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CORTLAND STATE SPORTS



WOMEN'S GYMNASTICS 78-79

WOMEN'S GYMNASTICS GUIDE 1978-79

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CORTLAND INFORMATION

Founded: 1868

Enrollment: 5,584

Colors: Red and White

Nickname: Red Dragons

Acting President: S. Stewart Gordon

Men's Athletic Director:

Roger Robinson (607/753-4963)

Women's Athletic Director:

Carole Mushier (607/753-4953)

Women's Gymnastics Coach:

Betsy East (607/753-4967)

Public Relations Director:

Norbert Haley (607/753-2518)

The 1978-79 Women's Gymnastics Guide is published by the Public Relations Office, State University College, Cortland, New York 13045

WOMEN'S GYMNASTICS 78-79

WOMEN'S GYMNASTICS SCHEDULE 1978-79

Dec. 2	Cornell Inv.	A	1:00
Dec. 9	Albany/URI	A	1:00
Dec. 16	Canisius/URI	H	2:00
Jan. 30	Ithaca	A	7:30
Feb. 3	West Chester/ Trenton	H	1:00
Feb. 8	Brockport	A	6:30
Feb. 10	Vermont/URI	H	11:00
Feb. 17	Cornell	H	2:00
Feb. 23	Springfield	H	7:30
Mar. 2-3	NYSIAW Championships @ Cortland		
Mar. 9-10	EIAW Championships @ U. of Maryland		
Mar. 31	AIAW National		
Apr. 1	Championships	TBA	

THE RED DRAGONS UNDER COACH BETSY EAST

<u>YEAR</u>	<u>W-L</u>	<u>NYSIAW</u>	<u>EIAW REGIONALS</u>	<u>AIAW NATIONALS</u>
1976-77	6-1	3rd	Did Not Qualify	Did Not Qualify
1977-78	7-4	1st	13th	5th

BETSY EAST

HEAD COACH

Betsy East is in her third year as Cortland State varsity women's gymnastics coach with an impressive 13-5 won-lost record overall. Last year, she led the team to a 7-4 dual meet record and the New York State Championship. The team also received its first qualification for the Eastern AIAW Regional Championships and placed fifth at the AIAW Small College National Championships in Colorado Springs, Colorado.

A native of Arlington, Va., East earned her B.S. degree from the University of Massachusetts and received an M.S. degree from there in 1976. She has started doctoral work at Temple University and was a teaching associate there before coming to Cortland.

As an undergraduate student, East was co-captain of the 1973 Massachusetts gymnastics team that won the AIAW National Championship and received All-American status for her 6th place finish on the uneven bars. In addition, she was named to the 1973 All-East team for women's gymnastics. East also was a member of the 1974 team which won the Eastern AIAW Regional Championship and placed third at the AIAW Nationals.

East is an instructor in the Department of Physical Education at Cortland State and serves as assistant director of women's athletics. She is a member of the EIAIW Gymnastics Committee and is vice president of the NAGWS Coaching Academy.

1978-79 WOMEN'S GYMNASTICS SEASON OUTLOOK

After a successful 1977-78 season, the Cortland State women's gymnastics team anticipates another exciting and promising year. The Dragons, who finished with a 7-4 dual meet record last season, will have rematches with both Cornell and Springfield this year. In addition, the women gymnasts will defend their New York State AIAW title and attempt to improve last year's fifth place finish at the AIAW Small College National Championships.

During the 1978-79 season, the Cortland women's gymnastics team will host the Danish Exhibition team from Svedboru District, Denmark, and co-sponsor a gymnastics clinic for area students. As defending New York State champions Cortland State also will host the NYSAIAW Championship Tournament on March 2-3, 1979.

Led by senior captain Margaret Wittosch, the Dragons have five outstanding returnees from last year's team. Wittosch, a physical education major from Floral Park, brings three years of varsity experience to this year's squad. Specializing in the all-around, she placed third in both the all-around and balance beam events at the 1978 New York State AIAW tournament.

Also returning for the Dragons are two 1978 AIAW Small College All-Americans, Karen Currier, a sophomore from Glens Falls, and Nancy Rubin, a senior from Brooklyn. Currier, described by Coach Betsy East as Cortland's "highest scoring and most consistent all-around performer" during the 1977-78 season, placed fifth in balance beam, ninth in uneven bars, and tenth in all-around

at the 1978 AIAW Small College National Championships. Rubin tied with teammate Karen Carrier for fifth place in balance beam at the AIAW Small College National Championships, and placed fifth in both the balance beam and floor exercise events at the NYSIAW Championships last year.

Other returning veterans, who will be counted on heavily to provide leadership for the young Cortland team will be junior Kate Shea of Haworth, N.J., and sophomore Jan Dever of Maitland, Florida. Shea, a two year veteran, specializes in the all-around event. Dever, who is formerly of Fairport, N.Y., will provide depth in both the balance beam and uneven bars.

Rounding out the '78-79 Cortland State team will be seven newcomers. All freshmen the young Dragons will provide depth in every event for Cortland. Newcomers include: Shawn Armstrong of Altamont, who will compete in the balance beam, floor exercise, and vaulting events; Sally Halstead of Preble, who plans to compete in the all-around event; Jeannette Hathaway of Oneonta, a vaulting and floor exercise specialist; Susan Lee of Harrington Park, N.J., who competes in both uneven bars and vaulting; Kathy Pfeiffer of Cheektowaga, an all-around specialist; Beth Sholtes of Altamont, an all-around competitor; and Nancy Smith of Rexford, who is making a comeback after a year's absence from competitive gymnastics.

1977-78 Results: 7 Wins, 4 Losses

CORT.

OPP.

123.15	SUNY Albany	91.45
125.15	Canisius	117.15
125.65	West Chester	119.75
125.65	Trenton	124.65
130.55	Cornell	132.0-
125.05	Ithaca	112.60.
128.82	Vermont	128.22
128.82	Cornell	128.99-
113.55	Brockport	50.30
129.88	Springfield	137.85-
129.88	Towson St.	132.35-

NYSIAW -

Cortland 1st in 8 team field

AIAW EASTERN REGIONALS -

Cortland 13th in 16 team field

AIAW NATIONALS -

Cortland finished 5th.

1977-78 PERSONAL BESTS OF RETURNING GYMNASTS

<u>NAME</u>	<u>EVENT</u>	<u>SCORE</u>
Karen Currier	Vault	8.95
	Bars	8.60
	Beam	9.10
	Floor	9.00*
	All Around	34.55
Jan Dever	Vault	7.90
	Bars	8.20
	Beam	8.05
	Floor	8.30

Nancy Rubin	Beam	8.50
	Floor	8.90
Kate Shea	Vault	8.45
	Bars	8.00
	Floor	8.30
	All Around	31.18
Margaret Wittosch	Vault	8.50
	Beam	8.65
	Bars	8.25
	Floor	8.45
	All Around	32.85

* 1st 9.0 in Cortland State history,
NYSIAW Championships

1977-78 INDIVIDUAL PLACE WINNERS IN POST-SEASON

NYSIAW CHAMPIONSHIPS

<u>Name</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Fl.</u>	<u>AA</u>
*Karen Currier	2nd	5th	2nd	4th	2nd
*Nancy Rubin	--	--	5th	5th	--
*Kate Shea	5th-Tie	--	--	--	--
Lynn Spadine	--	1st	--	--	--
*Margaret Wittosch	5th-Tie	6th	3rd	--	3rd

EIAIW REGIONALS

*Karen Currier	--	--	--	--	21st
*Margaret Wittosch	--	--	--	--	51st
*Janice Dever	--	--	--	--	53rd

AIAW SMALL COLLEGE NATIONAL CHAMPIONSHIPS

*Karen Currier	--	9th	5th-Tie	--10th
*Nancy Rubin	--	--	5th-Tie	-- --
Lynn Spadine	--	8th	--	-- --

*Returning

CORTLAND STATE WOMEN'S GYMNASTICS

1978-79 VARSITY ROSTER

NAME	YR.	HT.	EVENT	HOMETOWN	HIGH SCHOOL
Armstrong, Shawn	Fr.	5-0	Beam/Floor	Altamont	Guilderland
Currier, Karen	So.	4-11	All Around	Glens Falls	Glens Falls
Dever, Janice	So.	4-10	Beam/Bars	Maitland, FL	Fairport, NY
Hathaway, Jeannette	Fr.	5-4	Vault/Floor	Oneonta	Oneonta
Halstead, Sally	Fr.	5-1	All Around	Preble	Homer
∞ Lee, Susan	Fr.	5-4	Bars/Vault	Harrington Pk.	N. Valley Reg.
Pfeiffer, Kathy	Fr.	5-3	All Around	Cheektowaga	Maryvale
Rubin, Nancy	Sr.	5-3	Floor/Beam	Brooklyn	Midwood
Shaltes, Beth	Fr.	5-3	All Around	Altamont	Guilderland
Shea, Kate	Jr.	5-5	All Around	Haworth, NJ	N. Valley Reg.
Smith, Nancy	Fr.	5-3		Rexford	Niskayuna
Wittosch, Margaret	Sr.	5-0	All Around	Floral Park	Floral Park

Coach: Betsy East

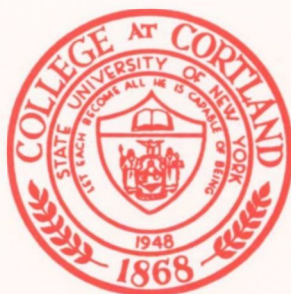
Student Assistant: Betsy Poit

Managers: Susan Turner, Diane Keehle

Trainers: Susan Wimmer, Becky Salas

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INTERCOLLEGIATE SPORTS AT CORTLAND STATE

MEN'S: Baseball, Basketball, Cross Country, Football, Golf, Gymnastics, Hockey, Lacrosse, Skiing, Soccer, Swimming, Tennis, Track and Field — Indoor and Outdoor, Wrestling.

WOMEN'S: Basketball, Field Hockey, Golf, Gymnastics, Lacrosse, Softball, Swimming, Tennis, Track and Field, Volleyball.