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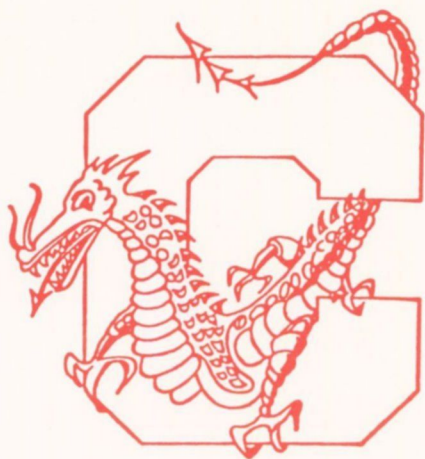
1979

1979-1980 Team Guide, Women's Swimming

State University of New York College at Cortland

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CORTLAND STATE SPORTS



SWIMMING ♦ MEN'S & WOMEN'S ♦ 79-80

SWIMMING GUIDE 1979-80

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CORTLAND INFORMATION

Founded: 1868 —
Enrollment: 5,800
Colors: Red and White
Nickname: Red Dragons
President: James M. Clark
Men's Athletic Director:
 Vincent Gonino (607/753-4963)
Acting Women's Athletic Director:
 Betsy East (607/753-4953)
Swimming Coach:
 Pete Cahill (607/753-4965)
Public Relations Director:
 Norbert Haley (607/753-2518)

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SWIMMING ♦ MEN'S & WOMEN'S ♦ 79-80

CORTLAND STATE MEN'S SWIMMING SCHEDULE 1979-80

Coach: Pete Cahill

December

1	Hamilton	H	2:00
6	St. Lawrence	A	7:00
8	Potsdam	H	1:00
11	RPI	A	4:00
13	Ithaca	A	7:00

January

26	Geneseo	A	4:00
30	Binghamton	A	7:00

February

2	Buffalo	A	2:00
5	Oswego	H	7:00
9	Albany	A	1:00
11	Syracuse	H	7:00
19	RIT	H	4:00
23	Brockport	H	2:00

March

6-8 SUNYAC

CORTLAND STATE WOMEN'S SWIMMING SCHEDULE 1979-80

Coach: Pete Cahill

November

17	Potsdam	H	7:00
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December

1	Hamilton	H	11:00
6	St. Lawrence	A	6:00
8	Oswego	A	1:00
12	Brockport	H	7:00

January

31	Oneonta	H	7:00
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February

1	Ithaca	H	7:00
9	Rochester	A	2:00
11	Syracuse	H	5:00
12	Colgate	A	3:30
16	Cornell	H	7:00
22-23	NYSIAW Championship		
29	EIAIW Regional Championship		

March

12-15 AIAW Division III

MEN'S SWIMMING RESULTS 1978-79

Dual Meets: Won 10, Lost 2

<u>Cort.</u>		<u>Opp.</u>
52	Hamilton	61-
69	R.I.T.	47
63	Potsdam	50
72	R.P.I.	42
76	Ithaca	35
68	Geneseo	45
77	Binghamton	36
70	U. of Buffalo	41
82	Oswego	30
75	Albany	34
45	Syracuse	67-
73	Brockport	31

Harvest Relays (Rochester) - 1st
SUNYAC Championships - 1st

WOMEN'S SWIMMING RESULTS 1978-79

Dual Meets: Won 6, Lost 4

<u>Cort.</u>		<u>Opp.</u>
39	Waterloo	72-
98	Oswego	32
85	Brockport	46
62	Ithaca	69-
59	Syracuse	78-
80	Oneonta	49
93	Binghamton	38
116	Albany	15
58	Colgate	73-
68	Cornell	38

NYSIAW "A" Meet - 6th of 17

In his seventh season as head coach of the men's intercollegiate swim team and his second season as the women's head coach, Pete Cahill has solidly established himself in the Cortland State aquatics program. Cahill's steadily improving 43-28-1 coaching record in the men's sport is evidence of Cortland's emergence as a major contender in SUNYAC competition.

In his first year at the helm, the Cortland men's squad managed just one win in 11 meets. In his second year, the Dragons improved to 5-8-1. Over Cahill's last three campaigns Dragon swimmers have compiled 10-1, 8-3 and 10-2 records, respectively. Twelve Cortland swimmers including Kerry Quilty, have earned All-American status under Cahill's direction.

Cahill is a 1966 graduate of Cortland. He has a master's degree from the University of Massachusetts and a doctorate from Springfield College. He is a native of Watertown, NY, and grew up in Malone, NY, where he graduated from Franklin Academy.

Before coming to Cortland, Cahill was a member of the faculty at SUNY Plattsburgh, where he coached swimming and tennis, and was a teaching fellow at Springfield College.

While an undergraduate at Cortland, Cahill concentrated on the butterfly and breaststroke events as a member of the swimming team. He was captain his senior year. In addition, he played varsity tennis.

KERRY QUILTY

ASSISTANT COACH

A 1977 Cortland alumnus, Kerry Quilty is serving as assistant swimming and diving coach for the Cortland State men's and women's teams. As an undergraduate, Quilty was a four-year participant on the men's varsity swim team. In 1975, he earned All-American honors for Division III diving.

According to Coach Pete Cahill, Quilty was one of the major reasons for the excellent performances of last year's diving teams. The men's team collected over 80 points in the SUNYAC championships, and the women's team placed three divers in the State championships.

Quilty, a native of Liverpool, NY, is a graduate student in physical education at Cortland.

MEN'S OUTLOOK

Speed will be the key word describing this year's team as the men's program sets its sights on another SUNY Conference championship. Graduation losses seriously cut into the depth of the squad but an "excellent group" of freshmen and transfers offer a hopeful sign.

In the diving events, Scott Creighton, Bo Stoianoff and Mark Zeller, all finalists in the SUNYAC Championships, will be returning to take over for Brian Payne and All-American Tom Olivo who were lost to graduation.

Also returning will be two-time All American backstroke specialist Jeff Maxwell as well as Kevin Markwardt and Mark Ouimet. Eric Harvey and Eric Waldbauer are expected to be standouts for the team again.

Transfers Ed Walrath and Jeff Horowitz will be helping out in the IM and fly events, respectively. Freshmen Jim LaLonde in the backstroke and Jan Michell in fly events should be state finalists. Rob Rogan and Roger Evans will be expected to add greatly to the team's depth in the freestyle events.

WOMEN'S OUTLOOK

Coach Pete Cahill expects that this will be the best year ever for the women's swimming program with a vast majority of the 1979 team returning. Seven record holders will reappear on this year's squad and they will be supplemented by an equal number of very talented freshmen.

Cortland will continue its domination on the boards with the return of AIAW national qualifier Lorie Brown. Karen Connolly and Diane Bianco will add a great deal of depth to the diving program.

Backstroke, individual medley and butterfly will be the strongest events for the team. Karen Toper will be returning as the team's strongest breaststroker and the outlook is bright for a repeat of last year's strong showing in the relay events. Cahill expects that all five of Cortland's relays will be finalists in the state competition.

CORTLAND MEN'S SWIMMING RESULTS UNDER COACH CAHILL

<u>Year</u>	<u>W-L-T</u>	<u>SUNYAC</u>	<u>NCAA Div. III Qualify</u>
1972-73	1-10-0	12th	none
1973-74	5-8-1	10th	none
1974-75	9-5-0	6th	2 divers
1975-76	9-4-0	4th	3 divers, 1 swimmer
1976-77	10-1-0	2nd	2 divers, 9 swimmers
1977-78	8-3-0	3rd	2 divers, 5 swimmers
1978-79	10-2-0	1st	2 divers, 8 swimmers

MEN'S TEAM ALL-AMERICANS UNDER COACH CAHILL

1974-75

Kerry Quilty, 1 Meter Dive
Randy Taylor, 1 and 3 meter dives

1976-77

Jeff Maxwell, 100 and 200 Yd. Backstroke
Jeff Maxwell, Larry Collins, Bob Slater and
Mike Meyer, 400 Yd. Medley Relay

1977-78

Jeff Maxwell, 100 and 200 Yd. Backstroke
Tom Olivo, 3 meter dive

1978-79

Jeff Maxwell, 100 and 200 Yd. Backstroke
Tom Olivo, 1 Meter Dive
Ed Morford, Mark Ouimet, Kevin Markwardt,
Steve Hoff, 400 Yd. Freestyle Relay

CORTLAND STATE SWIMMING RECORDS - MEN'S TEAM

<u>Event-Record Holder</u>	<u>Time</u>	<u>Year</u>
50 Freestyle - Steve Hoff	22.1	1979
100 Freestyle - Michael Meyer	48.92	1977
200 Freestyle - Ed Morford	1:45.96	1979
500 Freestyle - Paul Hansen	4:49.33	1977
1000 Freestyle - Paul Hansen	10:09.61	1977
1650 Freestyle - Paul Hansen	16:49.62	1977
100 Backstroke - Jeff Maxwell	54.44	1979
200 Backstroke - Jeff Maxwell	1:58.72	1977
100 Breaststroke - Gary Hampton	1:03.62	1975
200 Breaststroke - Eric Waldbauer	2:19.5	1979
100 Butterfly - John Gallo	54.02	1978
200 Butterfly - John Gallo	1:59.96	1979
200 Ind. Medley - Mike Meyer	2:04.08	1977
400 Ind. Medley - Paul Hansen	4:26.67	1977
400 Medley Relay - Jeff Maxwell	3:40.44	1978
	John Gallo	
	Larry Collins	
	Bob Kollar	
400 Free Relay - Ed Morford	3:15.86	1979
	Kevin Markwardt	
	Steve Hoff	
	Mark Ouimet	
800 Free Relay - Kevin Markwardt	7:14.65	1979
	Eric Harvey	
	Mark Ouimet	
	Ed Morford	
1 m Diving - Tom Olivo	276.60	1977
3 m Diving - Tom Olivo	276.74	1977

CORTLAND'S HOLSTEN POOL RECORDS - MEN

<u>Event - Record Holder - Team</u>	<u>Time</u>
50 Freestyle Steve Faughman, Binghamton	22.33
100 Freestyle Dan Wall, Potsdam	48.04
200 Freestyle Dan Wall, Potsdam	1:46.71
500 Freestyle Dave Pesch, Geneseo	4:48.29
1000 Freestyle Tom Turner, Syracuse	10:00.22
1650 Freestyle Steve Auburn, Potsdam	16:49.26
100 Backstroke Jeff Maxwell, Cortland	55.64
200 Backstroke Jeff Maxwell, Cortland	2:01.90
100 Breaststroke Neil Lynch, Geneseo	1:02.15
200 Breaststroke Rich Bondi, Geneseo	2:16.51
100 Butterfly Mike Spencer, Potsdam	53.59
200 Butterfly Peter Rosenkranz, Oswego	1:57.51
200 Ind. Medley Dan Wall, Potsdam	2:01.94
400 Ind. Medley Paul Hansen, Cortland	4:26.60
400 Medley Relay Syracuse	3:41.89
400 Free Relay Potsdam	3:15.25
800 Free Relay Potsdam	7:13.67
1 m Diving Tom Olivo, Cortland	276.60
3 m Diving Tom Olivo, Cortland	276.74

WOMEN'S SWIMMING RECORDS AT CORTLAND STATE

Varsity Record

Pool Record

50 Free		
26.4 - 1979		26.16
Leonard		Patterson, Waterloo
100 Free		
57.53 - 1979		54.78
McAllan		Vilbert, Syracuse
200 Free		
2:04.2 - 1977		2:03.3
Hickey		Butler, Syracuse
500 Free		
5:34.11 - 1978		5:35.5
Hickey		Butler, Syracuse
1000 Free		
12:13.96 - 1978		11:22.67
Plubell		Marshall, Waterloo
50 Back		
30.25 - 1979		29.98
McAllan		Butler, Syracuse
100 Back		
1:04.4 - 1979		1:01.74
McAllan		Vilbert, Syracuse
200 Back		
2:23.68 - 1979		2:10.06
Thoman		Butler, Syracuse
50 Breast		
33.39 - 1979		33.50
Toper		Evans, Syracuse
100 Breast		
1:12.4 - 1979		1:09.99
Toper		Perez, Syracuse
200 Breast		
2:36.81 - 1979		2:34.46
Toper		Evans, Syracuse
50 Butterfly		
28.8 - 1978		27.39
Hickey		Vilbert, Syracuse
100 Butterfly		
1:02.6 - 1978		1:01.9
Hickey		Butler, Syracuse

Varsity Record

200 Butterfly
2:19.26 - 1978
Hickey
100 Ind. Medley
1:06.35 - 1979
Beckley
200 Ind. Medley
2:22.61 - 1978
Hickey
400 Ind. Medley
4:58.62 - 1978
Hickey
200 Medley Relay
1:59.33 - 1979
Connell, Toper,
McAllan, Leonard
400 Medley Relay
4:19.04 - 1979
Thoman, Toper,
McAllan, Ridler
200 Free Relay
1:45.3 - 1979
Contos, Grandrath,
Leonard, McAllan
400 Free Relay
3:51.942 - 1979
Ridler, Leonard,
Plubell, McAllan
800 Free Relay
8:32.70 - 1979
Klier, Thoman,
Plubell, McAllan
1 Meter Diving
222.25 - 1978
Preger
3 Meter Diving
234.80 - 1979
Brown

Pool Record

1:04.26
Perez, Syracuse
2:20.0
Evans, Syracuse
1:53.07
Syracuse
4:19.04
Cortland
1:47.6
Syracuse
3:57.9
Waterloo
8:07.98
Syracuse
222.25
Preger, Cortland
248.85
Marr, Cornell

CORTLAND STATE MEN'S SWIMMING

1979-80 VARSITY ROSTER

Name	Event	Yr.	Major	Hometown
Baumgartner, Jim	Free	Fr	Physics	Staten Island
Bolton, Gary	Fly	Fr	Gen. Studies	Pittsford
Creighton, Scott	Diving	So	Economics	Manlius
Eichelzer, Andy	Free	Fr	Gen. Studies	Syracuse
Evans, Toger	Free	Fr	PE	Charlotte, NC
Friedman, Steve	Breast	Fr	Biology	Far Rockaway
Gray, Andy	Free	Fr	PE	Lowville
Harvey, Eric	Free	Sr	Math	Newark
Hoff, Steve	Free	So	Soc. St.	DeWitt
Horowitz, Jeff	Fly	So	PE	Roslyn
Klier, Mark	Free	Jr	Bio-Chem.	Liverpool
LaLonde, Jim	IM/Back	Fr	Economics	Rochester
Markwardt, Kevin	Free	Sr	PE	Ithaca
Maxwell, Jeff	Back	Sr	PE	Latham
Michell, Jan	Fly	Fr	Chemistry	Golden Bridge

Nilsson, Bill	Free	So	PE	Holbrook
Quimet, Mark	Free	Jr	Economics	Liverpool
Quinn, Tom	Diving	Jr	PE	Levittown
Ritter, Bill	Breast	So	Psychology	New Hartford
Rogan, Robert	Free	Fr	PE	Wappingers Falls
Sloth, Nels	IM	Fr	Math	Delhi
Stoianoff, Bo	Diving	So	Health	DeWitt
Waldbauer, Eric	Breast	Jr	Biology	Cortland
Walrath, Ed	IM/Back	Jr	PE	Wolcott
Zeller, Mark	Diving	So	Psychology	Apalachin

Head Coach: Peter Cahill
 Manager: Shari Ramer

Diving Coach: Kerry Quilty

CORTLAND STATE WOMEN'S SWIMMING

1979-80 VARSITY ROSTER

Name	Event	Year	Major	Hometown
Armstrong, Penny	Fly	Fr	PE	Hoosick
Baer, Jeannine	Back	Fr	Gen. Studies	Bayside
Beckley, Renee	I.M.	So	PE	Valhalla
Bianco, Diane	Diving	Fr	Speech Path.	Holtsville
Brown, Lorie	Diving	So	Gen. Studies	East Aurora
Connell, Darlene	Back	Jr	PE	Scottsville
Connolly, Karen	Diving	Fr	PE	Pittsford
DeRocker, Kelley	Dist. Free	Jr	PE	Gloversville
Dever, Jeanne	Free	So	Elem. Educ.	S. Manlius
Donahue, Kelley	Dist. Free	So	Elem. Educ.	Fort Covington
Egloff, Carol	Dist. Free	Fr	PE	Corfu
Fava, Mary Ellen	Fly	So	Gen. Studies	Mamaroneck
Ferro, Cindy	Free	Fr	PE	Larchmont
Hathaway, Jenny	Diving	So	PE	Oneonta
Hickey, Brenda	Free/I.M.	Sr	Commun/German	Rochester
Homkey, Mary	Free	Fr	PE	Glens Falls
Klier, Kathy	Back	Sr	PE	Liverpool
Lechtrecker, Lynn	Free	Fr	Gen Studies	Patchogue

Leonard, Beth	Free	Jr	PE	Acton, Mass.
Meinhold, Mary	Free	Fr	Recreation	East Aurora
Neuendorf, Joni	Free/Back	Fr	PE	Palisades
O'Connor, Cathleen	I.M./Back	Jr.	PE	Larchmont
Plubell, Maryellen	Dist. Free	Jr	PE	Williamsville
Ross, Anne	Free/Back	Fr	PE	Pittsford
Scheier, Sue	Dist. Free	Jr	Sociology	Stonybrook
Tisinger, Chris	Free/Fly	Fr	Gen. Studies	Glens Falls
Toper, Karen	Breast	Jr	PE	W. Watertown
Trogolio, Jackie	Free	Fr	Psychology	Holbrook
Weiser, Sylvia	Breast	Jr	Sociology	Monsey

Head Coach: Peter Cahill
Diving Coach: Kerry Quilty
Manager: Shari Ramer

HARRIET R. HOLSTEN POOL

Cortland swimming teams are beginning their seventh season in the College's impressive Physical Education-Recreation Center. The pool is named in memory of the late Harriet R. Holsten who specialized in the aquatics area as a member of the physical education faculty at the College from 1929 to her retirement in 1972. She died in March 1977.

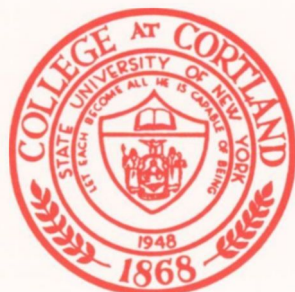
The Holsten Pool measures 45 feet by 50 meters and can be divided into three areas through the use of a pair of movable bulkheads. Generally, the bulkheads are used to allow separate areas for swimming and diving competition and warmups.

The pool is divided into six competitive lanes, while the diving area has two one-meter boards and two three-meter boards. Other features of the facility include an automatic timer and scoreboard, underwater lighting and a surface agitating system for diving competition.

The spectator gallery, on a steep enough angle so each person can see each swimming lane, has room for a crowd of 1,500. In addition to intercollegiate meets, the men's and women's pool also is used by local high schools, synchronized swim groups and for special exhibitions.

STATE UNIVERSITY OF NEW YORK • COLLEGE AT CORTLAND

Founded 1868 • A public college of arts and sciences for men and women in Central New York • Undergraduate and graduate programs offered in arts and sciences, education, health, physical education and recreation • Undergraduate enrollment exceeds 4,500 students • Graduate enrollment near 1,000



INTERCOLLEGIATE SPORTS AT CORTLAND STATE

MEN'S: Baseball, Basketball, Cross Country, Football, Golf, Gymnastics, Hockey, Lacrosse, Skiing, Soccer, Swimming, Tennis, Track and Field — Indoor and Outdoor, Wrestling.

WOMEN'S: Basketball, Field Hockey, Golf, Gymnastics, Lacrosse, Softball, Swimming, Tennis, Track and Field, Volleyball.