC	18.40
1979	Bill Lolli	West Chester	19.10
1978	Craig Smith	ESSC	18.65
1977	Bill Lolli	West Chester	18.85
1976	Bill Lolli	West Chester	18.30
1975	S. Ditcher	ESSC	18.30
1974	Louis Amico	West Chester	17.65
1973	T. Jackson	Trenton	18.10
1972	Eric Malmberg	ESSC	18.00
1971	Milt Collins	LIU	17.80
1970	Milt Collins	LIU	8.15
1969	Rich Schwartz	Montclair	8.98

PARALLEL BARS

The type of exercise to be performed on the parallel bars should contain elements of swing, flight, strength and holds. The swing and flight phases should predominate. The exercise should contain at least one skill executed below the bars and one above in which the grip is momentarily released.

		11505			
Scores					
Gymnast	College	Prelim	Final	Total	Place
		-			
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	tomore, we include the strategic spectrum of the sequences				
	and the second second				
1					

Finalists

NAGL Parallel Bars Champions

<pre>1982 Kieran Krowl</pre>	Cortland	16.90
1981 Steve Ernst	Cortland	16.00
1980 Ken Hartigan	ESSC	17.85
1979 Rick Suddaby	Cortland	17.65
1978 Jim Green	Oneonta	17.95
1977 Larry Klassen	West Chester	16.35
1976 Joe Kennedy	ESSC	16.30
1975 Earl Metzler	West Chester	17.65
1974 John Becker	ESSC	17.15
1973 Earl Metzler	West Chester	17.40
1972 Bob Booker	ESSC	17.35
1971 Rick Bunde	Oneonta	16.35
1970 Tom Franqui	LIU	8.15
1969 Rich Schwartz	Montclair	8.55

HIGH BAR

On the horizontal bar, swinging and vaulting movements without holding or stopping should be used as valuable variations between giant swings. Routines to receive maximum value must contain a dorsal hang or el-griphang plus one simultaneous release of grip.

Finalists					
Gymnast	College	Score		Total	Flace
	·				
			· · · · ·		

NAGL High Bar Champions

1982	Jeff Stark	Cortland	18.65
1981	Jeff Stark	Cortland	18.45
1980	Tom Pace	Cortland	17.45
1979	Berto Calderon	LIU	18.05
1978	Will Fontanez	ESSC	16.65
1977	Larry Klassen	West Chester	17.60
1976	Larry Klassen	West Chester	16.65
1975	John Becker	ESSC	18.00
1974	Steve Wilson	ESSC	16.80
1973	John Becker	ESSC	17.35
1972	Earl Metzler	West Chester	16.70
1971	Tom Granqui	LIU	16.85
1970	Milt Collins	LIU	8.35
1969	Dave Green	Montclair	8.05

NAGL ALL-AROUND CHAMPIONS

Year	Name	College	Score
1982 1981 1980 1979 1978 1977 1976 1975 1974 1973 1972 1971 1970 1969	Ray Minicucci Tim Henry Mark Johnson Wayne Suddaby Mark Johnson Larry Klassen Earl Metzler Earl Metzler Earl Metzler Bill Balogh Milt Collins Tony Williams	Long Island U. Coast Guard E. Stroudsburg Cortland E. Stroudsburg West Chester West Chester E. Stroudsburg West Chester West Chester West Chester Montclair Long Island West Chester	46.70 47.45 51.40 50.10 49.90 48.40 43.85 51.70 49.30 48.60 47.65 46.05 43.90 41.25
1505	rony wiritians	nest onester	11.20

PAST NAGL MEET RESULTS

1969 At Montclair

1. Montclair 137.68 2. West Chester 123.15 3. L.I. University 122.29 4. Coast Guard 112.58 5. Cortland --

1971 At Coast Guard

1.	L. I. University	134.85
2.	West Chester	131.30
3.	Montclair	125.10
4.	East Stroudsburg	118.15
5.	Coast Guard	114.55
6.	City College N.Y.	108.45
7.	Oneonta	96.75
8.	Cortland	74.05
9.	Queens College	55.85

1970 At West Chester

1.	L.I. University	131.65
2.	Montclair	122.90
3.	Cortland	109.55
4.	Oneonta	98.60
5.	Coast Guard	93.80
6.	East Stroudsburg	91.60
7.	City College N.Y.	89.20
8.	West Chester	83.90
9.	Ithaca College	66.40

1972 At East Stroudsburg

1.	West Chester	141.35
2.	East Stroudsburg	134.40
3.	L. I. University	111.60
4.	Coast Guard	110.60
5.	Oneonta	110.25
6.	City College N.Y.	102.95
7.	Ithaca College	92.90
8.	Cortland	86.15
9.	Queens College	72.45

1973 At Queens College

1.	East Stroudsburg	149.80
2.	West Chester	147.80
3.	L.I. Uinversity	125.50
4.	Trenton	123.90
5.	Queens College	122.80
6.	Coast Guard	119.70
7.	Oneonta	119.30
8.	Cortland	103.10
9.	City College N.Y.	101.60
	-	

1975

At Trenton

1.	West Chester	145.80
2.	East Stroudsburg	139.85
3.	Trenton	133.05
4.	L.I. Universtiy	131.95
5.	Coast Guard	127.35
6.	Queens College	109.15
7.	Oneonta	98.55
8.	City College N.Y.	89.60
9.	Cortland	85.90

1977

At West Chester

1.	West Chester	136.55	
2.	Trenton	121.80	
3.	Cortland	120.70	
4.	East Stroudsburg	118.90	
5.	LIU	112.85	
6.	Coast Guard	112.20	
7.	City College of N.Y.	109.30	
8.	Oneonta	107.55	
9.	Glassboro	90.25	
10.	Ithaca	50.45	

1979

At E. Stroudsburg

1.	Cortland	195.2	
2.	Coast Guard	166.7	
3.	West Chester .	164.0	
4.	LIU	163.6	
5.	City College of N.Y.	161.35	
6.	Trenton	136.7	
7.	Brockport	132.95	
8.	Oneonta	114.75	
9.	Glassboro	91.75	
10.	East Stroudsburg	32.1	

1981

At Glassboro

1.	Cortland			197.05	
2.	LIU			183.70	
3.	Coast Guard			158.90	
4.	City College	of	N.Y.	134.60	
5.	Glassboro			120.50	
6.	West Chester			110.35	
7.	Oneonta			76.35	
8.	Trenton			55.30	

1974 At Cortland

1.	East Stroudsburg	144.25
2.	West Chester	130.25
3.	L.I. University	129.00
4.	Trenton	126.75
5.	Coast Guard	118.35
6.	Queens College	116.60
7:	Oneonta	112.20
8.	Cortland	90.05
9.	City College N.Y.	41.10
	1976	

At Oneonta

1.	West Chester	141.75
2.	Trenton	125.75
3.	East Stroudsburg	125.40
4.	Queens College	120.60
5.	Coast Guard	115.50
6.	Cortland	107.30
7.	L.I. University	104.70
8.	City College	92.05
9.	Oneonta	85.80

1978

At Coast Guard

1.	East Stroudsburg	143.55
2.	Cortland	139.45
3.	West Chester	134.95
4.	City College of N.Y.	129.65
5.		126.35
6.	Oneonta	125.95
7.	LIU	119.85
8.	Trenton	102.05
9.	Glassboro	84.30
10.	Ithaca	79.30

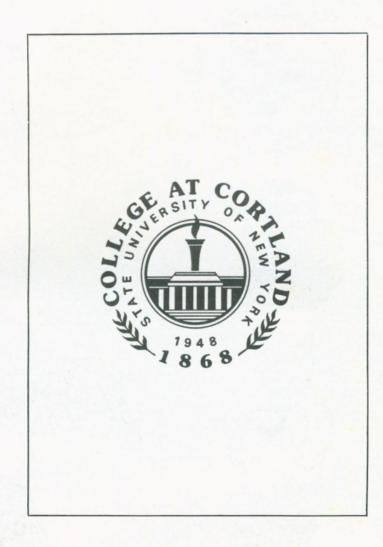
1980 At Cortland

1.	East Stroudsburg	245.6
2.	Cortland	219.45
3.	LIU	188.25
4.	Oneonta	182.35
5.	Coast Guard	180.8
6.	Trenton	179.25
	Brockport	165.05
8.	City College of N.Y.	152.9
9.	West Chester	151.45
10.	Glassboro	140.75

1982

At Long Island University

1. LIU	188.15
2. Cortland	
	185.60
City College of N.Y.	158.85
4. Towson	149.80
5. Princeotn	144.95
6. Cornell	141.15
7. Coast Guard .*	140.25
8. Glassboro	115.40
9. West Chester	102.85



NORTH ATLANTIC GYMNASTICS LEAGUE















