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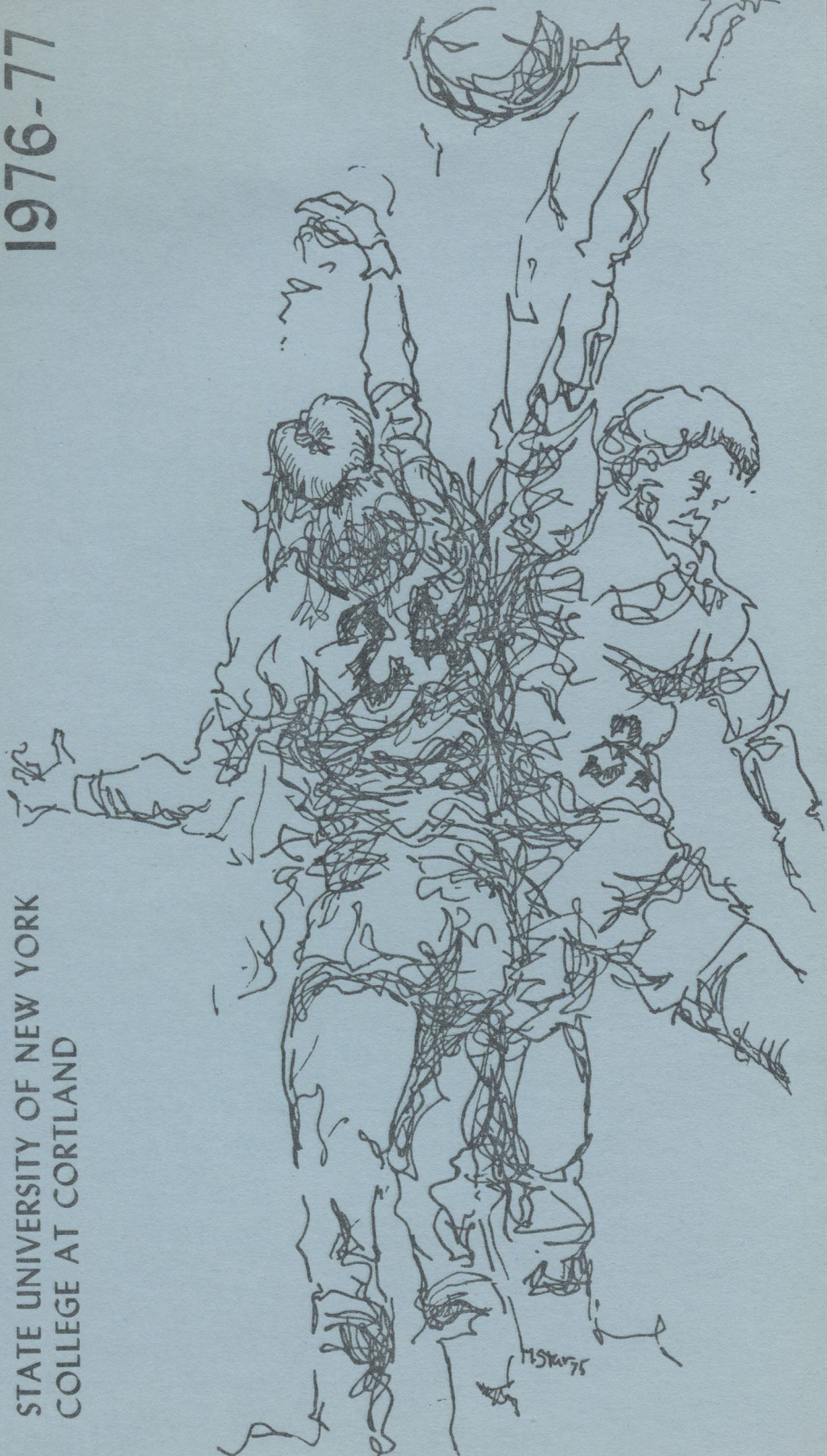
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CORTLAND STATE WOMEN'S BASKETBALL

1976-77

STATE UNIVERSITY OF NEW YORK
COLLEGE AT CORTLAND



STATE UNIVERSITY OF NEW YORK
COLLEGE AT CORTLAND
CORTLAND, N.Y. 13045

Founded - 1868

Enrollment - Undergraduate 4,650, Graduate 900

Colors - Red and White

Nickname - Red Dragons

Men's Athletic Director - Roger Robinson

Athletic Office - 607 / 753-4963

Public Relations - 607 / 753-2518

Basketball Coach - Ernie Lanford

Coach's Telephone - 607 / 753-4950

CORTLAND STATE WOMEN'S BASKETBALL 1976-77

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Prepared by Public Relations Office, State University of New York College at Cortland.

Cover Drawing: Mark Starr '78

COACH ERNEST LANFORD

The 1976-77 season will be the first for Ernest Lanford as head coach of the women's basketball team at Cortland. He joined the faculty in September as assistant professor of physical education.

Lanford came to Cortland from Brigham Young University where he earned a doctor of education degree in the spring of 1976. His major field of study was in physical education. He has an M.A. degree in physical education from Michigan State University and a B.S. from Florida State University.

After graduating from Florida State, he served as an infantry officer in the U.S. Army from 1960 to 1968, reaching the rank of captain before being honorably discharged.

While at Brigham Young, Lanford was awarded several scholarship grants including a graduate assistantship. He coached the BYU B-team in baseball while assisting with varsity baseball duties.

As a graduate student at Michigan State, Lanford was assistant baseball coach under Danny Litwhiler during 1971-72 and assisted head basketball coach Gus Ganakas during the 1971-72 season.

A Georgia native, the new Cortland coach has excelled as an athlete. He was an all-state pitcher at Shellman High School in Georgia as the team won the state championship. He attended Florida State on an athletic scholarship and lettered in baseball and basketball. He played professional baseball for two years following college graduation. He has been a golf professional and instructor and served as a head pro in West Palm Beach, Fla. In addition, he has officiated in the Florida High School Athletic Association.

WOMEN'S BASKETBALL OUTLOOK

In his first year as women's basketball coach, Ernie Lanford will be going primarily with the same players who were responsible for last season's 14-4 record. Forward Dawn Forster, 5'9" junior who led last year's scoring with 333 points and an 18.5 average, will be back in the starting line-up. Forster will receive help up front from either 5'8" junior transfer Sharon Kowalski or from 5'7" sophomore forward Lori Slaght. Lanford will go with last year's number three scorer, Sue DeKalb, 5'6", at guard. Last season, DeKalb scored 245 points in 18 games for a 13.6 average.

The other starting guard will be Kathy Solano, 5'6", who was Cortland's number four scorer last season with a 12.9 average.

Five foot-eleven inch Linda Lyman will be holding down the starting center position. Last season, she scored 273 points and averaged 15.2 points per game for the runner-up spot on the team.

Lanford's starting line-up will receive help from subs Gail Lozado, a 5' junior guard, and 5'7" Linda Schrauser, a freshman who can go at either forward or guard. Bonnie May, a 5'6" senior, will be a primary substitute at forward, and 5' 10" junior Sue Sears will replace Lyman from time to time.

Sophomore Sue Boshart and freshmen Romona Benjamin and Lori Scriber also will see action during the season.

The Lady Dragons will play 12 games with Canisius and Brockport as unknown quantities, since they are new on the Cortland schedule. If this season is anything like last, the Cortland cagers will have to look out for East Stroudsburg and Penn State, who handed them sound defeats in 75-76.

1975-76 BASKETBALL RESULTS

Won 14, Lost 4
Coach: Nancy Langham

<u>Cort.</u>		<u>Opp.</u>
107	Oswego	47
76	Houghton	48
113	Hartwick	42
77	Buffalo	51
83	Vermont	58
53	E. Stroudsburg	73-
69	Penn St.	83-
83	Oneonta	53
96	Cornell	37
73	Ithaca	61
74	Lehman	54
86	Syracuse	62
90	Rhode Island	71
	NYSIAW CHAMPIONSHIPS- 2nd Place	
72	Adelphi	67
68	St. John's	44
48	Lehman	60-
	EIAW NORTHEAST REGIONALS	
96	Worcester State	73
61	Lehman	78-
1425	Total Points	1062
79	Pts. Per Game Ave.	59

1975-76 INDIVIDUAL SCORING STATISTICS

<u>Player</u>	<u>G</u>	<u>Pts.</u>	<u>Avg.</u>
Dawn Forster	18	333	18.5
Lynda Lyman	18	273	15.2
Sue DeKalb	18	245	13.6
Kathy Solano	18	232	12.9
Cindy Bennett	17	73	4.3
Kathy Callister	18	50	2.8
Debbie DuBois	16	43	2.7
Sue Boshart	16	42	2.6
Peg Boshart	17	42	2.5
Laurel Sue Smith	15	29	1.9
Lori Slaght	13	24	1.8
Colleen Fritze	10	20	2.0
Chris Pritchard	11	14	1.3
Sue Kahrs	12	14	1.2
Bonnie May	13	9	0.7

CORTLAND STATE / WOMEN'S BASKETBALL ROSTER

Name	Pos.	Ht.	Yr.	Hometown	High School
Amrod, Cathy	C	5-10	Fr	Red Hook	Red Hook
Benjamin, Ramona	C	5-10	Fr	Brooklyn	W.H. Maxwell
Boshart, Sue	F	5-7	So	Fonda	Fonda-Fultonville
DeKalb, Sue	G	5-6	Jr	Elmira	Elmira Free Academy
Forster, Dawn	F	5-9	Jr	Williamsville	Williamsville No.
Kowalski, Sharon	F	5-8	Jr	Rochester	Bishop Kearney
Lozado, Gail	G	5-0	Jr	Lindenhurst	St. John the Baptist
Lyman, Lynda	C	5-11	Jr	Liverpool	Liverpool
May, Bonnie	G	5-6	Sr	Wappingers Falls	Poughkeepsie
Scriber, Lori	G	5-6	Fr	Oswego	Hannibal
Sears, Sue	C	5-10	Jr	Plattsburgh	Beekmantown
Shrauger, Linda	F	5-7	Fr	Lisle	Whitney Pt.
Slaght, Lori	F	5-7	So	Ithaca	Ithaca
Solano, Kathy	G	5-6	Jr	Patchogue	Patchogue Medford

Coach: Ernie Lanford

Manager: Jean Boss, Scotia, N.Y.

Trainer: Marguerite Higgins, Snyder, N.Y.

MEN'S INTERCOLLEGIATE ATHLETIC PROGRAM

FALL	Baseball Cross Country Football	Golf Soccer Tennis
WINTER	Basketball Gymnastics Hockey Indoor Track	Skiing Swimming Wrestling
SPRING	Baseball Golf	Lacrosse Outdoor Track

WOMEN'S INTERCOLLEGIATE ATHLETIC PROGRAM

FALL	Field Hockey Golf	Tennis Volleyball
WINTER	Basketball Swimming	Gymnastics
SPRING	Lacrosse Softball	Track

1976-77 BASKETBALL SCHEDULE

December	11	Brooklyn	A	11:00
January	27	Penn State	H	4:00
	29	Buffalo State	H	1:00
February	1	Oneonta	H	7:00
	4	Cornell	H	7:00
	7	Syracuse	H	7:00
	10	Brockport	H	6:30
	12	East Stroudsburg	H	1:00
	15	Ithaca	H	8:00
	18	Canisius	A	6:30
	24	Vermont	A	5:00
	26	Rhode Island	A	2:00