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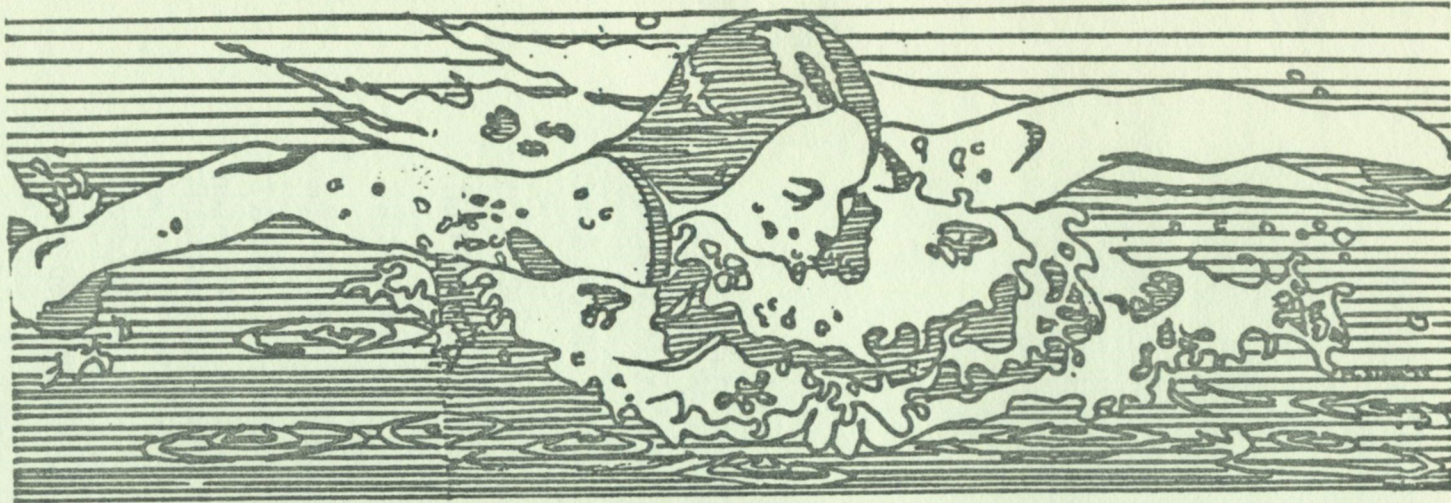
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CORTLAND STATE WOMEN'S SWIMMING

1976-77

STATE UNIVERSITY OF NEW YORK COLLEGE AT CORTLAND

STATE UNIVERSITY OF NEW YORK
COLLEGE AT CORTLAND
CORTLAND, N.Y. 13045

Founded - 1868
Enrollment - Undergraduate 4,560, Graduate 900
Colors - Red and White
Nickname - Red Dragons
Men's Athletic Director - Roger Robinson
Men's Athletic Office - Tel. 607-753-4963
Women's Athletic Director - Louise Moseley
Women's Athletic Office - Tel. 607-753-4953
Swimming Coach - Shirley Cahill
Coach's Telephone - 607 / 753-4960

CORTLAND STATE WOMEN'S SWIMMING 1976-77

Coach Shirley Cahill.....	2
Swimming Outlook.....	2
1975-76 Results.....	4
Individual Results 1975-76.....	4
Women's Records at Cortland.....	6
Women's Pool Records.....	7
1976-77 Team Roster.....	8

Prepared by the Public Relations Office,
State University of New York College at
Cortland

Cover Design: Mark Star '78

COACH SHIRLEY CAHILL

Shirley Cahill is in her second year as a member of the Cortland State staff. Besides being coach of the women's swimming team, she also is a part-time physical education instructor.

A native of Malone, N.Y., Cahill previously was physical education instructor at Plattsburgh State where she also coached tennis. She also has taught physical education at the elementary and junior high school level.

She has a B.S.E. and a Master of Science in Elementary Education, both from Cortland State. While an undergraduate at Cortland, Cahill was a member of the swimming, gymnastics, and dance teams. She is a member of Kappa Delta Pi, AAHPER and NYSAHPER.

SWIMMING OUTLOOK

Coach Shirley Cahill has high hopes for this season's swimming team. She hopes to improve last year's respectable 5-3 dual meet record and also to improve the team's standing among New York State teams. Last season, Cortland was ranked sixth out of 27 teams in New York State, an outstanding compliment to the squad's growing reputation. This year, Cahill looks forward to the Lady Dragons being among the top four teams.

Cahill believes that she has the necessary talent to represent Cortland State in the NAIW Regionals which will be held in March at the University of Delaware. Her hopes and expectations are based upon a combination of experienced returnees and promising new freshmen. Sophomores Dale Fiegl and Lynn Hunziker, who had fourth and fifth place performances in the State meet last season, respectively, should provide strength in the diving area. Coach Cahill feels that some of the close meets may be won or lost on

diving. Fiegl and Hunziker, along with sophomore Mary Lou Blodgett, who is new to the team, will make diving a "big plus" for Cortland this year.

Debbie Thoman, also a sophomore and one of this season's co-captains, is expected to help out in the backstroke and freestyle events. Last season, she was the State 200 individual medley champion. Sophomore Kathy Johnsen, also a co-captain and last season's leading scorer, should make herself noticed in the freestyle and butterfly events. Last season she was third in the State 100 meter freestyle. Sophomore Dulce Fernandez, who won the 50 meter butterfly six times last season, should perform at least equally as well this season.

Coach Cahill is very pleased with her freshmen. Nancy Brennan and Brenda Hickey are getting their first tastes of college competition in the distance and butterfly events, while Debby Joahimthal and Pam Holzmacher look promising in the breast stroke and individual medley, respectively. Faith Hardgrove, another freshman, should be very competitive in the breaststroke and as a freestyler. Cahill is especially excited about freshman Joann Marcinkowski, who was in the 1976 YMCA Nationals. She will be used in the freestyle distance and sprinting events.

Coach Cahill's team showed its potential in mid-November at the 11th annual NYSAIAW Carnival Relays in Elmira, where her divers and swimmers placed among the top six in every single event. Cahill hopes this is an indication of things to come. "The new freshmen have provided tremendous depth over last year's team," says Cahill.

SWIMMING TEAM RESULTS 1975-76

Record: 5 Wins, 3 Losses

61	Oswego	70-
58	St. Lawrence	73-
92	Oneonta	37
56	Ithaca	73-
90	Potsdam	41
66	Cornell	65
70	Colgate	60
70	Syracuse	61

Cortland placed 6th out of 27 teams in the NYSAIAW Championships.

INDIVIDUAL RESULTS 1975-76

<u>Name and Event</u>	<u>1st</u>	<u>2nd</u>	<u>3rd</u>	<u>NYS Meet</u>
Kathy Johnsen*				
100 Free	5	0	1	3rd
500 Free	4	2	0	6th
200 Free	4	0	0	5th
100 Fly	3	0	0	
100 Ind. Med.	2	1	0	
200 Med. Rel.	2	-	-	6th
400 Med. Rel.	0	-	-	6th
200 Ind. Med. Rel.	-	-	-	1st
50 Free	1	1	0	
200 Free Rel.	1	-	-	
Debbie Thoman*				
200 Med. Rel.	4	-	-	6th
200 Free Rel.	1	-	-	
200 Ind. Med. Rel.	-	-	-	1st
400 Med. Rel.	0	-	-	6th
100 Back	6	0	1	
200 Ind. Med.	4	0	0	1st
50 Free	3	1	1	
500 Free	2	0	0	
50 Back	1	2	0	
200 Free	1	0	0	4th
100 Free	1	0	0	
100 Ind. Med.	1	0	0	
100 Breast	0	1	0	

Dulce Fernandez*				
50 Fly	6	1	1	
100 Fly	4	2	0	
200 Med. Rel.	3	-	-	6th
400 Free Rel.	0	-	-	6th
200 Free Rel.	2	-	-	
Lynn Hunziker*				
3-M Dive	3	0	2	5th
1-M Dive	2	4	0	6th
Dale Fiegl*				
1-M Dive	4	2	3	4th
3-M Dive	0	4	0	
Diane Lintner*				
200 Med. Rel.	3	-	-	
100 Breast	2	3	3	
50 Breast	1	7	0	
400 Med. Rel.	0	-	-	6th
Kate Begley				
100 Back	1	0	1	
100 Ind. Med.	0	2	2	
100 Breast	0	2	1	
200 Ind. Med.	0	1	1	
50 Breast	0	0	4	
50 Fly	0	0	2	
Pam Berge*				
100 Fly	0	4	3	
50 Fly	0	3	2	
200 Free	0	1	1	
200 Ind. Med.	0	0	1	
Lisa Dickinson				
50 Back	1	3	0	
100 Back	1	0	1	
200 Med. Rel	1	-	-	6th
100 Breast	0	1	2	
50 Breast	0	0	1	
Gale Rademacher				
200 Free	0	1	2	
500 Free	0	0	2	
50 Fly	0	0	1	
		5		

Peri Kirschenbaum*			
200 Med. Rel.	2	-	-
50 Free	0	1	3
100 Free	0	0	1
Marianne Krop			
50 Back	1	0	0
100 Free	0	0	2
Carol Coogan*			
50 Back	0	1	0
Denise Peskin			
1-M Dive	0	1	0
Linda Stephens			
50 Back	0	0	1
100 Back	0	0	1
Susan Kellogg			
200 Free Rel.	1	-	-
50 Free	0	0	1
Kathy McDowell			
50 Back	0	0	1

*Returning

WOMEN'S SWIMMING RECORDS AT CORTLAND

400 Medley Relay	4:32.076
Debbie Thoman, Diane Lintner, Dulce Fernandez, Kathy Johnsen, 1976	
200 Medley Relay	2:04.434
Debbie Thoman, Faith Hardgrove, Pam Holzmacher, Joann Marcinkowski, 1976	
200 Freestyle	2:05.2
Debbie Thoman, 1976	
100 Ind. Medley	1:07.8
Debbie Thoman, 1976	
50 Backstroke	31.103
Debbie Thoman, 1976	
50 Breaststroke	35.50
Linda May, 1974	

50	Freestyle	27.356
	Kathy Johnsen, 1976	
50	Butterfly	30.173
	Kathy Johnsen, 1976	
400	Freestyle Relay	4:18.4
	Debbie Thoman, Dulce Fernandez	
	Suzan Kellogg, Peri Kirschenbaum, 1976	
1	Meter Diving	
	Lynn Hunziker, 1976, 6 dives	207.15
	Dale Fiegl, 1976, 11 dives	332.55
100	Butterfly	1:05.2
	Kathy Johnsen, 1976	
100	Freestyle	58.437
	Kathy Johnsen, 1976	
100	Backstroke	1:05.3
	Debbie Thoman, 1976	
500	Freestyle	5:44.5
	Kathy Johnsen, 1976	
100	Breaststroke	1:17.8
	Linda May, 1974	
200	Ind. Medley	2:23.4
	Debbie Thoman, 1976	
3	Meter Diving	
	Lynn Hunziker, 1976, 6 dives	197.95
	Sally Haight, 1974, 11 dives	348.10
200	Free Relay	1:50.4
	Linda May, Patty Yasky,	
	Kate Holahan, Vanessa Crozier, 1974	

WOMEN'S POOL RECORDS AT CORTLAND

400	Medley Relay - Cornell -	4:40.724
200	Medley Relay - Ithaca -	2:01.677
200	Freestyle - Johnsen(Cortland) -	2:06.978
100	Ind. Medley - Eaton(Ithaca) -	1:06.527
50	Backstroke - Thiel (Ithaca) -	33.03
50	Breaststroke - Lane (Ithaca) -	33.75
50	Freestyle - Thoman(Cortland) -	27.42
50	Fly - Andrew(Ithaca)	29.10
1	Meter Diving - Marr (Cornell) -	212
100	Fly - Johnsen (Cortland)	1:05.99
100	Free - Johnsen (Cortland)	58.47
100	Back - Thoman (Cortland) -	1:07.25
500	Free - Johnsen (Cortland)	5:50.195
100	Breast - Lane (Ithaca) -	1:15.75
200	Ind. Medley - Thoman(Cortland) -	2:25.13
3	Meter Diving - Marr (Cornell) -	248.85
200	Free Relay - Ithaca -	1:48.012

CORTLAND STATE / 1976-77 WOMEN'S SWIMMING TEAM ROSTER

Name	Yr.	Event	Hometown
Anderson, Joan	Fr	Backstroke	Peekskill
Barnard, Mary	Fr	Freestyle	Geneva
Berge, Pamela	Jr	Butterfly	Staten Island
Beyer, Jane	So	Freestyle	Staten Island
Blodgett, Mary Lou	So	Diver	Hilton
Brennan, Nancy	Fr	Freestyle/Fly	Westbury
Clawson, Carla	So	Backstroke	Mexico
Cronin, Kathy	Fr	Backstroke/Free	Rye
Fernandez, Dulce	So	Butterfly	Solvay
Fiegl, Dale	So	Diver	Clarence Center
Hardgrove, Faith	Fr	Beaststroke/Free	Seafood
Hickey, Brenda	Fr	Butterfly/Free	Rochester
Holzmacher, Pamela	Fr	Breaststroke	Babylon
Hunziker, Lynn	So	Diving	Rye
Joachimthal, Debra	Fr	Breaststroke	New Hyde Park
Johnsen, Katherine	So	Butterfly/Free	Glen Head

Kirschenbaum, Peri	Jr	Freestyle/Breast	Massapequa Park
Lintner, Diane	Jr	Breaststroke	Syracuse
Marcinkowski, Joann	Fr	Freestyle	New Hyde Park
Taravella, Anne-Marie	Fr	Backstroke	Uniondale
Thoman, Debbie	So	Backstroke/Free	Katonah
Wenner, Cherry	Jr	Freestyle	S. Farmingdale

Coach: Shirley Cahill

Co-Captains: Kathy Johnsen and Debbie Thoman

Manager: Carol Coogan, So., Bronx, N.Y.

1976-77 SWIMMING SCHEDULE

December	7	Potsdam	A	7:00
	11	William Smith	A	2:00
January	29	Buffalo State	H	10:00
February	3	Oneonta	A	4:00
	5	Oswego	H	2:00
	7	Syracuse	H	7:00
	12	Albany	A	11:30
	14	Cornell	A	7:00
	18	Ithaca w/Colgate	A	4:00
	25-26	NYS Meet		