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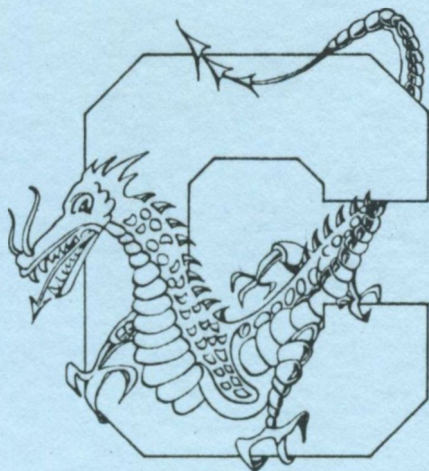
1972-1973 Team Guide, Men's Gymnastics

State University of New York College at Cortland

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CORTLAND STATE GYMNASTICS

1972-73



State
University
Of New York

COLLEGE AT CORTLAND

STATE UNIVERSITY OF NEW YORK
COLLEGE AT CORTLAND
CORTLAND, N.Y. 13045

Founded: 1868

Enrollment: 4,224 Undergraduate
1,207 Graduate

Divisions: Arts and Sciences; Edu-
cation; Health, Physi-
cal Education and Recre-
ation

Colors: Red and White

Nickname: Red Dragons

Director of Athletics:
Francis J. Woods
Tel. (607) 753-4102

Sports Information:
Norbert W. Haley
Tel. (607) 753-2518
Home Tel. 756-2323

ATHLETIC MEMBERSHIPS

NCAA--National Collegiate Athletic
Association

ECAC--Eastern Collegiate Athletic
Conference

SUNYAC--State University of New York
Athletic Conference

NYSCTFA--New York State Collegiate
Track and Field Association

CNYLL--Central New York Lacrosse
League

COACH BILL TOMIK

Bill Tomik, professor of physical education at Cortland State, is in his 14th year as head gymnastics coach. A Cortland alumnus, he holds a master's degree from Syracuse University and a Ph.D. degree in physical education from the University of Maryland. As an undergraduate at Cortland, he was an all-around performer with the varsity gymnastics team for four years and also played two years of varsity soccer.

Prior to joining the Cortland staff in 1957, Tomik was a member of the physical education faculty at Hamilton College where he coached varsity teams in swimming, lacrosse and soccer. He has also taught and coached at Vestal Central High School and at Hamburg High School.

In addition to gymnastics, he has coached soccer and lacrosse at the college level and has been the director of the College's exercise physiology laboratory, an activity in which he has a long-standing professional interest. He is generally credited with bringing a high level of respectability to Cortland's intercollegiate lacrosse efforts in the early 1960s.

CORTLAND STATE

1972-73 GYMNASTICS ROSTER

<u>Name</u>	<u>Class</u>	<u>Major</u>	<u>Event</u>	<u>Hometown</u>	<u>High School</u>
*Bowen, Dave	Jr	Econ.	FE,HB,LH	Auburn	Auburn East
*Golden, Duane	Jr	Math	PB,R,SH	Norwich	Norwich
Haberer, Bob	Fr	Bio.	All	Hamburg	Hamburg
Mallahan, Steve	Sr	P.E.	HB,R	E. Islip	E. Islip
Marko, George	Fr	P.E.	LH,SH	Kenmore	Kenmore West
Marsh, Charlie	Sr	P.E.	LH	Wyandanch	Half Hollow Hills
Murphy, Tim	Jr	P.E.	PB,R	Northport	Northport
Naishtut, Dave	Jr	Health	R	Seaford	Seaford
O'Malley, Tim	Fr	P.E.	FE,PB	Camillus	West Genesee
*Pagan, Ernesto	Jr	P.E.	PB,R	New York	Automotive
Payne, Dave	Fr	Pol. Sc.	FE,HB	Quoque	Westhamton Beach
*Schilling, Mark	Jr	P.E.	All	Huntington St.	Walt Whitman
*Stevenson, Tom	Jr	P.E.	All	Lk.Ronkonkoma	Sachem
Tigh, Pete	Fr	Bio.	FE	Camillus	West Genesee
*Tucker, Lee	So	Pol. Sc.	FE,LH,PB	Ithaca	Ithaca
Woollis, Bob	So	-	SH	Camillus	North Syracuse

Event Code: All-all around; FE-floor exercise; HB-horizontal bar; LH-long horse; PB-parallel bars; R-rings; SH-side horse.

* Lettermen

NORTH AMERICAN GYMNASTICS LEAGUE

Cortland competes annually in the North American Gymnastics League with nine other northeastern colleges which have similar interests in the sport and compete at about the same level. The League is divided into Eastern and Western Divisions. With Cortland in the West are Ithaca, Oneonta, East Stroudsburg and West Chester. Teams which have been in the Eastern Division are CCNY, Queens, U.S. Coast Guard Academy, Long Island University and Montclair.

In 1972-73, the NAGL championships will be conducted at Queens College in New York City, March 2-3.

SEASON OUTLOOK

Coach Bill Tomik will have a 16-man roster to work with as the Red Dragon gymnastics team begins a season which will carry through into March. Six on the roster are lettermen returning from last year's team which was 3-8 in dual meet competition and finished 8th in the NAGL tournament.

Tomik's best campaign at Cortland was just two years ago when his team rolled to a 9-3 record and an NAGL third place. It certainly gives the 72-73 squad a goal to shoot at if an incentive is needed.

Junior Mark Schilling is regarded as the top individual performer on a squad which demonstrates a lot of flexibility. A steady performer, he is capable of scoring well in every event although floor exercise and the long horse seem to be his strong points.

Overall, floor exercise and vaulting must be regarded as the team's strong points. Tomik believes that being able to use freshmen will be of definite help and refers to Bob Haberer and Dave Payne as prime examples. Both are first year men and can compete on the intercollegiate level right away. Haberer is in the all-around category and Payne works in floor exercise, horizontal bar and vaulting.

Ernesto Pagan has been elected team captain. He's a junior letterman and is returning to compete in rings and parallel bars.

The other veterans are juniors Dave Bowen, Duane Golden and Tom Stevenson and sophomore Lee Tucker. Also back is Charlie Marsh, a senior who won a participation award last year and could help in the long horse.

In gymnastics, 10 points is a perfect score in any one event. With six events to prepare for--floor exercise, horizontal bar, parallel bars, long horse, side horse and rings--Cortland gymnasts will be following the theory that every man is competing against the ideal performance. Coach Tomik hopes that progress can be made in that direction.

Varsity Gymnastics Schedule

Dec.

2	East Stroudsburg	A	2:00
6	Oneonta	H	7:30
9	Plattsburgh, Trenton State	H	12:30
16	CCNY	H	2:00

Feb.

3	Syracuse	H	2:00
10	West Chester	H	2:00
17	SUNY Buffalo	H	12:30
21	Brockport	A	7:30
24	Queens, Coast Guard Academy	A	2:00

Mar.

2-3	North Atlantic Gym- nastics League Champ- ionships at Queens College
30	NCAA College Division Championships at San Francisco State

1971-72 Record

Won 3, Lost 8

82.35	Oneonta	105.8
88.10	Cornell	139.95
88.10	East Stroudsburg	129.55
87.4	Plattsburgh	83.6
89.5	Queens	79.3
89.5	Slippery Rock	112.95
86.95	CCNY	100.4
89.10	Coast Guard Acad.	122.05
101.75	West Chester	137.8
95.6	Ithaca	104.2
118.5	Syracuse	131.4
94.2	Brockport	90.55

North Atlantic Gymnastics League
Championships -- 8th Place