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Clubs and Organizations

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Brianna Vitelli, Molly O'donnell

Goals

When choosing to do this lesson it was easy for me. I feel it is extremely important to get involved on campus, given my freshman year was during the pandemic and there were not many opportunities to be active on campus. It left me stuck in a place where I felt I only had a few people that I called my friend and felt that I did not belong. Besides the concept of meeting new people, the knowledge that is presented to us is gratifying and exciting (Patton, 2016) and we should use our time in college to expand as much as we can, these organizations offered to us allows us to build a sense of responsibility and some resume builders which people tend not to focus too much on when they first enter college. Students become involved in extracurricular activities not only for entertainment, social, and enjoyment purposes, but most important, to gain and improve skills (Tenhouse.)

Methods

1. To do this lesson plan, I used PowerPoint presentation
2. I had the students turn and talk at the end of the lesson

Active Learning Techniques

Strategies Used to Engage the Students

1. The PowerPoint presentation was used to inform the students
2. I manually showed them how access certain areas of Myreddragon
3. When the presentation was over, I gave the students 5 minutes to turn and talk with each other and discuss was organizations they were thinking of/have joined.

Student Facilitator's Reflection

Being that this was the first class I ever taught, it was an interesting experience. I was less nervous than I had anticipated but I was talking very fast and should have paced myself. You can never tell if the students are actually listening or if they are just trying to stay awake since it is a 9 am class. I feel the students could have found my lesson helpful if they were struggling to find their place on campus, but if they were already on a sports team, I may have just made them bored.

Citations

Patton, L. D., Renn, K. A., Guido-DiBrito, F., & Quaye, S. J. (2016). *Student development in college theory, research, and Practice*. Jossey-Bass, A Wiley Brand.

College extracurricular activities - impact on students, types of extracurricular activities. StateUniversity.com. (n.d.). Retrieved November 28, 2022, from <https://education.stateuniversity.com/pages/1855/College-Extracurricular-Activities.html>