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CORTLAND STATE 1984-85 WOMEN'S GYMNASTICS



1983-84 ALL-AMERICAN AMY BURNS

SCHEDULE

November		
3	Parents' Weekend Exhibition with Olympic Gold Medalist Tim Daggett	Home
30	University of Toronto (Canada)	Home
December		
8	Brockport	Away
January		
19	Slippery Rock State	Away
26	West Chester State	Away
30	Cornell	Away
February		
2	East Stroudsburg, Ithaca College	Home
9	Temple @ Connecticut	Away
16	Vermont, Towson State	Home
23	New York State AIAW @ Cortland	Home
March		
16	NCAA Div. II Northeast Regional @ Ithaca	
29-30	NCAA Div. II Championships @ Springfield	

HEAD COACH STEVE SMITH



First-year Red Dragon Head Coach Steve Smith brings a wealth of gymnastics experience to the Cortland State women's program. A 1982 East Stroudsburg State graduate, Smith competed in three national collegiate championships and internationally against teams from Mexico and West Germany.

As coach of the Somerset Hills (NJ) YMCA girls gymnastics squad, Smith developed the Class I level team into national prominence in just two years. For six years, Smith was a member of the International Gymnastics Camp at East Stroudsburg, Pa., where he instructed girls all ages and levels from around the world. In 1983, Smith was one of eight Americans invited as a gymnastics consultant for a one-month clinic to help foster the sport in the nation of Saudi Arabia.

Smith has brought an international aura to the Cortland State women's program. The Red Dragon gymnasts compete against a top Canadian team in 1984-85, while Smith plans a meet in England or Mexico in 1985-86.

"Gymnastics, in the case of our international meets, not only gives us a chance to compete with teams from other countries, but provides a cultural learning experience for our women over and above the sport," says Smith.

In the Park Center Gymnastics Arena, though, the emphasis remains on individual instruction.

"What we try to set up," Smith explains, "is a learning environment for our gymnasts. The improvement of the individual is the most important part of our approach. With each individual learning gymnastics skills and routine construction, our team scores will follow.

"The Cortland State program is unique because of its excellent facility and training aids," noted Smith. "I think our pits are the highlight since they are the most innovative teaching aid in gymnastics today. Also, during the summer, most of our women train at the top gymnastic clubs in the country which helps them keep in shape."

A native of Arlington, Massachusetts, Smith and his wife, Rose, reside in Cortland.

CO-CAPTAINS JOSIE SATURNINO AND CORINNE BATES



After a year's hiatus, junior **Josie Saturnino** returns her formidable gymnastics talents to the Dragon team. Coach Smith calls her "unbelievable" on floor, vaulting and uneven bars where she's a consistent high 8.0's scorer. The Northport, N.Y., native has added beam to her repertoire and could be a 33.00 all-around this season. An important cog in the Red Dragon gymnastic machine's drive toward a Div. III national crown, says Coach Smith.

Corinne Bates, a transfer from the University of Southern Colorado, is competing for the Red Dragons for the first time this season. Coach Smith calls Bates "a dynamo on the team." A strong tumbler, the Corning, workers on the team." A strong tumbler, the Corning, N.Y., native also excels in vaulting with a taut punch-front, front handspring. A potential 33.00 all-arounder.



ELLEN ABRAMS



AMY BURNS



KATHY KOSTER



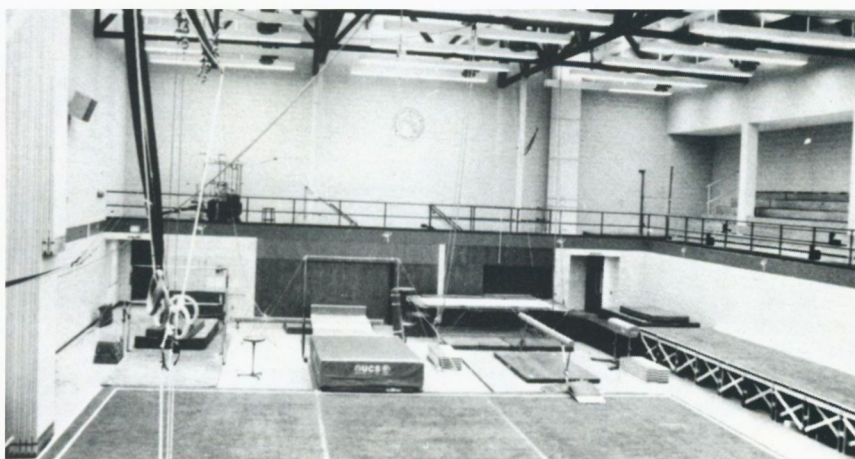
MERYL MINTZ

Ellen Abrams, a junior, is a three-year veteran on the Dragon unit. A 30.00-plus all-rounder, Abrams' strong suit is balance beam, where she employs a walk-over handspring in a steady routine. Her consistency sets the pace for the Dragon attack, says Coach Smith. Abrams has received an invitation to the tryouts for the U.S. Gymnastics Team headed for the 1985 Maccabiah Games.

Amy Burns, a senior, was a Div. III All-American on floor exercise and seventh best nationally on beam in 1983-84. The Liverpool, N.Y., product has an explosive double-full on floor and should be netting 9.0's in a trio of events by season's end. Burns tallied a 9.2 on floor in pre-season and close to 34.00 all-around in the 1984-85 season opener. A potential 35.00-plus all-around gymnast.

Kathy Koster, a senior, is a Dragon uneven bars specialist. A very strong, very solid performer, says Coach Smith. He believes Koster, who's competing for Cortland for the first time this winter, will be a tremendous asset with her talent and leadership attributes. A native of Ballston Lake, N.Y., Koster captained the Shenendehowa High gym team as a junior and senior.

Meryl Mintz has exceptional all-around skills for only a sophomore, says Coach Smith. Her forte is the uneven bars, where she could break into the 9.0's. Physically one of the strongest Dragon gymnasts. Good shot at All-American laurels this year. Will vie for a slot on U.S. team for the Maccabiah Games during an April 1985, tryout. A potential 34.00 all-rounder.



The Park Center Gymnastics Arena, home of the Red Dragons, is one of the few collegiate facilities in the Northeast to feature elevated power tumbling and vaulting pits. The ultra-modern facility not only enhances high-level performances but ensures a safer practice environment for the Red Dragon gymnasts.



Front Row (left to right): Tracy Wetzel, Corinne Bates, Kathy Koster, Shelia Gaul, Dawn Santamaria.

Second Row (left to right): Sharon O'Brien, Laura Terrell, Ellen Abrams, Head Coach Steve Smith, Meryl Mintz, Josie Saturnino, Amy Burns.

1984-85 CORTLAND STATE GYMNASTICS ROSTER

NAME	YR.	EVENT(S)	HOMETOWN	HIGH SCHOOL
Ellen Abrams	Jr.	All-Around	Plainview, NY	John F. Kennedy
Corinne Bates	Jr.	All-Around	Corning, NY	Walnut Hill School
Amy Burns	Sr.	All-Around	Liverpool, NY	Liverpool
Shelia Gaul	Fr.	All-Around	Albany, NY	Guilderland
Kathleen Koster	Sr.	Bars	Ballston Lake, NY	Shenendehowa
Meryl Mintz	So.	All-Around	Wheatley Hgts., NY	Half Hollow Hills West
Sharon O'Brien	Fr.	Beam, Floor	Long Beach, NY	Maria Regina
Dawn Santamaria	Fr.	All-Around	St. James, NY	Ward-Melville
Josie Saturnino	Jr.	All-Around	Northport, NY	Northport
Laura Terrell	Fr.	All-Around	Oneonta, NY	Oneonta
Tracy Wetzel	Fr.	All-Around	Trumbull, CT	Trumbull

Head Coach: Steve Smith

Student Assistant: Mike Malewicz

Managers: Lynn Scharlav, Liz Hudson

Trainer: Liz Mitchell

For further information on the Cortland State Women's Gymnastics Program, call or write: Steve Smith, Head Women's Gymnastics Coach, SUNY-Cortland, Cortland, New York 13045. (607) 753-4950.