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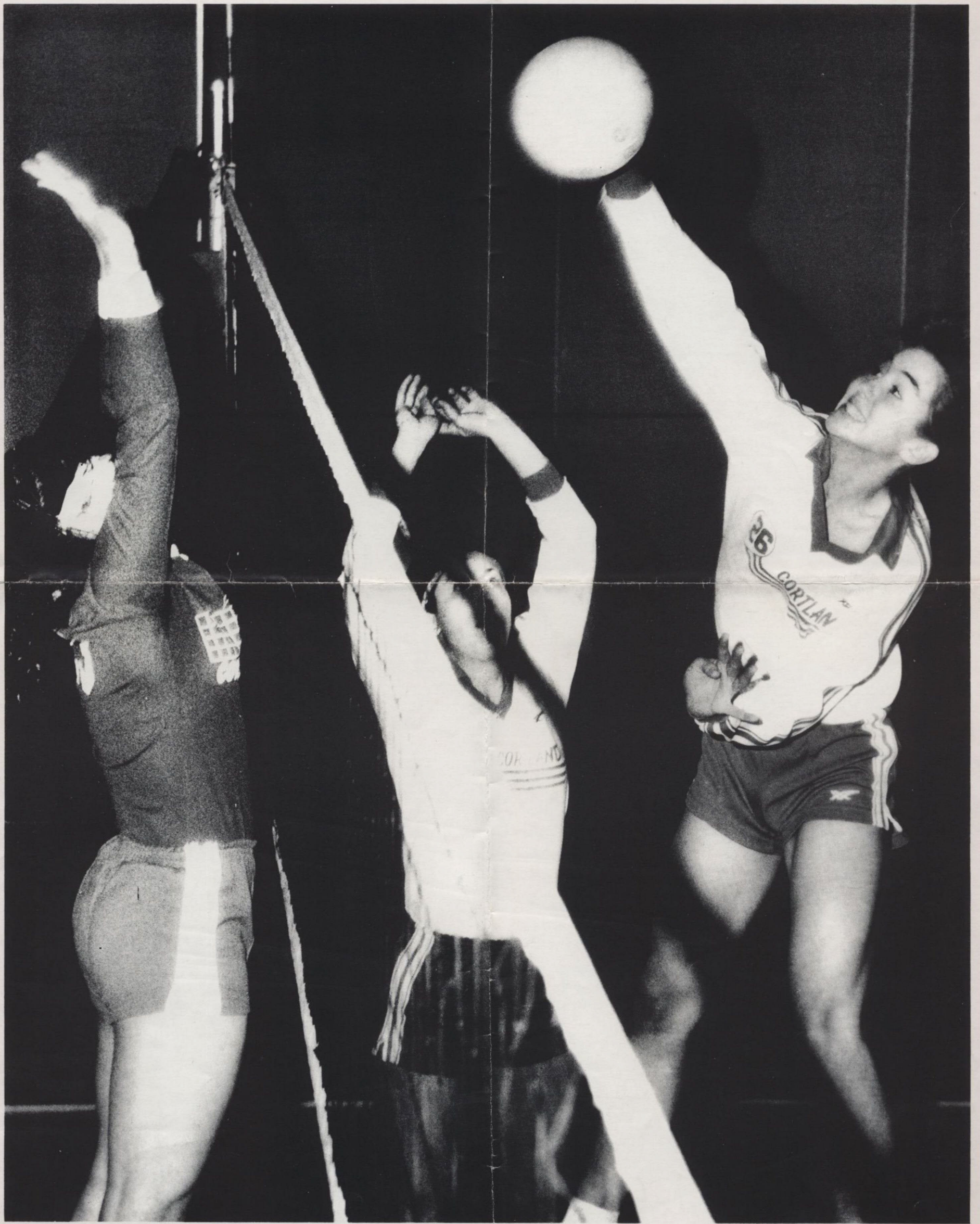
1985

1985 Team Guide, Volleyball

State University of New York College at Cortland

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CORTLAND STATE 1985 VOLLEYBALL



**NCAA REGIONAL & SUNYAC
CHAMPIONS**

RED DRAGONS WIN NCAA REGIONAL & SUNYAC TITLES; TIED FOR FIFTH IN NATION

During the autumn of 1985, Cortland State opened its season with an 11-0 record, moved into the top five in the national poll, and quickly became the Division III volleyball team to beat in New York State. Few opponents did. Indeed, Coach Joan Sitterly's Red Dragons finished the 1985 campaign with a 43-8 — the most wins in a season by any athletic team in Cortland State history.

Along the way, the powerful Dragons won the Cortland Early Bird Invitational, the SUNY-Albany Great Dane Invitational, the State University of New York Athletic Conference (SUNYAC) Central Division and league crowns, and the NCAA Division III Regional championship. Cortland's awesome talent especially surfaced in the SUNYAC tournament, where the Dragons won the league title by taking five straight matches without losing a single game.

In their first NCAA appearance, the Dragon spikers defeated Ithaca College and Nazareth College in Corey Gymnasium to advance to the NCAA Quarterfinals. Cortland travelled to Juniata College where the hosts beat the Dragons in four games.

The key to Cortland's success was a very powerful offense led by senior setter Patty Renner, an all-league and all-state tournament selection. Dragon opponents were constantly kept in transition unsure of where — or with what force — the ball would cross the net. Renner's volleyball statistics are of All-America calibre: an amazing 96.1 percent setting efficiency in 2,893 attempts! Renner boasted a .280 hitting average while connecting on 94.6 percent of her serves. The complete collegiate volleyball player in 1985, Renner will return as the Dragon floor general in 1986.

The most imposing figure on the court for Cortland State was 5-11 senior Sue Rinde. An All-SUNYAC Tournament choice, Rinde's driving spikes — 360 kills during the season — were most accurate. The 5-11 middle hitter enjoyed a .270 spiking average, but was also a 96.1 percent effective setter and a 94.6 percent server. Rinde led the team with 142 blocks for points.

Cortland State had an arsenal brimming with skill in 1985. Two key Dragons weapons were seniors Shannon Hughes and Denise Maron. Hughes, an outside hitter from Indiana, spiked at a .249 clip last season. Her 314 kills were second only to Rinde, but like Renner and Rinde, Hughes excelled as a setter (96.1 percent) and a server (94.6 percent). Maron, a second team All-SUNYAC Tournament player, teamed with Rinde as a middle hitter. Maron had 90 blocks for points, with 68 solo and 226 block assists.

Throughout the entire season, Coach Sitterly enjoyed the luxury of talented depth on the squad, with the Dragon Coach employing various players at different times with invariably successful results.

Red Dragons Francine Aiello, Maria Giamanco, Christina Palmeri, Janet Grzymkowski, Pam Leopard, Pam Voltz and Liz Sticker each performed a vital role in helping the Cortland State team become the most victorious in the school's history. With most of the players returning, the Red Dragons should again be a volleyball force with which to be reckoned in 1986.



CORTLAND STATE VOLLEYBALL DIRECTORY

Location: Cortland, New York (pop. 20,000)
Enrollment: 5,600 (undergraduate)
Colors: Red and White
Nickname: Red Dragons
Head Coach: Joan Sitterly (Brockport 1974)
4th Year, 105-50-0

Mailing Address: SUNY-Cortland
Park Center
Cortland, NY 13045

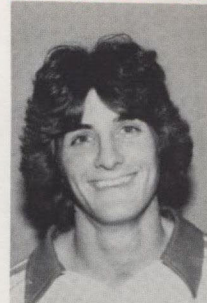
Office Phone: (607) 753-4967
Home Court: Corey Gymnasium (cap. 3,500)
1985 Volleyball Record: 43-8,
SUNYAC & NCAA Regional Champions

The 1985 Volleyball Guide was written and edited by Peter D. Koryzno, Sports Information Director. Special thanks to Bob Eckard and Graphics Plus Printing, Inc., the publishers.

CORTLAND STATE VOLLEYBALL SERIES RECORDS VS. ALL OPPONENTS (Cortland wins listed first)

Albany State (5-4)	Hawaii (0-1)	Penn State-Behrend (1-0)
Alfred (2-0)	Hofstra (4-1)	Pennsylvania (3-1)
Army (1-1)	Houghton (2-0)	Pittsburgh (1-2)
Barnard (1-0)	Howard (0-1)	Portland State (0-2)
Binghamton (19-1)	Hunter (1-0)	Potsdam (5-1)
Bridgeport (1-0)	Immaculata (1-0)	Princeton (3-0)
Brock (0-2)	Indiana PA (2-0)	Providence (1-2)
Brockport (12-5)	Ithaca (18-11)	Queens (2-0)
Brooklyn (5-3-1)	James Madison (3-1)	Rhode Island (3-1)
Broome C C (1-0)	Juniata (0-1)	Rider (0-2)
Bucknell (1-2)	Keuka (3-0)	R.I.T. (4-0)
SUNY-Buffalo (7-1)	Kutztown (2-0)	Rochester (2-2)
Cal-Santa Barbara (0-1)	Lafayette (4-0)	Russell Sage (1-0)
Catholic U. (0-2)	LaSalle (3-0)	Rutgers (1-0)
Clarion (2-1)	Lehigh (5-0)	Rutgers-Newark (4-0)
Colgate (11-9)	Lehman (1-0)	St. Bonaventure (1-1)
Central Connecticut (5-4)	LeMoyne (3-0)	St. John Fisher (3-0)
U. of Connecticut (0-2)	Maine (1-0)	St. Lawrence (1-0)
Connecticut College (1-0)	Manhattanville (1-0)	Salisbury State (7-0)
Columbia (1-0)	Mansfield (1-2)	Scranton (2-0)
Cornell (7-7)	Maryland (3-5)	Seton Hall (2-2)
C.W. Post (1-1-1)	Marywood (2-0)	Shippensburg (1-1)
Delaware (4-7)	McMasters (0-2)	Slippery Rock (2-1)
Drexel (1-2)	M.I.T. (0-1)	Southern Connecticut (7-3)
Dutchess C C (1-0)	Millersville (1-0)	Southwest Missouri (0-1)
East Stroudsburg (11-6-1)	Millikin (0-1)	Springfield (5-1)
East Tennessee (1-0)	Mississippi Women's (1-0)	Stony Brook (2-0)
Edinboro (6-10)	Mount St. Joseph (0-1)	Syracuse (12-5-1)
Elizabethtown (1-0)	Navy (2-2)	Temple (12-6)
Elmira (2-0)	Nazareth (3-6)	Texas Arlington (0-2)
Farleigh-Dickinson (0-0-1)	New Hampshire (2-0)	Thiel (1-0)
Franklin & Marshall (2-0)	New Haven (2-1)	Towson State (4-2)
Fredonia (3-0)	New Jersey Tech. (1-0)	U.C.L.A. (0-1)
Gannon (0-1)	New Paltz (2-0)	Vermont (1-0)
Geneseo (12-2)	New York Tech. (1-0)	Villanova (2-2)
Georgetown (0-2)	Niagara (1-0)	Virginia Commonwealth (0-2)
George Mason (0-1)	North Carolina (1-0)	Wells (1-0)
George Washington (1-1-1)	UNC-Greensboro (0-1)	Westchester C C (3-0)
Gettysburg (1-0)	Northeastern (1-0)	West Chester St. (0-1)
Grove City (1-0)	Ohio (0-1)	William & Mary (4-1)
Guelph (2-0)	Oneonta (15-1)	Williams (2-0)
	Oswego (7-0)	
	Penn State (4-1)	

HEAD COACH JOAN SITTERLY



Improvement with each passing season remains the mark of a good coach. Joan Sitterly, in three seasons as the Cortland head volleyball coach, has created the indelible impression of an excellent mentor. From a 28-18 record in her rookie season, Sitterly's charges posted a 34-24 mark last year before enjoying the most successful volleyball season ever in the school's history with a 43-8 record in 1985.

Sitterly, a 1974 graduate of Brockport State, came to Cortland from Newark Central High School, where she coached the volleyball team to five Finger Lakes League titles and the Western New York State championship.

Her volleyball victories, at both the collegiate and scholastic levels, have resulted from Sitterly's proven personal approach to teaching the sport.

"I push the learning aspect," she says of her coaching methods. "I am concerned each match that the team plays well." "I stress consistent play." "The winning will take care of itself in most cases."

"We run more complicated offenses than most teams we play. Our players may not always have the same athletic ability as some of our opponents, but I think our players come away with a better understanding of the game. We not only emphasize learning volleyball skills and theory, but after each game we look at the psychology of winning or losing that particular game. We also study statistics and the role they play."

RED DRAGON 1985 STATISTICAL LEADERS

SPIKING	Atts.	Good	Kills	Avg.
Patty Renner	232	209	88	.280
Sue Rinde	851	721	360	.270
Shannon Hughes	839	734	314	.249

CORTLAND STATE	3926	3391	1380	.215
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SERVING	Atts.	Good	Ases	Pct.
Patty Renner	614	601	63	97.9
Pam Leopard	83	80	12	96.4
Francine Aiello	264	254	34	96.2

CORTLAND STATE	3065	2898	331	94.6
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SETTING	Atts.	Good	Assts.	Pct.
Patty Renner	2893	2603	1002	90.0
Sue Rinde	92	89	28	96.7
Maria Giamanco	91	86	28	94.5

CORTLAND STATE	3223	3096	1147	96.1
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RECEPTIONS	Atts.	Good	Pct.
Christina Palmeri	221	201	91.0
Janet Grzymkowski	197	178	90.4
Pam Voltz	37	33	89.2

CORTLAND STATE	2062	1786	86.6
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BLOCKING	Point	Solo	Assist
Sue Rinde	142	104	294
Denise Maron	90	68	226
Patty Renner	42	28	162

CORTLAND STATE	416	269	1089
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TENTATIVE 1986 SCHEDULE

September		
12-13	*Early Bird Invitational	Home
19-20	Great Dane Invitational @ Albany	Away
23	Syracuse/Colgate	Home
27	LeMoyne/Oswego	Home
30	Cornell/Binghamton	Away
October		
7	Oneonta/Scranton	Away
11	Brockport	Away
14	Colgate/Albany	Away
17-18	SUNYAC Central Division Tournament	Away
21	R.I.T./Elmira	Home
24-25	Ithaca Invitational	Away
28	Rochester/St. John Fisher	Home
November		
1	SUNYAC Championship	Away
4	Nazareth/Ithaca	Home
7-8	New York State AIAW Tournament	Home

**(Cortland, New Paltz, Kings College, Alfred, Nazareth, Plattsburgh, Geneseo, Coast Guard, Glassboro, Binghamton, Buffalo, Marywood, Pace, Swarthmore, Penn State-Behrend and Keuka College).*

STATE UNIVERSITY OF NEW YORK COLLEGE AT CORTLAND

Located atop one of the rolling hills in central New York's "City of Seven Valleys," the State University of New York College at Cortland was founded in 1868 as the Cortland Normal School, which included among its earliest students inventor and industrialist Elmer A. Sperry of Sperry-Rand Corp. fame.

Over the decades, the campus expanded and in 1941, by an act of the legislature and the Board of Regents, the institution officially became a four-year college providing courses leading to the bachelor's degree. In 1948, Cortland College was a founding member of the State University of New York.

Today, more than 5,600 undergraduate and 600 graduate students are pursuing degrees within the College's two academic divisions — Arts & Sciences and Professional Studies. Twenty-three departments with a faculty of more than 300 offer the Cortland State student body some 40 majors from which to choose, including economics, biology, sociology, elementary and secondary education, physical education, health education and recreation to name a few.

The College's main campus covers 191 acres and includes 30 major buildings. Fourteen of these structures are residence halls providing on-campus housing for 2,600 students. Cortland also operates its Outdoor Education Center at Raquette Lake in the Adirondacks, the Hoxie Gorge Nature Preserve outside Cortland, and the Brauer Memorial Geological Field Station near Albany on the Helderberg Escarpment.

At Cortland State, athletics are viewed as having an important role in the educational mission of the College. During the fall, winter and spring seasons, Cortland participates in 24 intercollegiate sports — 12 men's and 12 women's — in an attempt to provide a broad program which will meet the needs, interests and abilities of its students.

The stated objective of the College's athletic program is the development and welfare of the student. In the coaching of individual sports as well as in the direction of the overall athletic program, the College endeavors to provide a high calibre of professional leadership consistent with the goals of the institution.

Cortland State is particularly proud of its long tradition of intercollegiate athletics and its high standing in small college athletic circles. In support of this heritage, the College offers its student athletes — some 800 annually — a number of outstanding indoor and outdoor facilities for intercollegiate competition, as well as for educational and recreational purposes.

The Park Center for Physical Education and Recreation, opened in 1973, features a main gymnasium with a 3,600

seating capacity; an Olympic-sized swimming pool with gallery seating for 1,500; an ice arena which can accommodate 2,500 spectators; racketball and squash courts, a wrestling room, and modern athletic training facilities. Nearby Lusk Field House, with its new tartan-textured surface, is home for the indoor track teams, varsity practice sessions and recreational activities. The Red Dragon football and lacrosse squads compete on Davis Field, with its 5,000 seating capacity. Cortland's soccer teams play on Holloway Field, which has lights for night contests. The College has 50 acres of athletic fields and 24 outdoor tennis courts.



The members of the 1985 Cortland State Volleyball Team which set a school record for victories, won the SUNYAC and NCAA Regional Championships, and finished in a tie for fifth in the nation. (Front row, left to right) Maria Giamanco, Liz Sticker, Denise Maron, Sue Rinde, Janet Grzymkowski, Shannon Hughes, trainer Becky Hagerdon. (Back row) Coach Joan Sitterly, Francine Aiello, Pam Leopard, Pam Voltz, Patty Renner, Christina Palmeri, and manager Liz Smith.