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1983-1984 Team Guide, Men's Swimming

State University of New York College at Cortland

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1983-84

State University of New York College at Cortland

Located atop one of the many hills in Central New York's "City of Seven Valleys," the State University of New York College at Cortland was founded in 1868 as the Cortland Normal School. Over the decades, the campus expanded and in 1941, by an act of the legislature and the Board of Regents, the institution officially became a college, providing four-year courses leading to a bachelor's degree. In 1948, the state legislature incorporated Cortland College into the new State University of New York.

Today, more than 5,400 undergraduate and 600 graduate students are pursuing degrees within the College's two academic divisions — Arts and Sciences and Professional Studies. Twenty-three departments with a faculty of more than 300 offer the Cortland State student body some 40 majors from which to choose, including liberal arts, elementary and secondary education, health and physical education, recreation education, speech education and speech and hearing handicapped education.

The College's main campus covers 191 acres and includes 30 major buildings. Fourteen of these structures are residence halls and provide on-campus housing for 2,600 students.

At Cortland State, athletics are viewed as having an important role in the educational mission of the College. During the fall, winter and spring seasons, Cortland State participates in 24 intercollegiate sports — 12 men's and 12 women's — in an attempt to provide a broad program of athletics which will meet the needs, interests and abilities of its students.

The stated objective of the College's athletic program is the development and welfare of the student. In the coaching of individual sports as well as in the direction of the overall athletic program, the College endeavors to provide a high calibre of professional leadership which is consistent with the goals of the institution.

Cortland State is particularly proud of its long tradition of intercollegiate athletics and its high standing in small college athletic circles. In support of this heritage, the College offers its student-athletes a number of outstanding indoor and outdoor facilities which are used for intercollegiate competition as well as educational and recreational purposes. The Park Center for Physical Education and Recreation, opened in 1973, features a main gymnasium with a seating capacity of 3,600, an Olympic-size swimming pool with gallery seating for 1,500, and an ice arena which can accommodate 2,500 spectators.

QUICK FACTS ABOUT CORTLAND STATE



**CORTLAND
RED DRAGONS**

Location: Cortland, New York 13045

Enrollment: 5,432

Founded: 1868

President: Dr. James M. Clark

Colors: Red and White

Nickname: Red Dragons

Home Pool: Harriet Holsten Pool

Seating Capacity: 1,500

Athletic Directors:

(men's) Dr. Vince Gonino

(women's) Barbara Quinn

Head Swimming Coach: Dr. Peter Cahill

Office Phone No. (607) 753-4965

Sports Information Director:

Peter D. Koryzno (607) 753-2518

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The 1983-84 Cortland Swimming Guide was prepared and edited by Peter D. Koryzno, Cortland State Sports Information Director. Special thanks to Mr. Fraser Stokes for his artwork on the front cover.

HEAD COACH PETER CAHILL

A native of Watertown, New York, Pete Cahill grew up in Malone, where he graduated from Franklin Academy prior to attending Cortland State in the mid 1960s. Cahill was a member of the Red Dragon tennis and swimming teams. He swam both the breaststroke and butterfly, while captaining the C-State swimmers during his senior year.

After earning his bachelor's degree from Cortland State in 1966, Cahill went on to the University of Massachusetts at Amherst where he received a master's degree in exercise physiology. He later earned a doctorate in physical education from Springfield College. Cahill taught physical education for two years at Clarkstown High School in New City, N.Y., before taking over as head swimming and tennis coach at Plattsburgh State. While there, he coached four All-Americans in two seasons.

Cahill returned to his alma mater in the autumn of 1972. He immediately began a steady turnaround of the Red Dragon men's program. From a last place conference finish in his initial campaign at Cortland, Cahill and his Red Dragon units consistently moved up the league standings. Cortland captured three consecutive conference titles from 1979-81 and has finished second the past two years. Cahill's teams annually lead the SUNYAC in NCAA finishes, having placed as high as 5th in the NCAA Division III Meet in 1981. He has been twice voted SUNYAC Coach of the Year.

In 1978, Cahill became the head coach of the C-State women's swimming team in addition to his duties as the men's mentor. The Lady Dragons have dominated the New York State AIAW swimming scene each of Cahill's seasons as coach and have developed into a national powerhouse, placing 4th and 9th in the country during the past two years.

Pete and his wife, Shirley, and their children, David, and Julie, reside in Cortland.

CORTLAND STATE MEN'S TEAMS UNDER COACH CAHILL

Year	Won-Lost-Tied	SUNYAC Finish	NCAA Division III Qualifiers
1972-73	1-10-1	12th	None
1973-74	5-8-1	10th	None
1974-75	9-5-0	6th	2 Divers
1975-76	9-4-0	4th	3 Divers, 1 Swimmer
1976-77	10-1-0	2nd	2 Divers, 9 Swimmers
1977-78	8-3-0	3rd	2 Divers, 5 Swimmers
1978-79	10-2-0	1st	2 Divers, 8 Swimmers
1979-80	11-2-0	1st	7 Swimmers
1980-81	8-4-0	1st	1 Diver, 7 Swimmers
1981-82	7-6-0	2nd	1 Diver, 7 Swimmers
1982-83	5-7-0	2nd	2 Divers, 2 Swimmers
Total	83-52-2	---	61 National Qualifiers

CORTLAND STATE WOMEN'S TEAMS UNDER COACH CAHILL

Year	Won-Lost-Tied	N.Y.S. AIAW Finish	AIAW/NCAA National Qualifiers
1979-80	7-2-0	1st	1 Diver, 8 Swimmers
1980-81	6-3-0	1st	1 Diver, 6 Swimmers
1981-82	11-2-0	*2nd	7 Swimmers
1982-83	9-3-0	1st	1 Diver, 9 Swimmers
Total	33-10-0	---	33 National Qualifiers

*Cortland finished first among the New York State Division III teams in the combined all-division competition that year.

RED DRAGON ALL-AMERICANS UNDER COACH CAHILL

- 1974-75:** Randy Taylor, 1 Meter and 3 Meter Diving
Kerry Quilty, 3 Meter Diving
- 1976-77:** Jeff Maxwell, 100 Backstroke, 200 Backstroke, 400 Medley Relay
Larry Collins, 400 Medley Relay
Bob Slater, 400 Medley Relay
Mike Meyer, 400 Medley Relay
- 1977-78:** Jeff Maxwell, 100 Backstroke, 200 Backstroke
Tom Olivo, 3 Meter Diving
- 1978-79:** Jeff Maxwell, 100 Backstroke, 200 Backstroke
Ed Walrath, 200 IM, 200 Backstroke
Steve Hoff, 400 Freestyle Relay
Kevin Markwardt, 400 Freestyle Relay
Ed Morford, 400 Freestyle Relay
Mark Quimet, 400 Freestyle Relay
- 1979-80:** Jeff Maxwell, 100 Backstroke, 200 Backstroke
Ed Walrath, 200 IM, 200 Backstroke
Lorie Brown, 3 Meter Diving
Brenda Hickey, 200 Butterfly, 400 IM
Beth Leonard, 200 Freestyle Relay
Penny Armstrong, 200 Freestyle Relay
Joni Neuendorf, 200 Freestyle Relay
Anne Ross, 200 Freestyle Relay
- 1980-81:** Steve Hoff, 400 and 800 Freestyle Relays
Bob Kalin, 400 and 800 Freestyle Relays
Jim LaLonde, 200 Butterfly
Jan Michell, 400 Medley Relay, 400 and 800 Freestyle Relays
Jim Swartz, 200 Freestyle, 200 Backstroke, 500 Freestyle, 400 Medley Relay, 400 and 800 Freestyle Relays
Ed Walrath, 100 Backstroke, 200 Backstroke, 400 Medley Relay
Bill Wilson, 400 Medley Relay
Carolyn Foley, 200 Medley Relay
Beth Leonard, 200 and 400 Medley Relay
Joni Neuendorf, 200 and 400 Medley Relay
Karen Toper, 200 Breaststroke, 400 Medley Relay
Terry Wallace, 200 and 400 Medley Relay
- 1981-82:** Mike DiBacco, 800 Freestyle Relay
Steve Hoff, 800 Freestyle Relay
Jeff Holden, 1 Meter Diving, 3 Meter Diving
Jim LaLonde, 200 Butterfly
Glen Moore, 800 Freestyle Relay
Craig Travers, 800 Freestyle Relay
Judy Baker, 50 Freestyle, 50 Backstroke, 100 Backstroke, 200-, 400- and 800 Freestyle Relays
Wendy Davis, 400 Medley Relay, 200-, 400- and 800 Freestyle Relays
Carolyn Foley, 100 Breaststroke, 200 and 400 Medley Relays
Joni Neuendorf, 50 Backstroke, 200 Medley Relay, 400 Medley Relay, 200-, 400- and 800 Freestyle Relays
Anne Ross, 50 Freestyle, 100 Backstroke, 200 Medley Relay, 200 and 400 Freestyle Relays
Kay Simonson, 200 Butterfly, 400 IM, 1650 Freestyle, 800 Freestyle Relay
Lisa Swart, 50 Backstroke, 100 Backstroke, 200 and 400 Medley Relays
- 1982-83:** Jeff Holden, 1 Meter Diving, 3 Meter Diving
Judy Baker, 50 Freestyle, 100 Freestyle, 200 Medley Relay, 200 and 400 Freestyle Relays
Joanne Adams, 200 and 400 Freestyle Relays
Wendy Davis, 200 Medley Relay
Charlotte Lyster, 200 and 400 Freestyle Relays
Joni Neuendorf, 50 Backstroke, 200 Medley Relay
Anne Ross, 200 Medley Relay, 200 and 400 Freestyle Relays

1982-83 CORTLAND STATE WOMEN'S RESULTS

Cortland		Opponent
	1st Place - Harvest Relays	
80	Potsdam State	56
59	Geneseo State	29
56	Colgate	93
70	Binghamton	43
100	Brockport State	32
62	Ithaca	87
84	Albany State	50
39	Syracuse	74
57	St. Lawrence	46
88	Nazareth	52
76	Rochester	64
77	RIT	63
	4th Place - Colgate Invitational	

FINAL 1983 NEW YORK STATE AIAW MEET STANDINGS

1.	CORTLAND STATE	1,144 points
2.	Rochester	703
3.	RIT	592½
4.	Geneseo	568
5.	William Smith	468
6.	Stony Brook	442
7.	NYU	362
8.	Hartwick	336
9.	Hunter	295
10	SUNY-Binghamton	268

(23 teams competed in the meet)

FINAL 1983 NCAA DIVISION III NATIONAL STANDINGS

1.	Williams (Mass.)	330½ points
2.	Hamline (Minn.)	276
3.	Pomona-Pitzer (Cal.)	214
4.	Kenyon (Ohio)	190
5.	San Diego State (Cal.)	166½
6.	Smith (Mass.)	120
7.	St. Catherine (Minn.)	110
8.	Ithaca (NY)	104
9.	CORTLAND STATE	83
	Lake Forest (Ill.)	83

(98 teams participated)

NEW YORK STATE AIAW DIVISION III CONFERENCE MEET RECORDS

EVENT	TIME	NAME	COLLEGE	YEAR
50 Free	:25.16	Debbie Dourlain	RIT	1982
100 Free	:54.24	Bethany Carter	Hartwick	1983
100 Free	1:58.59	Bethany Carter	Hartwick	1983
200 Free	5:21.38	Bethany Carter	Hartwick	1983
1650 Free	18:18.60	Anne Richardson	Wm. Smith	1982
50 Back	:28.33	Vikye Hopkinson	Wm. Smith	1983
100 Back	1:01.68	Vikye Hopkinson	Wm. Smith	1983
200 Back	2:15.68	Vikye Hopkinson	Wm. Smith	1983
50 Breast	:32.56	Lisa Scudder	Hartwick	1980
100 Breast	1:11.63	Lisa Scudder	Hartwick	1980
200 Breast	2:35.85	Jenni Zimmerman	Wm. Smith	1983
50 Fly	:27.58	Karen Myers	New Paltz	1980
100 Fly	1:00.72	Jan Bender	Stony Brook	1981
200 Fly	2:16.40	Joan Alley	Rochester	1982
100 IM	1:03.35	Debbie Dourlain	RIT	1983
200 IM	2:16.63	Joan Alley	Rochester	1982
400 IM	4:49.84	Joan Alley	Rochester	1982
200 Medley Relay	1:56.23	---	RIT	1983
400 Medley Relay	4:18.15	Anne Ross, Joni Neuendorf, Wendy Davis, Mollie Wiley	Cortland	1983
200 Free Relay	1:42.62	Tammy Maher, Charlotte Lyster, Joanne Adams, Judy Baker	Cortland	1983
400 Free Relay	3:45.86	Tammy Maher, Wendy Davis, Joanne Adams, Judy Baker	Cortland	1983
800 Free Relay	8:19.67	---	Wm. Smith	1983
1 Meter Diving	366.70 pts.	Judy Elliot	Buffalo St.	1982
3 Meter Diving	389.31 pts.	Judy Elliot	Buffalo St.	1982

WOMEN'S SWIMMING RECORDS

EVENT	CORTLAND STATE	HOLSTEN POOL	NCAA DIVISION III
50 Free	Judy Baker :24.87 (1983)	Lyons (Ithaca) :24.52	Catherine Lyons (Ithaca) & Elizabeth Jex (Williams) :24.44, 1983
100 Free	Judy Baker :54.04 (1983)	Lyons (Ithaca) :53.36	Elizabeth Jex (Williams) :52.98, 1983
200 Free	Judy Baker 1:59.22 (1983)	Lyons (Ithaca) 1:57.32	Beth Peterson (Hamline) 1:55.25, 1983
500 Free	Brenda Hickey 5:21.41 (1980)	Russell (Syracuse) 5:13.81	Paula MacDonald (Hamline) 5:04.88, 1983
1000 Free	Carole Murphy 11:20.36 (1983)	Friedl (Colgate) 11:14.72	-----
1650 Free	Kay Simonson 18:21.79 (1982)	Sheron (Manhattanville) 17:58.72	Linda Chambers (Wheaton) 17:27.55, 1983
50 Back	Anne Ross :28.39 (1983)	Pietroforte (St. John's) :28.65	Vikye Hopkinson (William Smith) :28.10, 1983
100 Back	Judy Baker 1:03.31 (1982)	Pietroforte (St. John's) 1:01.06	Vikye Hopkinson (William Smith) :59.81, 1983
200 Back	Judy Baker 2:16.61 (1982)	Butler (Syracuse) 2:10.06	Monique Fischer (Smith) 2:12.44, 1983
50 Breast	Karen Toper :33.03 (1980)	Felice (Manhattanville) :32.32	Katherine Eckrich (Williams) :31.09, 1982
100 Breast	Karen Toper 1:12.23 (1980)	Perez (Syracuse) 1:09.99	Katherine Eckrich (Williams) 1:06.90, 1982
200 Breast	Karen Toper 2:33.75 (1981)	Evans (Syracuse) 2:34.46	Katherine Eckrich (Williams) 2:26.05, 1982

50 Fly	Penny Armstrong :28.10 (1980)	Reynolds (Ithaca) :27.20	Nancy Dunn (Denison) :26.78, 1983
100 Fly	Judy Baker 1:01.54 (1983)	Curran (Colgate) :58.72	Beth Peterson (Hamline) :59.09, 1983
200 Fly	Kay Simonson 2:12.21 (1982)	Kaiser (Colgate) 2:10.36	Lee Morrow (Cal-San Diego) 2:08.23, 1983
100 IM	Joni Neuendorf 1:04.37 (1980)	Felice (Manhattanville) 1:04.04	Katherine Eckrich (Williams) 1:01.00, 1982
200 IM	Kay Simonson 2:18.74 (1982)	Butler (Syracuse) 2:13.98	Lissa McGrath (Bowdoin) 2:10.95, 1983
400 IM	Brenda Hickey 4:48.70 (1980)	Johnson (Nazareth) 4:48.17	Lissa McGrath (Bowdoin) 4:42.69, 1982
200 Medley Relay	Lisa Swart, Caroline Foley, Joni Neuendorf, Anne Ross 1:54.40 (1982)	Syracuse 1:53.07	Williams (Kirmayer, Eckrich, Thoman, Hudner, 1:51.67, 1983
400 Medley Relay	Judy Baker, Caroline Foley, Wendy Davis, Theresa Wallace 4:15.32 (1982)	Colgate 4:10.69	Williams (Kirmayer, Eckrich, Jex, Hudner) 4:04.89, 1983
200 Free Relay	Joanne Adams, Charlotte Lyster, Anne Ross, Judy Baker 1:39.93 (1983)	Ithaca 1:39.21	Williams (Knapp, Hudner, Kirmayer, Jex) 1:38.82, 1983
400 Free Relay	Joanne Adams, Charlotte Lyster, Anne Ross, Judy Baker 3:39.96 (1983)	St. Lawrence 3:41.98	Williams (Knapp, Stauffer, Hudner, Kirmayer) 3:37.61, 1983
800 Free Relay	Kay Simonson, Joni Neuendorf, Wendy Davis, Judy Baker 8:16.17 (1982)	Syracuse 8:07.98	Williams (Knapp, Stauffer, Hudner, Jex) 7:54.68, 1983
1 Meter Dive	June Preger 222.25 pts. (1979)	Speigal (Syracuse) 260.10 pts.	Barbara King (Smith) 358.45 pts., 1983
3 Meter Dive	Lori Brown 234.80 pts. (1980)	Speigal (Syracuse)	Barbara King (Smith) 422.90 pts., 1983

1982-83 CORTLAND STATE MEN'S RESULTS

Cortland		Opponent
	1st Place - Harvest Relays	
44	Potsdam	68
43	Ithaca	70
67	Geneseo	31
30	Colgate	83
77	Binghamton	36
51	New Paltz	62
61	Oswego	52
67	Albany	43
63	St. Lawrence	49
40	RIT	73
55	SUNY-Buffalo	58

2nd Place - SUNYAC Meet

FINAL 1983 STATE UNIVERSITY OF NEW YORK ATHLETIC CONFERENCE SWIMMING MEET STANDINGS

1.	Potsdam	364 points
2.	CORTLAND STATE	354½
3.	Buffalo	332
4.	Oswego	278½
5.	Fredonia	208
6.	Geneseo	130
7.	Albany	98
8.	Binghamton	62
9.	Buffalo State	60
10.	Plattsburgh	40

STATE UNIVERSITY OF NEW YORK ATHLETIC CONFERENCE SWIMMING RECORDS

EVENT	TIME	NAME AND COLLEGE	SITE	DATE
Freestyle				
50 Yds.	:21.58	Kurt VanderBogart (Oswego)	Washington, Pa.	3/18/76
100 Yds.	:47.12	Jerry Miller (Potsdam State)	Cortland, N.Y.	3/5/83
200 Yds.	1:42.81	James Schwartz (Cortland State)	Oberlin, Ohio	3/20/81
500 Yds.	4:42.98	James Schwartz (Cortland State)	Oberlin, Ohio	3/19/81
1000 Yds.	10:02.1	Steve Auburn (Potsdam State)	Oberlin, Ohio	3/19/77
1650 Yds.	16:37.89	Steve Auburn (Potsdam State)	Oberlin, Ohio	3/19/77
Backstroke				
100 Yds.	:53.30	Scot Morrell	Cortland, N.Y.	3/4/81
200 Yds.	1:57.38	Ed Walrath (Cortland State)	Oberlin, Ohio	3/21/81
Breaststroke				
100 Yds.	1:00.56	Barry Goodman (Cortland State)	Geneseo, N.Y.	3/5/82
200 Yds.	2:12.28	Richard Bondi (Geneseo State)	Geneseo, N.Y.	3/17/79
Butterfly				
100 Yds.	:53.15	John O'Brien (Geneseo State)	Geneseo, N.Y.	3/2/79
200 Yds.	1:55.18	Peter Rosenkranz (Oswego State)	Oberlin, Ohio	3/19/77
Individual Medley				
200 Yds.	1:58.93	Ed Walrath (Cortland State)	Washington, Pa.	3/20/80
400 Yds.	4:18.67	Ed Walrath (Cortland State)	Cortland, N.Y.	2/10/81
Medley Relay				
400 Yds.	3:33.4	Cortland State (Ed Walrath, Bill Wilson, Jan Mitchell, James Schwartz)	Oberlin, Ohio	3/19/81
Freestyle Relay				
400 Yds.	3:10.33	Cortland State (Steve Hoff, Jan Mitchell, Bob Kalin, James Schwartz)	Oberlin, Ohio	3/21/81
800 Yds.	6:59.74	Cortland State (Steve Hoff, Jan Mitchell, Bob Kalin, James Schwartz)	Oberlin, Ohio	3/20/81

MEN'S SWIMMING RECORDS

EVENT	CORTLAND STATE	HOLSTEN POOL	NCAA DIVISION III
50 Free	Steve Hoff :21.83 (1980)	Miller (Potsdam) :21.63	Hank Barautigam (Rockford) :20.64, 1983
100 Free	Steve Hoff :47.79 (1980)	Miller (Potsdam) :47.12	Joseph Gentile (Wm. Patterson) :45.36, 1983
200 Free	Jim Swartz 1:42.81 (1981)	Rusch (Colgate) 1:45.16	Chris Shedd (Kenyon) 1:39.57, 1983
500 Free	Jim Swartz 4:42.98 (1981)	Pesch (Geneseo) 4:48.29	Doug Jones (Claremont) 4:32.65, 1983
1000 Free	Bob Kalin 10:03.62 (1981)	Turner (Syracuse) 10:00.22	-----
1650 Free	Craig Travers 16:47.37 (1983)	Travers (Cortland) 16:47.37	Collins (Johns Hopkins) 15:49.97, 1978
100 Back	Ed Walrath :54.04 (1981)	Morrell (Potsdam) :53.30	Doug Jones (Claremont) :51.43, 1983
200 Back	Ed Walrath 1:57.38 (1981)	Rusch (Colgate) 1:56.90	Doug Jones (Claremont) 1:51.07
100 Breast	Barry Goodman 1:00.56 (1982)	Wilson (Cortland) 1:01.07	Howard Seidman (Alfred) :56.97, 1983
200 Breast	Bill Wilson 2:13.84 (1981)	Weeks (Colgate) 2:16.47	Howard Seidman (Alfred) 2:03.48, 1983
200 IM	Ed Walrath 1:58.93 (1980)	Walrath (Cortland) 1:59.80	Tom Harrison (Claremont) 1:51.39, 1983
400 IM	Ed Walrath 4:18.67 (1981)	Walrath (Cortland) 4:18.67	Tom Harrison (Claremont) 3:56.68, 1983
400 Medley Relay	Ed Walrath, Bill Wilson, Jan Michell, Jim Swartz 3:33.44 (1981)	Potsdam 3:40.28	Kenyon (Callinan, Loomas, Boir, Shedd) 3:26.37, 1983
400 Free Relay	Steve Hoff, Jan Michell, Bob Kalin, Jim Swartz 3:10.33 (1981)	Oswego 3:12.32	Claremont (Jones, Begatelos, Harrison, Johnson) 3:03.10, 1983
800 Free Relay	Steve Hoff, Jan Michell, Bob Kalin, Jim Swartz 6:59.79 (1981)	Cortland 7:13.11	Kenyon (Neri, Shedd, Tequs, Born) 6:46.70, 1983
100 Fly	John Gallo :54.02 (1978)	Spencer (Potsdam) :53.59	Kyle Moore (Coast Guard) :50.06, 1983
200 Fly	Jim LaLonde 1:56.18 (1981)	Rosencranz (Oswego) 1:57.51	Tom Harrison (Claremont) 1:51.42, 1983
1 Meter Dive	Jeff Holden 289.80 pts. (1983)	Russell (Syracuse) 293.30 pts.	Tom Helpenstill (Grinnell) 452.00 pts., 1980
3 Meter Dive	Jeff Holden 281.65 pts. (1983)	Bolstad (Syracuse) 301.00 pts.	Keith Miller (Tufts) 510.95 pts., 1982

STATE UNIVERSITY OF NEW YORK ATHLETIC CONFERENCE MEET RECORDS

EVENT	TIME	NAME AND COLLEGE	SITE	DATE
Freestyle				
50 Yds.	:21.63	Jerry Miller (Potsdam)	Cortland, N.Y.	3/3/83
100 Yds.	:47.12	Jerry Miller (Potsdam)	Cortland, N.Y.	3/5/83
200 Yds.	1:45.53	James Swartz (Cortland State)	Binghamton, N.Y.	3/6/81
500 Yds.	4:46.73	Bob Kalin (Cortland State)	Binghamton, N.Y.	3/5/81
1650 Yds.	16:46.94	Mike Maguire (Potsdam State)	Binghamton, N.Y.	3/7/81
Backstroke				
100 Yds.	:53.30	Scot Morrell (Potsdam State)	Cortland, N.Y.	3/4/83
200 Yds.	2:00.34	Scot Morrell (Potsdam State)	Geneseo, N.Y.	3/6/82
Breaststroke				
100 Yds.	1:00.56	Barry Goodman (Cortland State)	Geneseo, N.Y.	3/5/82
200 Yds.	2:13.93	Richard Bondi (Geneseo State)	Geneseo, N.Y.	3/3/79
Butterfly				
100 Yds.	:53.15	John O'Brien (Geneseo State)	Geneseo, N.Y.	3/2/79
200 Yds.	1:56.79	James LaLonde (Cortland State)	Geneseo, N.Y.	3/6/82
Individual Medley				
200 Yds.	2:00.78	Jonathan Dell (SUNY Buffalo)	Cortland, N.Y.	3/3/83
400 Yds.	4:19.46	Jonathan Dell (SUNY Buffalo)	Cortland, N.Y.	3/4/82
Medley Relay				
400 Yds.	3:39.48	Cortland State (Ed Walrath, Bill Wilson, Dan Dakus, Steve Hoff)	Binghamton, N.Y.	3/5/81
Freestyle Relay				
400 Yds.	3:12.32	Oswego (Kevin Anderson, Tim Hannon, Bill Smith, Dan Johnson)	Cortland, N.Y.	3/5/83
800 Yds.	7:08.96	Geneseo State (Doug Cox, Mike Mooney, John O'Brien, Bill O'Brien)	Potsdam, N.Y.	3/9/74
Springboard Diving				
One Meter	458.43	Jan Miller (Oneonta State)	Buffalo, N.Y.	3/4/72
Three Meter	481.70	Jeff Holden (Cortland State)	Cortland, N.Y.	3/5/83

FULTON AWARD WINNERS

(Presented annually to the outstanding senior swimmer in the State University of New York Athletic Conference)

Year	Swimmer	College
1969	Peter Stone	Plattsburgh
1970	Kim Blair	Oneonta
1971	Keith Benjamin	Oneonta
1972	Bob Stefferson	Cortland
1973	Henry Savage	Brockport
1974	Wick Davis	Plattsburgh
1975	Haru Naito	Oneonta
1976	Kurt VanderBogart	Oswego
1977	Steve Auburn	Potsdam
1978	Jack Walsh	Oneonta
1979	Mike Spencer	Potsdam
1980	Jeff Maxwell	Cortland
1981	John O'Brien	Geneseo
1982	Steve Hoff	Cortland
1983	James LeLonde	Cortland

Harriet R. Holsten Pool "Home of the Red Dragons"

The Harriet R. Holsten Pool in Cortland State's impressive Park Center has been home to the Red Dragon swim teams since 1972. The pool is named in memory of the late Mrs. Holsten, a Cortland faculty member and an ardent supporter of the aquatics program at the College from 1929 until her retirement in 1972. Mrs. Holsten died in March, 1977.

An excellent facility, the Holsten Pool measures 45 feet by 50 meters and can be divided into three areas through the use of two movable bulkheads. Generally, the bulkheads are employed to allow separate areas for swimming and diving competition.

Six competitive lanes line the pool, while the diving area has a pair of one-meter boards and a pair of three-meter boards. Other features of the facility include an automatic timer scoreboard, underwater lighting, and a surface agitating system for diving competition.

The spectator gallery, with a capacity of 1,500, was constructed on a steep angle so that every viewer can see the entire pool. In addition to intercollegiate meets, the Holsten Pool is also used by local high schools, synchronized swim teams and for special exhibitions.

