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1996

### 1996 Athletic Awards Banquet

State University of New York College at Cortland

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**SUNY CORTLAND ALUMNI ASSOCIATION**

# **1996 ATHLETIC AWARDS BANQUET**



**April 30, 1996**

***Corey Union Function Room***

# **Cortland**

State University of New York College at Cortland



# 1995-96 CORTLAND RED DRAGONS -- ATHLETIC HONORS

(\* denotes that person received honor in spring of 1995)

## ALL-AMERICA

Name	Sport	Honor
Laura Badach	Women's Gymnastics	(4th at NCGA's, Floor Ex.)
Laura Badach	Women's Gymnastics	(5th at NCGA's, All-Around)
Michael Bucci	Wrestling	(4th at NCAA's, Heavywt.)
Jennifer Davis	Women's Gymnastics	(6th at NCGA's, Floor Ex.)
Kristin DiMarzo	Field Hockey	(Third Team)
*Julie Donnelly	Women's Out. Track/Field	(2nd at NCAA's, 3,000 m)
Julie Donnelly	Women's Cross Country	(8th at NCAA's)
*Dorothy Donnolly	Women's Out. Track/Field	(6th at NCAA's, 10,000 m)
*Dorothy Donnolly	Women's Out. Track/Field	(7th at NCAA's, 5,000 m)
*Sue Fitzgerald	Women's Lacrosse	(Second Team)
Michelle Franklin	Women's Cross Country	(17th at NCAA's)
Cindy Hart	Women's Gymnastics	(3rd at NCGA's, Uneven Bars)
Dani Innerst	Field Hockey	(First Team)
Ilena Key	Field Hockey	(Second Team)
*Eric Kwasniewski	Baseball	(Third Team)
*Michelle LaFleur	Women's Out. Track/Field	(2nd at NCAA's, 10,000 m)
*Michelle LaFleur	Women's Out. Track/Field	(1st at NCAA's, 5,000 m)
*Brian LaLonde	Baseball	(Third Team)
Cindy Lauzon	Women's Cross Country	(31st at NCAA's)
Vicky Plitt	Women's Gymnastics	(7th at NCGA's, All-Around)
Josh Roe	Wrestling	(2nd at NCAA's, 142 lbs)
Bryan Roggie	Wrestling	(3rd at NCAA's, 126 lbs)
Heather Swarts	Women's Ind. Track/Field	(1st at NCAA's, 5,000 m)
Heather Swarts	Women's Cross Country	(2nd at NCAA's)
Heidi Swarts	Women's Ind. Track/Field	(1st at NCAA's, 1,500 m)
Heidi Swarts	Women's Cross Country	(25th at NCAA's)
*Heather Swarts	Women's Out. Track/Field	(8th at NCAA's, 3,000 m)
*Heidi Swarts	Women's Out. Track/Field	(6th at NCAA's, 3,000 m)
R-Kal Truluck	Football	(Second Team, FB Gazette)
Janet Urban	Women's Soccer	(First Team)

## ALL-REGION

Name	Sport	Honor
Joanna Ames	Field Hockey	(First Team)
*Michelle Babyak	Women's Lacrosse	(First Team)
*Dawn Brega	Women's Lacrosse	(Second Team)
Michael Bucci	Wrestling	(1st, Empire Qualifiers)
Aaron Cook	Wrestling	(3rd, Empire Qualifiers)
*Kristin DiMarzo	Women's Lacrosse	(First Team)
Kristin DiMarzo	Field Hockey	(First Team)
Jamie Edson	Men's Soccer	(Second Team)
*Sue Fitzgerald	Women's Lacrosse	(First Team)
Suzanne Frenyea	Women's Basketball	(Second Team All-ECAC)
Carrie Horan	Women's Soccer	(Third Team)
Dani Innerst	Field Hockey	(First Team)
Ilene Joslin	Volleyball	(First Team)
Ilena Key	Field Hockey	(First Team)
*Eric Kwasniewski	Baseball	(First Team)
*Brian LaLonde	Baseball	(First Team)
Cindy Lauzon	Women's Ind. Track/Field	(1st, ECAC 5,000 meters)
Jonna Macri	Field Hockey	(Second Team)
*Becky Meyer	Women's Lacrosse	(Second Team)
*Tom Neubert	Baseball	(First Team All-ECAC)
Vicky Plitt	Women's Gymnastics	(1st, ECAC uneven bars)
Josh Roe	Wrestling	(1st, Empire Qualifiers)
Bryan Roggie	Wrestling	(1st, Empire Qualifiers)
Hershey Strosberg	Men's Soccer	(Second Team)
Heather Swarts	Women's Ind. Track/Field	(1st, ECAC 3,000 meters)
Heidi Swarts	Women's Ind. Track/Field	(1st, ECAC 1,500 meters)
R-Kal Truluck	Football	(First Team All-ECAC)
Janet Urban	Women's Soccer	(First Team)
Brian Vamosy	Men's Soccer	(Third Team)
Jessica Walker	Volleyball	(First Team)

## ALL-STATE

Name	Sport	Honor
Joanna Ames	Field Hockey	(Second Team)
*Michelle Babyak	Women's Lacrosse	(First Team)
*Tom Black	Men's Out. Track/Field	(1st, Pole Vault)
Catherine Bodisco Massink	Field Hockey	(Third Team)
Shayne Bogardus	Wrestling	(7th in NY, 167 lbs)
*Dawn Brega	Women's Lacrosse	(First Team)
Michael Bucci	Wrestling	(4th in NY, Heavyweight)
*Andrew Capone	Men's Out. Track/Field	(1st, 4x800 relay)
Carolyn Dailey	Women's Ind. Track/Field	(1st, 4x800 relay)
Chad Denison	Men's Ind. Track/Field	(1st, 4x400 relay)
*Kristin DiMarzo	Women's Lacrosse	(First Team)
Kristin DiMarzo	Field Hockey	(Second Team)
*Julie Donnelly	Women's Out. Track/Field	(1st, 3,000 meters)
Michael Donovan	Men's Ind. Track/Field	(1st, 4x400 relay)
Michael Donovan	Men's Ind. Track/Field	(1st, 400 meters)
*Tim Eagan	Men's Out. Track/Field	(1st, 4x800 relay)
*Sue Fitzgerald	Women's Lacrosse	(First Team)
Michelle Franklin	Women's Ind. Track/Field	(1st, 800 meters)
Michelle Franklin	Women's Ind. Track/Field	(1st, 4x800 relay)
Dani Innerst	Field Hockey	(First Team)
Chris Kemp	Men's Ind. Track/Field	(1st, 4x400 relay)
Chris Kemp	Men's Ind. Track/Field	(1st, Pentathlon)
Ilena Key	Field Hockey	(First Team)
*Michelle LaFleur	Women's Out. Track/Field	(1st, 5,000 meters)
Cindy Lauzon	Women's Ind. Track/Field	(1st, 4x800 relay)
Jonna Macri	Field Hockey	(Second Team)
*Becky Meyer	Women's Lacrosse	(Second Team)
Bill Norris	Men's Ind. Track/Field	(1st, 4x400 relay)
*Joe Oliver	Men's Out. Track/Field	(1st, 5,000 meters)
David Rezvani	Wrestling	(4th in NY, 190 lbs)
Josh Roe	Wrestling	(3rd in NY, 142 lbs)
Bryan Roggie	Wrestling	(4th in NY, 134 lbs)
Heather Swarts	Women's Ind. Track/Field	(1st, 1,500 meters)
Heather Swarts	Women's Ind. Track/Field	(1st, 1,000 meters)
Heather Swarts	Women's Ind. Track/Field	(1st, 4x800 relay)
Heidi Swarts	Women's Ind. Track/Field	(1st, 5,000 meters)
Heidi Swarts	Women's Ind. Track/Field	(1st, 3,000 meters)
Janet Urban	Women's Soccer	(NYSWCAA co-Player of Year)
*Scott Weeks	Men's Out. Track/Field	(1st, 800 meters)
*Scott Weeks	Men's Out. Track/Field	(1st, 4x800 relay)
Mark Winters	Wrestling	(7th in NY, 177 lbs)
*Shaun Zepf	Men's Out. Track/Field	(1st, 4x800 relay)

## ALL-SUNYAC

Name	Sport	Honor
*Kris Allison	Men's Out. Track/Field	(1st, Pole Vault)
*Jay Conover	Men's Out. Track/Field	(1st, 10,000 meters)
Kevin Crossman	Men's Swimming/Diving	(1st, 200 breaststroke)
Kevin Crossman	Men's Swimming/Diving	(1st, 200 IM)
Kevin Crossman	Men's Swimming/Diving	(1st, 400 IM)
Carolyn Dailey	Women's Ind. Track/Field	(1st, 4x400 relay)
Tim Darnell	Men's Basketball	(First Team)
Chad Denison	Men's Ind. Track/Field	(1st, 4x400 relay)
Chad Denison	Men's Ind. Track/Field	(1st, 500 meters)
Michelle DiPasquale	Women's Swim/Diving	(1st, 200 medley relay)
Michelle DiPasquale	Women's Swim/Diving	(1st, 400 medley relay)
Beth Dobberstein	Women's Swim/Diving	(1st, 400 medley relay)
Beth Dobberstein	Women's Swim/Diving	(1st, 200 medley relay)
Beth Dobberstein	Women's Swim/Diving	(1st, 200 IM)
Julie Donnelly	Women's Cross Country	(4th place)
*Dorothy Donnolly	Women's Out. Track/Field	(1st, 5,000 meters)
Michael Donovan	Men's Ind. Track/Field	(1st, 400 meters)



**ALL-SUNYAC (continued)**

Name	Sport	Honor
Michael Donovan	Men's Ind. Track/Field	(1st, 4x400 relay)
Jamie Edson	Men's Soccer	(First Team)
Jessica Ellis	Women's Basketball	(Hon. Mention)
Jill Fabian	Women's Swim/Diving	(1st, 400 medley relay)
Jill Fabian	Women's Swim/Diving	(1st, 100 backstroke)
Jill Fabian	Women's Swim/Diving	(1st, 200 medley relay)
*Marissa Formes	Women's Out. Track/Field	(1st, 800 meters)
Michelle Franklin	Women's Cross Country	(7th place)
Suzanne Frenyea	Women's Basketball	(First Team)
Frank Hodge	Men's Basketball	(Hon. Mention)
Carrie Horan	Women's Soccer	(Hon. Mention)
Megan Karas	Women's Ind. Track/Field	(1st, 4x400 relay)
Chris Kemp	Men's Ind. Track/Field	(1st, 4x400 relay)
Michele Khuns	Women's Soccer	(Hon. Mention)
Eric Klammer	Men's Soccer	(Hon. Mention)
*Michelle LaFleur	Women's Out. Track/Field	(1st, 1,500 meters)
*Michelle LaFleur	Women's Out. Track/Field	(1st, 3,000 meters)
*Brian LaLonde	Baseball	(First Team)
Cindy Lauzon	Women's Cross Country	(5th place)
*Laura Litjes	Women's Out. Track/Field	(1st, 10,000 meters)
Jessica Milne	Women's Soccer	(Hon. Mention)
Paul Morrissey	Men's Basketball	(Hon. Mention)
Bill Norris	Men's Ind. Track/Field	(1st, 4x400 relay)
Claudine O'Loughlin	Women's Tennis	(6th singles champion)
Julie Oldenski	Volleyball	(First Team)
*Joe Oliver	Men's Out. Track/Field	(1st, 5,000 meters)
Dorianne Palmer	Volleyball	(First Team)
Shauna Reilly	Women's Swim/Diving	(1st, 200 butterfly)
Shauna Reilly	Women's Swim/Diving	(1st, 200 medley relay)
Shauna Reilly	Women's Swim/Diving	(1st, 400 medley relay)
*Alba Robinson	Baseball	(First Team)
*Jason Rucker	Baseball	(First Team)
Michelle Scofield	Women's Basketball	(First Team)
Noelle Spinelli	Women's Ind. Track/Field	(1st, 400 meters)
Noelle Spinelli	Women's Ind. Track/Field	(1st, 4x400 relay)
*Alex Steele	Baseball	(First Team)
*Steve Strife	Baseball	(First Team)
Hershey Strosberg	Men's Soccer	(Second Team)
Heather Swarts	Women's Cross Country	(SUNYAC Champion)
Heidi Swarts	Women's Cross Country	(3rd place)
Janet Urban	Women's Soccer	(SUNYAC MVP)
Brian Varnosy	Men's Soccer	(First Team)
Jessica Walker	Volleyball	(First Team)
*Scott Weeks	Men's Out. Track/Field	(1st, 1,500 meters)
*Scott Weeks	Men's Out. Track/Field	(1st, 800 meters)
Beth Whitehead	Women's Ind. Track/Field	(1st, 55m hurdles)
Beth Whitehead	Women's Ind. Track/Field	(1st, 4x400 relay)

**GTE NATIONAL ACADEMIC ALL-AMERICA TEAM**

Name	Sport	Honor
Dani Innerst	Field Hockey	(Third Team At-Large)

**GTE DISTRICT I (NY/NEW ENGLAND)  
ACADEMIC ALL-AMERICA TEAM**

Name	Sport	Honor
Dani Innerst	Field Hockey	(First Team At-Large)
Julie Donnelly	Cross Country/Track	(First Team At-Large)

**SUNYAC ALL-ACADEMIC TEAM  
(3.3 GPA for semester)**

Name	Sport
Dallas Barton	Football
*Jason Bibler	Men's Track and Field
Jason Bibler	Men's Cross Country
*Brian Callahan	Men's Lacrosse
Andrew Capone	Men's Cross Country
*Blue DeBrosky	Men's Track and Field
Rob Decker	Football
*Amy DeMarco	Women's Lacrosse
*Julie Donnelly	Women's Track and Field
Julie Donnelly	Women's Cross Country
*Jessica Ellis	Women's Basketball
*Marissa Formes	Women's Track and Field
Marissa Formes	Women's Cross Country
Kate Hachadourian	Volleyball
Tim Hughes	Football
Dani Innerst	Field Hockey
Tracy Johnson	Volleyball
*Michele Kelly	Women's Lacrosse
*Dave Kettner	Men's Swimming/Diving
Ilena Key	Field Hockey
*Laura Litjes	Women's Track/Field
Laura Litjes	Women's Cross Country
Jonna Macri	Field Hockey
*Curtis Merrick	Men's Track/Field
Jackie Mouillesseaux	Field Hockey
*Jeff Moulton	Men's Track/Field
*Jill Offhaus	Softball
Julie Oldenski	Volleyball
*Michelle Pastore	Softball
*Steve Patrick	Men's Track and Field
Marcy Peters	Field Hockey
*Doug Premo	Baseball
*Lisa Robie	Women's Basketball
*Josh Roe	Wrestling
*Tom Russo	Men's Swimming/Diving
*J.J. Schembri	Men's Lacrosse
*Christine Spencer	Softball
*Alex Steele	Baseball
*Heidi Swarts	Women's Track/Field
Jill Szczublewski	Women's Cross Country
*Steven Tear	Baseball
Jessica Walker	Volleyball
*Chris Williams	Men's Swimming/Diving
*Kim Willis	Women's Track/Field

**SUNYAC COMMISSIONER'S LIST  
(3.3 GPA over three semesters)**

Name	Sport
Dallas Barton	Football
*Brian Callahan	Men's Lacrosse
*Julie Donnelly	Women's Track and Field
Julie Donnelly	Women's Cross Country
Tim Hughes	Football
Dani Innerst	Field Hockey
*Michele Kelly	Women's Lacrosse
Jonna Macri	Field Hockey
Jackie Mouillesseaux	Field Hockey
*Jeff Moulton	Men's Track/Field
Julie Oldenski	Volleyball
*Steve Patrick	Men's Track and Field
*Doug Premo	Baseball
*Christine Spencer	Softball
*Heidi Swarts	Women's Track/Field
Heidi Swarts	Women's Cross Country
*Steven Tear	Baseball
*Chris Williams	Men's Swimming/Diving
*Kim Willis	Women's Track/Field



# SUNY CORTLAND ALUMNI ASSOCIATION Athletic Awards Banquet

**Tuesday, April 30, 1996**  
**Corey Union Function Room**

**INVOCATION**  
Rev. Donald Wilcox  
Cortland College Interfaith Center

## BANQUET

**INTRODUCTIONS**  
Dr. Dolores Bogard  
SUNY Cortland  
Associate Athletic Director

**REMARKS**  
Dr. Judson H. Taylor  
SUNY Cortland President

Dr. Lee Roberts  
SUNY Cortland Athletic Director

## PRESENTATION OF AWARDS

Senior Scholar Athletes &  
Senior Appreciation Awards

Fraser Stokes Award  
Whitney T. "Pete" Corey '43 Award  
Carl "Chugger" Davis Award  
George Breen '56 Award  
Red Letter Awards  
Outstanding Male Senior Athlete  
Outstanding Female Senior Athlete

The SUNY Cortland Alumni Association congratulates all the student-athletes on their accomplishments. The Association's financial support for this banquet is its way of recognizing the athletes for their dedication to the Cortland experience. On behalf of the 42,000 alumni, I thank you for representing Cortland in such a special and meaningful way.

Joseph Epposito '74  
Paul Vandy '63  
President  
SUNY Cortland Alumni Association

# Senior Appreciation Award Winners

**BASEBALL**  
Eddie Dickson  
Steven Tear  
Steve Will

**MEN'S BASKETBALL**  
Jim Hicks \*\*  
Paul Morrissey \*\*

**WOMEN'S BASKETBALL**  
Edith Andrew \*\*  
Mary Ellen Lehr  
Lisa Robie \*\*  
Michelle Scofield

**MEN'S CROSS COUNTRY**  
Tim Eagan  
Neal Levy

**WOMEN'S CROSS COUNTRY**  
Heather Swarts  
Heidi Swarts \*\*  
Kellie Wilson

**FIELD HOCKEY**  
Joanna Ames  
Ilena Key \*\*

**FOOTBALL**  
Craig Durant  
Ray Farrell  
Patrick Folan  
Bruce Hedlund  
Hank Mahaffy  
Jon Mansberger  
Lamont McPherson  
John Ossont

**WOMEN'S GYMNASTICS**  
Vicky Plitt

**ICE HOCKEY**  
Tim Davidson  
Norman Greene  
Devin Rubin  
George Sweetland \*\*

**MEN'S LACROSSE**  
Brent Coye  
Al Heraghty  
Mike Losani  
Mike McCulloch  
Sean O'Brien  
Justin Pannullo  
Matt Reid  
Rob Ruller  
Matt Stark

**MEN'S SOCCER**  
Brian Cook  
Jamie Edson  
Jeff Ellis  
Chris Grieco  
Scott Heptig  
Mike Hogan \*\*  
Mike Trimarchi

**WOMEN'S SOCCER**  
Beth Baschnagel  
Maureen Devine  
Janet Urban

**SOFTBALL**  
Clarice Basti  
Eileen Hannigan-Musella  
Tonya Yerdon

**MEN'S SWIMMING & DIVING**  
Jason Bibler  
Brad Prusak

**WOMEN'S SWIMMING & DIVING**  
Shauna Reilly

**WOMEN'S TENNIS**  
Wynne Leung

**MEN'S TRACK & FIELD**  
Tom Black  
Chris Kemp  
Jeff Moulton  
Ken Weller \*\*  
Brian Willman

**WOMEN'S TRACK & FIELD**  
Megan Karas \*\*  
Jennifer Sponenberg  
Heather Swarts  
Heidi Swarts \*\*

**VOLLEYBALL**  
Chris Barber  
Dorianne Palmer

**WRESTLING**  
Aaron Cook  
Curt Kielbasa  
David Rezvani  
Josh Roe \*\*  
Bryan Roggie

\*\* Senior Scholar-Athletes

## 1995-96 CORTLAND TEAM RECAPS (spring sports records are through April 24, 1996)

Sport	Coach	Record	Comments
Women's Cross Country	Jack Daniels	---	NCAA Division III Champions; Regional and SUNYAC Champions
Men's Cross Country	Jack Daniels	---	Jay Conover represented team at NCAA's
Football	Dave Murray	6-4-1	Earned berth in ECAC Northeast Championship Game
Field Hockey	Pat Rudy	15-6-2	Tied for 5th at NCAA Div. III Tournament; 2nd in NY
Men's Soccer	Frank Tschan '93	10-5-2	Advanced to ECAC Upstate NY Championship Game
Women's Soccer	Janine Caruso '93	12-6-2	Advanced to NYSWCAA Tournament Finals
Women's Tennis	Jean Wright	3-8	3rd at SUNYAC Championships
Volleyball	Joan Sitterly	32-11	Tied for 17th, NCAA Div. III Tournament; SUNYAC East co-champs
Men's Basketball	Tom Spanbauer '83	16-12	Advanced to ECAC Upstate NY Championship; SUNYAC East champions
Women's Basketball	Kathy Ryan	18-9	Earned ECAC Upstate NY Tournament Berth; SUNYAC East co-champions
Women's Gymnastics	Steve Kuramoto	8-6	6th at NCAA Div. III Championships; 3rd at ECAC Championships
Ice Hockey	Al MacCormack	10-12-1	5th in SUNYAC
Men's Indoor Track/Field	Jack Daniels	---	2nd at N.Y. State Meet; 3rd at SUNYAC Championships
Women's Indoor Track/Field	Jack Daniels	---	5th at NCAA Div. III Championships; ECAC and N.Y. State Champions
Men's Swimming/Diving	Ryan Kendrick '94	4-10-1	5th at SUNYAC Championships
Women's Swimming/Diving	Ryan Kendrick '94	3-6	4th at SUNYAC Championships
Wrestling	Gene Nighman	17-3	6th at NCAA Div. III Championships; 2nd in Empire Collegiate Conference
Baseball	Steve Owens	23-4	Ranked 14th nationally in Division III
Men's Lacrosse	Mike Pounds	8-4	Ranked 8th nationally in Division III
Women's Lacrosse	Pat Rudy	10-2	Ranked 13th nationally in Division III
Softball	Julie Lenhart	14-9	Ranked 16th nationally in Division III
Men's/Women's Outdoor Track/Field	Jack Daniels	---	SUNYAC Championships were April 27; NCAA Championships are May 22-25