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CORTLAND STATE SPORTS



WOMEN'S GYMNASTICS 1977-78

WOMEN'S GYMNASTICS MEDIA GUIDE 1977-78

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CORTLAND STATE INFORMATION

Founded: 1868

Member SUNY: 1948

Enrollment: 4,830 Undergraduates
880 Graduate Students

Colors: Red and White

Nickname: Red Dragons

President: Richard C. Jones

Men's Athletic Director:

Roger Robinson (607/753-4963)

Women's Athletic Director:

Carole Mushier (607/753-4953)

Public Relations Director:

Norbert Haley (607/753-2518)

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WOMEN'S GYMNASTICS 1977-78

CORTLAND STATE WOMEN'S GYMNASTICS SCHEDULE 1977-78

| | | | |
|-------|---|---|-------|
| Dec. | | | |
| 4 | Cornell Invitational | A | 1:00 |
| 10 | SUNY Albany | H | 1:00 |
| Jan. | | | |
| 28 | Canisius | A | 2:00 |
| Feb. | | | |
| 2 | Trenton, West Chester | A | 3:30 |
| 11 | Rhode Island | A | 11:00 |
| 16 | Ithaca | H | 7:30 |
| 18 | Vermont, Cornell | H | 1:00 |
| 22 | Brockport | H | 4:00 |
| 25 | Springfield, Towson St. | A | 8:00 |
| Mar. | | | |
| 3-4 | NYSIAW Championships at SUNY Albany | | |
| 10-12 | AIAW Regional Championships at Plattsburgh | | |

BETSY EAST

HEAD COACH

Betsy East is in her second year as coach of the women's gymnastics team. Last year she led the team to a 6-1 dual meet record and a third place finish in the NYSIAW Tournament. A native of Arlington, Va. East earned her B.S. degree from the University of Massachusetts at Amherst and received an M.S. from there in 1976. She has started doctoral work at Temple University and was a teaching associate there before coming to Cortland.

Coach East was a member of the intercollegiate gymnastics team as an undergraduate student at Massachusetts and was named co-captain of the team for two years. In 1973 East took sixth place on the uneven bars at the AIAW National Tournament. The Massachusetts team took first place in the Nationals and East was named to the All-East women's gymnastics team. East was also a member of the 1974 team which won the EIAW championship.

GYMNASTICS SEASON OUTLOOK

Under Coach Betsy East, Cortland's women gymnasts this season will be striving to qualify for the Eastern AIAW Championships at the University of Pittsburgh. The assignment will be tough, as the Eastern region is the strongest in the country. The top three teams in the east were in the top four nationally last year.

Coach East is working toward a blend of returning veterans with some fine freshman talent. Returning gymnasts include senior captain Lynn

Spadine of Endicott, an eighth place finisher on the uneven bars at the State meet, and junior all-around gymnast Margaret Wittosch, a seventh place finisher in floor exercise.

Betsy Poit of Rockville Centre, also a junior all-around gymnast, made finals in vaulting in the State meet and appears equally as strong on floor exercise and balance beam this year. Also returning are junior all-around Sue Wimmer from Vestal, who should be strong on the floor and beam, and Nancy Rubin of New York City, fifth place finisher on the balance beam in last year's State tourney. A returning sophomore from Haworth, N.J., Kate Shea, will be a strong all-around competitor.

Joining the team this year is junior Cathy Freitag of Owego. She is a fine all-around gymnast and should add needed depth to the lineup in all four events.

Two new freshmen on the team are Jan Dever of Rochester and Karen Currier of Glens Falls. Dever is expected to add depth in the uneven bars and floor exercise events. Currier, who qualified for Y Nationals last year, is another all-around gymnast.

The team is definitely stronger than last year which should prove helpful with the addition of Eastern powers Springfield, West Chester, and Towson State to the schedule.

1976-77 PERSONAL BESTS OF RETURNING GYMNASTS

| <u>NAME</u> | <u>EVENT</u> | <u>SCORE</u> | <u>OPPONENT</u> |
|----------------------|--------------|--------------|-------------------------|
| Betsy Poit | Vault | 8.3 | Brockport |
| | Bal.Beam | 7.65 | Northeastern, Albany |
| | Floor Ex. | 7.8 | NYS Tournament |
| Nancy Rubin | Bal.Beam | 8.15 | Canisius |
| Kate Shea | Vault | 8.3 | Brockport |
| | Bal.Beam | 7.15 | Vermont |
| | Floor Ex. | 8.05 | Northeastern, Albany |
| Lynn Spadine | Unevens | 7.9 | Brockport, Canisius |
| Sue Wimmer | Vault | 7.8 | Canisius |
| | Unevens | 6.5 | Vermont |
| | Bal.Beam | 7.5 | Ithaca |
| | Floor Ex. | 7.8 | Northeastern, Albany |
| Margaret Wittosch | Vault | 8.2 | Brockport |
| | Unevens | 7.15 | Vermont |
| | Bal.Beam | 7.95 | Northeastern, Albany |
| | Floor Ex. | 8.2 | Northeastern, Albany |

CORTLAND STATE WOMEN'S GYMNASTICS

1977-78 VARSITY ROSTER

| NAME | YR. | HT. | EVENT | HOMETOWN | HIGH SCHOOL |
|--------------------|-----|------|-------------|----------------|-------------------|
| Arnold Barb | Fr | 5-2 | Beam/Vault | DeWitt | Jamesville-Dewitt |
| Currier, Karen | Fr | 4-11 | All Around | Glens Falls | Glens Falls |
| Dever, Janice | Fr | 4-10 | All Around | Fairport | Fairport |
| Freitag, Cathy | Jr | 5-5 | All Around | Owego | Owego |
| Poit, Elizabeth | Jr | 5-5 | All Around | Rockville Ctr. | Baldwin |
| 7 Rubin, Nancy | Jr | | Beam/FI Ex. | Brooklyn | Midwood |
| Shea, Kate | So | 5-5 | All Around | Haworth, NJ | N. Valley Reg. |
| Spadine, Lynn | Sr | 5-1 | Uneven Bars | Endicott | Union-Endicott |
| Wimmer, Sue | Jr | 5-2 | All Around | Vestal | Vestal |
| Wittosch, Margaret | Jr | 5-1 | All Around | Floral Park | Floral Park |

Coach: Betsy East

Manager: Carolyn Sheaff

Trainer: Kathy Fox

NEW YORK STATE AIAW CHAMPIONSHIPS '76-77

| | |
|-----------|--------|
| Canisius | 132.70 |
| Cornell | 121.45 |
| Cortland | 117.80 |
| Ithaca | 110.35 |
| Brockport | 108.70 |
| Hofstra | 99.80 |

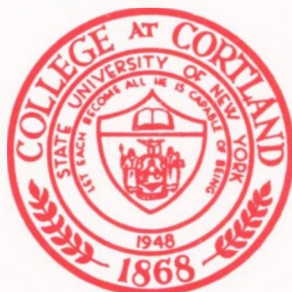
1976-77 WOMEN'S GYMNASTICS RESULTS

Dual Meets: Won 6, Lost 1

| | | |
|--------|--------------|---------|
| 114.4 | Hofstra | 102.05 |
| 126.3 | Brockport | 112.45 |
| 117.65 | Ithaca | 111.75 |
| 123.95 | Albany | 108.75 |
| 123.95 | Northeastern | 92.5 |
| 118.85 | Canisius | 118.45 |
| 116.6 | Vermont | 118.85- |

STATE UNIVERSITY OF NEW YORK • COLLEGE AT CORTLAND

Founded 1868 • A public college of arts and sciences for men and women in Central New York • Undergraduate and graduate programs offered in arts and sciences, education, health, physical education and recreation • Undergraduate enrollment exceeds 4,500 students • Graduate enrollment near 1,000



INTERCOLLEGIATE SPORTS AT CORTLAND STATE

MEN'S: Baseball, Basketball, Cross Country, Football, Golf, Gymnastics, Hockey, Lacrosse, Skiing, Soccer, Swimming, Tennis, Track and Field — Indoor and Outdoor, Wrestling.

WOMEN'S: Basketball, Field Hockey, Golf, Gymnastics, Lacrosse, Softball, Swimming, Tennis, Track and Field, Volleyball.