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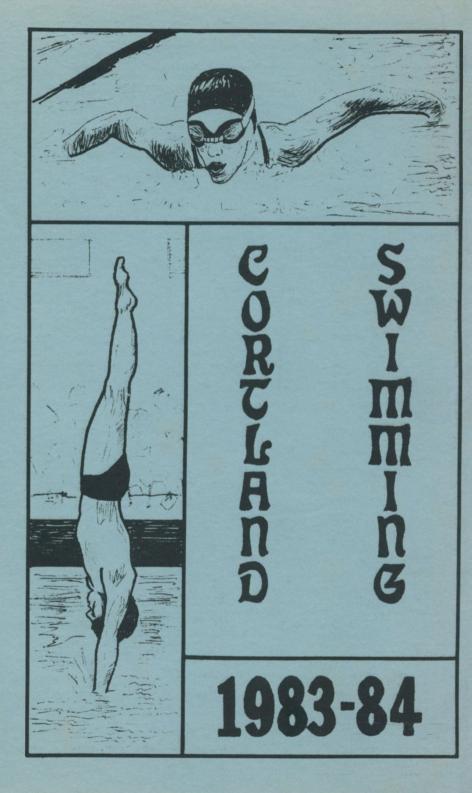
Women's Swimming & Diving

1983

1983-1984 Team Guide, Women's Swimming

State University of New York College at Cortland

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State University of New York College at Cortland

Located atop one of the many hills in Central New York's "City of Seven Valleys," the State University of New York College at Cortland was founded in 1868 as the Cortland Normal School. Over the decades, the campus expanded and in 1941, by an act of the legislature and the Board of Regents, the institution officially became a college, providing four-year courses leading to a bachelor's degree. In 1948, the state legislature incorporated Cortland College into the new State University of New York.

Today, more than 5,400 undergraduate and 600 graduate students are pursuing degrees within the College's two academic divisions — Arts and Sciences and Professional Studies. Twenty-three departments with a faculty of more than 300 offer the Cortland State student body some 40 majors from which to choose, including liberal arts, elementary and secondary education, health and physical education, recreation education, speech education and speech and hearing handicapped education.

The College's main campus covers 191 acres and includes 30 major buildings. Fourteen of these structures are residence halls and provide on-campus housing for 2,600 students.

At Cortland State, athletics are viewed as having an important role in the educational mission of the College. During the fall, winter and spring seasons, Cortland State participates in 24 intercollegiate sports — 12 men's and 12 women's — in an attempt to provide a broad program of athletics which will meet the needs, interests and abilities of its students.

The stated objective of the College's athletic program is the development and welfare of the student. In the coaching of individual sports as well as in the direction of the overall athletic program, the College endeavors to provide a high calibre of professional leadership which is consistent with the goals of the institution.

Cortland State is particularly proud of its long tradition of intercollegiate athletics and its high standing in small college athletic circles. In support of this heritage, the College offers its student-athletes a number of outstanding indoor and outdoor facilities which are used for intercollegiate competition as well as educational and recreational purposes. The Park Center for Physical Education and Recreation, opened in 1973, features a main gymnasium with a seating capacity of 3,600, an Olympic-size swimming pool with gallery seating for 1,500, and an ice arena which can accomodate 2,500 spectators.

QUICK FACTS ABOUT CORTLAND STATE



CORTLAND RED DRAGONS Location: Cortland, New York 13045 Enrollment: 5,432 Founded: 1868 President: Dr. James M. Clark Colors: Red and White Nickname: Red Dragons Home Pool: Harriet Holsten Pool Seating Capacity: 1,500 Athletic Directors: (men's) Dr. Vince Gonino (women's) Barbara Quinn Head Swimming Coach: Dr. Peter Cahill Office Phone No. (607) 753-4965 Sports Information Director: Peter D. Koryzno (607) 753-2518

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The 1983-84 Cortland Swimming Guide was prepared and edited by Peter D. Koryzno, Cortland State Sports Information Director. Special thanks to Mr. Fraser Stokes for his artwork on the front cover.

HEAD COACH PETER CAHILL

A native of Watertown, New York, Pete Cahill grew up in Malone, where he graduated from Franklin Academy prior to attending Cortland State in the mid 1960s. Cahill was a member of the Red Dragon tennis and swimming teams. He swam both the breaststroke and butterfly, while captaining the C-State swimmers during his senior year.

After earning his bachelor's degree from Cortland State in 1966, Cahill went on to the University of Massachusetts at Amherst where he received a master's degree in exercise physiology. He later earned a doctorate in physical education from Springfield College. Cahill taught physical education for two years at Clarkstown High School in New City, N.Y., before taking over as head swimming and tennis coach at Plattsburgh State. While there, he coached four All-Americans in two seasons.

Cahill returned to his alma mater in the autumn of 1972. He immediately began a steady turnaround of the Red Dragon men's program. From a last place conference finish in his initial campaign at Cortland, Cahill and his Red Dragon units consistently moved up the league standings. Cortland caputred three consecutive conference titles from 1979-81 and has finished second the past two years. Cahill's teams annually lead the SUNYAC in NCAA finishes, having placed as high as 5th in the NCAA Division III Meet in 1981. He has been twice voted SUNYAC Coach of the Year.

In 1978, Cahill became the head coach of the C-State women's swimming team in addition to his duties as the men's mentor. The Lady Dragons have dominated the New York State AIAW swimming scene each of Cahill's seasons as coach and have developed into a national powerhouse, placing 4th and 9th in the country during the past two years.

Pete and his wife, Shirley, and their children, David, and Julie, reside in Cortland.

CORT	LAND STATE	MEN'S TEAMS UN	DER COACH CAHILL
Year	Won-Lost-Tied	SUNYAC Finish	NCAA Division III Qualifiers
1972-73	1-10-1	12th	None
1973-74	5-8-1	10th	None
1974-75	9-5-0	6th	2 Divers
1975-76	9-4-0	4th	3 Divers, I Swimmer
1976-77	10-1-0	2nd	2 Divers, 9 Swimmers
1977-78	8-3-0	3rd	2 Divers, 5 Swimmers
1978-79	10-2-0	lst	2 Divers, 8 Swimmers
1979-80	11-2-0	lst	7 Swimmers
1980-81	8-4-0	lst	1 Diver, 7 Swimmers
1981-82	7-6-0	2nd	I Diver, 7 Swimmers
1982-83	5-7-0	2nd	2 Divers, 2 Swimmers
Total	83-52-2		61 National Qualifiers

CORTLAND STATE WOMEN'S TEAMS UNDER COACH CAHILL

Year	Won-Lost-Tied	N.Y.S. AIAW Finish	AIAW/NCAA National Qualifiers
1979-80	7-2-0	İst	I Diver, 8 Swimmers
1980-81	6-3-0	lst	I Diver, 6 Swimmers
1981-82	11-2-0	*2nd	7 Swimmers
1982-83	9-3-0	lst	I Diver, 9 Swimmers
Total	33-10-0		33 National Qualifiers

*Cortland finished first among the New York State Division III teams in the combined all-division competition that year.

RED DRAGON ALL-AMERICANS UNDER COACH CAHILL

- 1974-75: Randy Taylor, I Meter and 3 Meter Diving Kerry Quilty, 3 Meter Diving
- 1976-77: Jeff Maxwell, 100 Backstroke, 200 Backstroke, 400 Medley Relay Larry Collins, 400 Medley Relay Bob Slater, 400 Medley Relay Mike Meyer, 400 Medley Relay
- Jeff Maxwell, 100 Backstroke, 200 Backstroke 1977-78: Tom Olivo, 3 Meter Diving
- 1978-79: Jeff Maxwell, 100 Backstroke, 200 Backstroke Ed Walrath, 200 IM, 200 Backstroke Steve Hoff, 400 Freestyle Relay Kevin Markwardt, 400 Freestyle Relay Ed Morford, 400 Freestyle Relay Mark Ouimet, 400 Freestyle Relay
- 1979-80: leff Maxwell, 100 Backstroke, 200 Backstroke Ed Walrath, 200 IM, 200 Backstroke Lorie Brown, 3 Meter Diving Brenda Hickey, 200 Butterfly, 400 IM Beth Leonard, 200 Freestyle Relay Penny Armstrong, 200 Freestyle Relay Joni Neuendorf, 200 Freestyle Relay Anne Ross, 200 Freestyle Relay

1980-81: Steve Hoff, 400 and 800 Freestyle Relays Bob Kalin, 400 and 800 Freestyle Relays Jim LaLonde, 200 Butterfly Jan Michell, 400 Medley Relay, 400 and 800 Freestyle Relays Jim Swartz, 200 Freestyle, 200 Backstroke, 500 Freestyle, 400 Medley Relay, 400 and 800 Freestyle Relays Ed Walrath, 100 Backstroke, 200 Backstroke, 400 Medley Relay Bill Wilson, 400 Medley Relay Carolyn Foley, 200 Medley Relay Beth Leonard, 200 and 400 Medley Relay Joni Neuendorf, 200 and 400 Medley Relay Karen Toper, 200 Breaststroke, 400 Medley Relay Terry Wallace, 200 and 400 Medley Relay 1981-82: Mike DiBacco, 800 Freestyle Relay Steve Hoff, 800 Freestyle Relay Jeff Holden, I Meter Diving, 3 Meter Diving im LaLonde, 200 Butterfly Glen Moore, 800 Freestyle Relay Craig Travers, 800 Freestyle Relay Judy Baker, 50 Freestyle, 50 Backstroke, 100 Backstroke, 200-, 400- and 800 Freestyle Relays Wendy Davis, 400 Medley Relay, 200-, 400- and 800 Freestyle Relays Carolyn Foley, 100 Breaststroke, 200 and 400 Medley Relays Joni Neuendorf, 50 Backstroke, 200 Medley Relay, 400 Medley Relay, 200-, 400- and 800 Freestyle Relays Anne Ross, 50 Freestyle, 100 Backstroke, 200 Medley Relay, 200 and 400 Freestyle Relays Kay Simonson, 200 Butterfly, 400 IM, 1650 Freestyle, 800 Freestyle Relay Lisa Swart, 50 Backstroke, 100 Backstroke, 200 and 400 Medley Relays

1982-83: Jeff Holden, I Meter Diving, 3 Meter Diving Judy Baker, 50 Freestyle, 100 Freestyle, 200 Medley Relay, 200 and 400 Freestyle Relays Joanne Adams, 200 and 400 Freestyle Relays Wendy Davis, 200 Medley Relay Charlotte Lyster, 200 and 400 Freestyle Relays Joni Neuendorf, 50 Backstroke, 200 Medley Relay Anne Ross, 200 Medley Relay, 200 and 400 Freestyle Relays

1982-83 CORTLAND STATE WOMEN'S RESULTS

Cortland		Opponent
	Ist Place - Harvest Relays	
80	Potsdam State	56
59	Geneseo State	29
56	Colgate	93
70	Binghamton	43
100	Brockport State	32
62	Ithaca	87
84	Albany State	50
39	Syracuse	74
57	St. Lawrence	46
88	Nazareth	52
76	Rochester	64
77	RIT	63
	4th Place - Colgate Invitational	

FINAL 1983 NEW YORK STATE AIAW MEET STANDINGS

L	CORTLAND STATE	1,144 points
	Rochester	
3	RIT	5921/2
	Geneseo	
	William Smith	
	Stony Brook	
7	NYU	. 362
	Hartwick.	
9	Hunter	. 295
	SUNY-Binghamton	

(23 teams competed in the meet)

FINAL 1983 NCAA DIVISION III NATIONAL STANDINGS

١.	Williams (Mass.)	3301/2 points
2.	Hamline (Minn.)	276
	Pomona-Pitzer (Cal.)	
4.	Kenyon (Ohio)	190
5.	San Diego State (Cal.)	1661/2
6.	Smith (Mass.)	120
	St. Catherine (Minn.)	
8.	Ithaca (NY)	104
9	CORTLAND STATE	83
	Lake Forest (III.)	
	(98 teams participated)	

NEW YORK STATE AIAW DIVISION III CONFERENCE MEET RECORDS

EVENT	TIME	NAME	COLLEGE	YEAR
50 Free	:25.16	Debbie Dourlain	RIT	1982
100 Free	:54.24	Bethany Carter	Hartwick	1983
100 Free	1:58.59	Bethany Carter	Hartwick	1983
200 Free	5:21.38	Bethany Carter	Hartwick	1983
1650 Free	18.18.60	Anne Richardson	Wm. Smith	1982
50 Back	:28.33	Vikye Hopkinson	Wm. Smith	1983
100 Back	1:01.68	Vikye Hopkinson	Wm. Smith	1983
200 Back	2:15.68	Vikye Hopkinson	Wm. Smith	1983
50 Breast	:32.56	Lisa Scudder	Hartwick	1980
100 Breast	1:11.63	Lisa Scudder	Hartwick	1980
200 Breast	2:35.85	Jenni Zimmerman	Wm. Smith	1983
50 Fly	:27.58	Karen Myers	New Paltz	1980
100 Fly	1:00.72	Jan Bender	Stony Brook	1981
200 Fly	2:16.40	Joan Alley	Rochester	1982
100 IM	1:03.35	Debbie Dourlain	RIT	1983
200 IM	2:16.63	Joan Alley	Rochester	1982
400 IM	4:49.84	Joan Alley	Rochester	1982
200 Medley Relay	1:56.23	Care	RIT	1983
400 Medley Relay	4:18.15	Anne Ross, Joni Neuendorf, Wendy Davis, Mollie Wiley	Cortland	1983
200 Free Relay	1:42.62	Tammy Maher, Charlotte Lyster, Joanne Adams, Judy Baker	Cortland	1983
400 Free Relay	3:45.86	Tammy Maher, Wendy Davis, Joanne Adams, Judy Baker	Cortland	1983
800 Free Relay	8:19.67		Wm. Smith	1983
I Meter Diving	366.70 pts.	Judy Elliot	Buffalo St.	1982
3 Meter Diving	389.31 pts.	Judy Elliot	Buffalo St.	1982

WOMEN'S SWIMMING RECORDS

HOLSTEN POOL

Lyons (Ithaca) :24.52

Lyons (Ithaca) :53.36

Lyons (Ithaca) 1:57.32

Russell (Syracuse) 5:13.81

Friedl (Colgate) 11:14.72

Sheron (Manhattanville) 17:58.72

Pietroforte (St. John's) :28.65

Pietroforte (St. John's) 1:01.06

Butler (Syracuse) 2:10.06

Perez (Syracuse) 1:09.99

Evans (Syracuse) 2:34.46

Felice (Manhattanville) :32.32

EVENT CORTLAND STATE 50 Free Judy Baker :24.87 (1983)

100 Free Judy Baker :54.04 (1983) 200 Free Judy Baker 1:59.22 (1983) 500 Free Brenda Hickey 5:21.41 (1980) 1000 Free Carole Murphy 11:20.36 (1983) Kay Simonson 18:21.79 (1982) 1650 Free 50 Back Anne Ross :28.39 (1983) 100 Back Judy Baker 1:03.31 (1982) 200 Back Judy Baker 2:16.61 (1982) 50 Breast Karen Toper :33.03 (1980) 100 Breast Karen Toper 1:12.23 (1980) 200 Breast Karen Toper 2:33.75 (1981)

50 Fly Penny Armstrong :28.10 (1980) 100 Fly Judy Baker 1:01.54 (1983) 200 Fly Kay Simonson 2:12.21 (1982) 100 IM Joni Neuendorf 1:04.37 (1980) 200 IM Kay Simonson 2:18.74 (1982) 400 IM Brenda Hickey 4:48.70 (1980) 200 Medley Lisa Swart, Caroline Foley, Joni Relay Neuendorf, Anne Ross 1:54.40 (1982) 400 Medley Judy Baker, Caroline Foley, Wendy Relay Davis, Theresa Wallace 4:15.32 (1982) 200 Free Joanne Adams, Charlotte Lyster, Anne Relay Ross, Judy Baker 1:39.93 (1983) 400 Free Joanne Adams, Charlotte Lyster, Anne Relay Ross, Judy Baker 3:39.96 (1983) 800 Free Kay Simonson, Joni Neuendorf, Wendy Davis, Judy Baker 8:16.17 (1982)1 Meter Dive June Preger 222.25 pts. (1979) 3 Meter Dive Lori Brown 234.80 pts. (1980)

Reynolds (Ithaca) :27.20 Curran (Colgate) :58.72 Kaiser (Colgate) 2:10.36 Felice (Manhattanville) 1:04.04 Butler (Syracuse) 2:13.98 Johnson (Nazareth) 4:48.17 Syracuse 1:53.07

Colgate 4:10.69

Ithaca 1:39.21

St. Lawrence 3:41.98

Syracuse 8:07.98

Speigal (Syracuse) 260.10 pts. Speigal (Syracuse)

NCAA DIVISION III

Catherine Lyons (Ithaca) & Elizabeth Jex (Williams) :24.44, 1983 Elizabeth Jex (Williams) :52.98, 1983 Beth Peterson (Hamline) 1:55.25, 1983 Paula MacDonald (Hamline) 5:04.88, 1983

Linda Chambers (Wheaton) 17:27.55, 1983 Vikye Hopkinson (William Smith) :28.10, 1983

Vikye Hopkinson (William Smith) :59.81, 1983

Monique Fischer (Smith) 2:12.44, 1983 Katherine Eckrich (Williams) :31.09, 1982 Katherine Eckrich (Williams) 1:06.90, 1982 Katherine Eckrich (Williams) 2:26.05, 1982

CE

Nancy Dunn (Denison) :26.78, 1983 Beth Peterson (Hamline) :59.09, 1983 Lee Morrow (Cal-San Diego) 2:08.23, 1983 Katherine Eckrich (Williams) 1:01.00, 1982 Lissa McGrath (Bowdoin) 2:10.95, 1983 Lissa McGrath (Bowdoin) 4:42.69, 1982 Williams (Kirmayer, Eckrich, Thoman, Hudner, 1:51.67, 1983 Williams (Kirmayer, Eckrich, Jex, Hudner) 4:04.89, 1983 Williams (Knapp, Hudner, Kirmayer, Jex) 1:38.82, 1983 Williams (Knapp, Stauffer, Hudner,

Kirmayer) 3:37.61, 1983

Williams (Knapp, Stauffer, Hudner, Jex) 7:54.68, 1983

Barbara King (Smith) 358.45 pts., 1983 Barbara King (Smith) 422.90 pts., 1983

Relay

Cortland		Opponent
	Ist Place - Harvest Relays	
44	Potsdam	68
43	Ithaca	70
67	Geneseo	31
30	Colgate	83
77	Binghamton	36
51	New Paltz	62
61	Oswego	52
67	Albany	43
63	St. Lawrence	49
40	RIT	73
55	SUNY-Buffalo	58

2nd Place - SUNYAC Meet

FINAL 1983 STATE UNIVERSITY OF NEW YORK ATHLETIC CONFERENCE SWIMMING MEET STANDINGS

1.	Potsdam	.364 points
2.	CORTLAND STATE	.3541/2
3.	Buffalo	.332
4.	Oswego	.2781/2
	Fredonia	
6.	Geneseo	. 130
	Albany	
	Binghamton	
9.		
10.	Plattsburgh	. 40

STATE UNIVERSITY OF NEW YORK ATHLETIC CONFERENCE SWIMMING RECORDS

EVENT	TIME	NAME AND COLLEGE	SITE	DATE
Freestyle				
50 Yds.	:21.58	Kurt VanderBogart (Oswego)	Washington, Pa.	3/18/76
100 Yds.	:47.12	Jerry Miller (Potsdam State)	Cortland, N.Y.	3/5/83
200 Yds.	1:42.81	James Schwartz (Cortland State)	Oberlin, Ohio	3/20/81
500 Yds.	4:42.98	James Schwartz (Cortland State)	Oberlin, Ohio	3/19/81
1000 Yds.	10:02.1	Steve Auburn (Potsdam State)	Oberlin, Ohio	3/19/77
1650 Yds.	16:37.89	Steve Auburn (Potsdam State)	Oberlin, Ohio	3/19/77
Backstroke				
100 Yds.	:53.30	Scot Morrell	Cortland, N.Y.	3/4/81
200 Yds.	1:57.38	Ed Walrath (Cortland State)	Oberlin, Ohio	3/21/81
Breaststroke				215100
100 Yds.	1:00.56	Barry Goodman (Cortland State)	Geneseo, N.Y.	3/5/82
200 Yds.	2:12.28	Richard Bondi (Geneseo State)	Geneseo, N.Y.	3/17/79
Butterfly				2/2/70
100 Yds.	:53.15	John O'Brien (Geneseo State)	Geneseo, N.Y.	3/2/79
200 Yds.	1:55.18	Peter Rosenkranz (Oswego State)	Oberlin, Ohio	3/19/77
Individual Medley				2 12 2 10 2
200 Yds.	1:58.93	Ed Walrath (Cortland State)	Washington, Pa.	3/20/80
400 Yds.	4:18.67	Ed Walrath (Cortland State)	Cortland, N.Y.	2/10/81
Medley Relay				2110/01
400 Yds.	3:33.4	Cortland State (Ed Walrath, Bill	Oberlin, Ohio	3/19/81
		Wilson, Jan Mitchell, James Schwartz)		
Freestyle Relay				
400 Yds.	3:10.33	Cortland State (Steve Hoff, Jan	Oberlin, Ohio	3/21/81
		Mitchell, Bob Kalin, James Schwartz)		
800 Yds.	6:59.74	Cortland State (Steve Hoff, Jan	Oberlin, Ohio	3/20/81
		Mitchell, Bob Kalin, James Schwartz)		

MEN'S SWIMMING RECORDS

EVENT	CORTLAND STATE	HOLSTEN POOL	NCAA DIVISION III
50 Free	Steve Hoff :21.83 (1980)	Miller (Potsdam) :21.63	Hank Barautigam (Rockford) :20.64, 1983
100 Free	Steve Hoff :47.79 (1980)	Miller (Potsdam) :47.12	Joseph Gentile (Wm. Patterson) :45.36, 1983
200 Free	Jim Swartz 1:42.81 (1981)	Rusch (Colgate) 1:45.16	Chris Shedd (Kenyon) 1:39.57, 1983
500 Free	Jim Swartz 4:42.98 (1981)	Pesch (Geneseo) 4:48.29	Doug Jones (Claremont) 4:32.65, 1983
1000 Free	Bob Kalin 10:03.62 (1981)	Turner (Syracuse) 10:00.22	
1650 Free	Craig Travers 16:47.37 (1983)	Travers (Cortland) 16:47.37	Collins (Johns Hopkins) 15:49.97, 1978
100 Back	Ed Walrath :54.04 (1981)	Morrell (Potsdam) :53.30	Doug Jones (Claremont) :51.43, 1983
200 Back	Ed Walrath 1:57.38 (1981)	Rusch (Colgate) 1:56.90	Doug Jones (Claremont) 1:51.07
100 Breast	Barry Goodman 1:00.56 (1982)	Wilson (Cortland) 1:01.07	Howard Seidman (Alfred) :56.97, 1983
200 Breast	Bill Wilson 2:13.84 (1981)	Weeks (Colgate) 2:16.47	Howard Seidman (Alfred) 2:03.48, 1983

200 IM Ed Walrath 1:58.93 (1980) Walrath (Cortland) 1:59.80 Tom Harrison (Claremont) 1:51.39, 1983 400 IM Ed Walrath 4:18.67 (1981) Walrath (Cortland) 4:18.67 Tom Harrison (Claremont) 3:56.68, 1983 400 Medley Ed Walrath, Bill Wilson, Jan Potsdam 3:40.28 Kenyon (Callinan, Loomas, Boir, Shedd) Relay Michell, Jim Swartz 3:33.44 (1981) 3:26.37, 1983 400 Free Steve Hoff, Jan Michell, Bob Oswego 3:12.32 Claremont (Jones, Begatelos, Harrison, Relay Kalin, Jim Swartz 3:10.33 (1981) Johnson) 3:03.10, 1983 800 Free Steve Hoff, Jan Michell, Bob Cortland 7:13.11 Kenyon (Neri, Shedd, Tegus, Born) Kalin, Jim Swartz 6:59.79 (1981) Relay 6:46.70, 1983 100 Fly John Gallo :54.02 (1978) Spencer (Potsdam) :53.59 Kyle Moore (Coast Guard) :50.06, 1983 200 Fly Jim LaLonde 1:56.18 (1981) Rosencranz (Oswego) 1:57.51 Tom Harrison (Claremont) 1:51.42, 1983 I Meter Dive Jeff Holden 289.80 pts. (1983) Russell (Syracuse) 293.30 pts. Tom Helpenstill (Grinnell) 452.00 pts., 1980 3 Meter Dive Jeff Holden 281.65 pts. (1983) Bolstad (Syracuse) 301.00 pts. Keith Miller (Tufts) 510.95 pts., 1982

STATE UNIVERSITY OF NEW YORK ATHLETIC CONFERENCE MEET RECORDS

EVENT	TIME	NAME AND COLLEGE	SITE	DATE
Freestyle			이 아이는 않는 것이 아이야지 않는 것이 아이가 있다.	
50 Yds.	:21.63	Jerry Miller (Potsdam)	Cortland, N.Y.	3/3/83
100 Yds.	:47.12	Jerry Miller (Potsdam)	Cortland, N.Y.	3/5/83
200 Yds.	1:45.53	James Swartz (Cortland State)	Binghamton, N.Y.	3/6/81
500 Yds.	4:46.73	Bob Kalin (Cortland State)	Binghamton, N.Y.	3/5/81
1650 Yds.	16:46.94	Mike Maguire (Potsdam State)	Binghamton, N.Y.	3/7/81
Backstroke				
100 Yds.	:53.30	Scot Morrell (Potsdam State)	Cortland, N.Y.	3/4/83
200 Yds.	2:00.34	Scot Morrell (Potsdam State)	Geneseo, N.Y.	3/6/82
Breaststroke				3/5/00
100 Yds.	1:00.56	Barry Goodman (Cortland State)	Geneseo, N.Y.	3/5/82
200 Yds.	2:13.93	Richard Bondi (Geneseo State)	Geneseo, N.Y.	3/3/79
Butterfly			and and the second second	2.0.770
100 Yds.	:53.15	John O'Brien (Geneseo State)	Geneseo, N.Y.	3/2/79
200 Yds.	1:56.79	James LaLonde (Cortland State)	Geneseo, N.Y.	3/6/82
ndividual Medley				
200 Yds.	2:00.78	Jonathan Dell (SUNY Buffalo)	Cortland, N.Y.	3/3/83
400 Yds.	4:19.46	Jonathan Dell (SUNY Buffalo)	Cortland, N.Y.	3/4/82
Medley Relay				
400 Yds.	3:39.48	Cortland State (Ed Walrath, Bill Wilson, Dan Dakus, Steve Hoff)	Binghamton, N.Y.	3/5/81
Freestyle Relay		and the first of the second		2/5/02
400 Yds.	3:12.32	Oswego (Kevin Anderson, Tim Hannon, Bill Smith, Dan Johnson)	Cortland, N.Y.	3/5/83
800 Yds.	7:08.96	Geneseo State (Doug Cox, Mike Mooney, John O'Brien, Bill	Potsdam, N.Y.	3/9/74
		O'Brien)		
Springboard Diving				
One Meter	458.43	Jan Miller (Oneonta State)	Buffalo, N.Y.	3/4/72
Three Meter	481.70	Jeff Holden (Cortland State)	Cortland, N.Y.	3/5/83

FULTON AWARD WINNERS

(Presented annually to the outstanding senior swimmer in the State University of New York Athletic Conference)

Year	Swimmer	College
1969	Peter Stone	Plattsburgh
1970	Kim Blair	Oneonta
1971	Keith Benjamin	Oneonta
1972	Bob Stefferson	Cortland
1973	Henry Savage	Brockport
1974	Wick Davis	Plattsburgh
1975	Haru Naito	Oneonta
1976	Kurt VanderBogart	Oswego
1977	Steve Auburn	Potsdam
1978	Jack Walsh	Oneonta
1979	Mike Spencer	Potsdam
1980	Jeff Maxwell	Cortland
1981	John O'Brien	Geneseo
1982	Steve Hoff	Cortland
1983	James LeLonde	Cortland

Harriet R. Holsten Pool "Home of the Red Dragons"

The Harriet R. Holsten Pool in Cortland State's impressive Park Center has been home to the Red Dragon swim teams since 1972. The pool is named in memory of the late Mrs. Holsten, a Cortland faculty member and an ardent supporter of the aquatics program at the College from 1929 until her retirement in 1972. Mrs. Holsten died in March, 1977.

An excellent facility, the Holsten Pool measures 45 feet by 50 meters and can be divided into three areas through the use of two movable bulkheads. Generally, the bulkheads are employed to allow separate areas for swimming and diving competition.

Six competitive lanes line the pool, while the diving area has a pair of one-meter boards and a pair of three-meter boards. Other features of the facility include an automatic timer scoreboard, underwater lighting, and a surface agitating system for diving competition.

The spectator gallery, with a capacity of 1,500, was constructed on a steep angle so that every viewer can see the entire pool. In addition to intercollegiate meets, the Holsten Pool is also used by local high schools, synchronized swim teams and for special exhibitions.

