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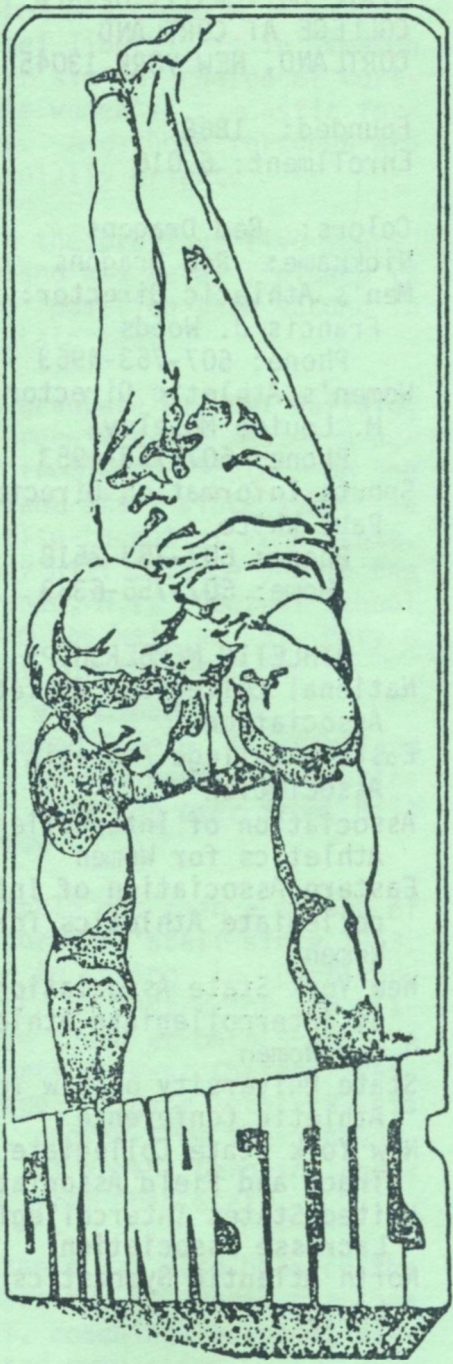
1975

1975-1976 Team Guide, Men's and Women's Gymnastics

State University of New York College at Cortland

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Cortland State Men's and Women's Gymnastics



1975-1976

STATE UNIVERSITY OF NEW YORK
COLLEGE AT CORTLAND
CORTLAND, NEW YORK 13045

Founded: 1868
Enrollment: 6,016

Colors: Red Dragons
Nickname: Red Dragons
Men's Athletic Director:
Francis J. Woods
Phone: 607-753-4963
Women's Athletic Director:
M. Louise Moseley
Phone: 607-753-4953
Sports Information Director:
Paul White
Phone: 607-753-2518
Home: 607-756-6353

ATHLETIC MEMBERSHIPS
National Collegiate Athletic
Association
Eastern College Athletic
Association
Association of Intercollegiate
Athletics for Women
Eastern Association of Inter-
collegiate Athletics for
Women
New York State Association
of Intercollegiate Athletics
for Women
State University of New York
Athletic Conference
New York State Collegiate
Track and Field Association
United States Intercollegiate
Lacrosse Association
North Atlantic Gymnastics
League

Women's Coach

Toni Tiburzi is in season number six in charge of Cortland's women's gymnastic fortunes. And those fortunes are perennially bright.

In the previous five years, Cortland has never finished in worse position than second in the state meet.

A graduate of SUNY Buffalo, Toni received her master's degree from Penn State. On the Cortland staff since 1969, she has also taught at Penn State, Rosary Hill College and in the Clarence, N.Y. Central School system as well as St. Mary's School for the Deaf.

Men's Coach

Conrad Steele is Cortland State's new men's gymnastics coach, taking over from Bill Tomik.

Steele has been a member of the Cortland staff since 1973. Prior to coming to Cortland, he was an instructor and lacrosse coach at Ohio State. A graduate of West Chester State College, Steele received his M.Ed. degree from the University of North Carolina and a Ph.D. from Ohio State.

Steele has also been on the University of North Carolina staff, coaching lacrosse, diving and gymnastics.

Men's Outlook

Consistency, and the higher scoring that goes with it, is the goal of new men's gymnastics coach Conrad Steele. He feels that, "barring injuries, we should reach the 100-point mark in most of our meets and if all goes well, we'll reach my objective of 120 points per meet later in the season."

Twins Rick and Wayne Sudaby are a driving force behind the new coach's optimism. The freshmen are both expected to improve Cortland's scoring in all events, Steele pointing both toward an all-around total of 35 and possible even 40 later in the year.

Leading the top returnees for the Red Dragons is junior George Kayser, who improved in both floor exercise and vaulting last season. Steele has considered adding events for Kayser, but may not do so, at least early in the season.

Seven other men return from last year's team, including a trio of seniors. One is team captain Mike Sinardi.

Also back are seniors Jeff Ellis and Dennis Barr, juniors John Drozda and Gary Pienkowski and sophs Mike Finein and Tom Pearson.

Women's Outlook

A young, talented team and a small roster are the distinguishing features of Cortland women's gymnastics this season and coach Toni Tiburzi feels she has a stronger team than the one which finished second to Canisius in the state meet last season.

All the short roster means is that, according to Tiburzi, "all of them can do a lot of things."

One of the most heartening aspects of this year's team is the comeback of bars performer Lynn Spadine after being sidelined last year by a dislocated elbow and later injuries from an auto accident.

Also back is Jan Seraphim, a strong all-around performer and especially strong on the balance beam. More strength in the beam should come from two freshmen, Sue Wimmer and Eve Palmisano.

Wimmer, frosh Margaret Witosch and junior Deb Jones are the mainstays in a solid floor exercise group with Lynn Smith adding to a solid group of new gymnasts.

Among the returnees is also Traci Dalton, probably the top vaulter on the squad.

Women's 1974-75 Results

Canisius 94.55, Cortland 76.1, L
Albany 61.4, Buffalo St.
45.1.
Vermont 80.35, Cortland 77.35 L
East Stroudsburg 86, Cortland L
81, Ithaca 77.95
Cortland 84.76, Cornell 54.13 W
Cortland 84.42, Hofstra 74.89 W
Cortland 82.02, Brockport 74.98 W
NYSIAW MEET--Canisius 97.8, L
Cortland 86, Ithaca 79.90,
Brockport 75.3, Queens
74.05, Hofstra 66.5, Al-
bany 64.45, Brooklyn 62.9
Cornell 57.9, Kings 51.7,
New Paltz 36.35

Men's 1974-75 Results

Syracuse 142.1, Cortland 80.1 L
Queens 100.1, Hofstra 87.55, L
Cortland 84.95
Plattsburgh 122.05, L
Cortland 117.3
Cortland 93.25, CCNY 88.2 W
East Stroudsburg 142.7, Cort- L
land 84.7, Glassboro 66.15
Brockport 123.5, Cortland 96.8 L
West Chester 144.4, Ithaca
111.84, Cortland 90.44
NORTH ATLANTIC GYMNASTICS
LEAGUE MEET--Cortland 9th
of 10 teams, West Chester
first

Men's Roster

Name	Yr	Events	Hometown
Barr, Dennis	Sr	Pommel Horse	Port Washington
Chin, Peter	Fr	Pommel Horse	New York
Drozda, John	Jr	All-around	Amherst
Ellis, Jeff	Sr	Rings	Huntington Station
Finein, Mike	So	All-around	Penfield
Genung, Donald	Fr	Floor Ex, Vaulting	Elmira
Hurdle, Edmund	Fr	Pommel Horse	Brooklyn
Kayser, George	Jr	Floor Ex, Vaulting	Cortland
Pearson, Tom	So	Floor Ex, Vaulting	Ithaca
Pienkowski, Gary	Jr	Floor Ex	Syracuse
Sinardi, Mike	Sr	Rings, Parallel Bars, Horizontal Bars	New Hyde Park
Suddaby, Rick	Fr	All-around	Syracuse
Suddaby, Wayne	Fr	All-around	Syracuse

Women's Roster

Name	Yr	Events	Hometown
Dalton, Traci	So	Vaulting	Liverpool
DeJoseph, Linda	Fr	Beam	Yorktown Hts.
Jones, Debbie	Jr	All-around	Johnson City
Natale, Donna	Jr	Bars, vaulting	Jamesville
Natke, Nona	So	All-around	DeWitt
Orcutt, Wendy	Sr	Bars, Vaulting	Liverpool
Palmisano, Eve	Fr	Bars, Vault., beam	Liverpool
Seraphim, Jan	So	Beam, floor ex.	Vestal
Smith, Lynn	Fr	All-around	Rexford
Spadine, Lynn	So	Bars	Endicott
Toy, Laura	So	Beam, vaulting	Yonkers
Wimmer, Susan	Fr	All-around	Vestal
Wittosch, Margaret	Fr	All-around	Floral Park

Post Season Meets

Both of Cortland's gymnastics teams take part annually in post-season competition.

Last season, the women were unseated as New York State Association of Intercollegiate Athletics for Women champions by Canisius in the state meet at Ithaca.

While champion Canisius was first in each event, Cortland had Jan Herringer second among uneven bars competitors, Traci Dalton in a second-place deadlock in vaulting, Jan Seraphim fourth in balance beam and in a tie for fourth in floor exercise, and Deb Jones fourth in all-around, sixth in floor exercise and sixth in vaulting competition.

The men's team is a member of the North Atlantic Gymnastics League and thus competes in the league's season-ending meet.

After hosting the meet in 1974, Cortland finished ninth among ten teams in last year's competition at West Chester.

This year's NAGL meet will be held at Oneonta while the women will travel to Canisius for the NYSAIAW championships.

Women's Schedule

Feb.	3--	VERMONT	6:00
	7--	ALBANY/HOFSTRA	1:00
	11--	at Canisius w/ Buffalo St.	6:00 10:00
	14--	CORNELL	7:00
	17--	ITHACA	
	21--	at Lock Haven	
	24--	at East Stroudsburg	
	27--	at Montclair St.	
Mar.	5-6--	NYSIAW at Canisius	

Men's Schedule

Dec.	3--	at Syracuse	7:00
	10--	ONEONTA	7:30
	13--	at Plattsburgh	1:00
Jan.	31--	at West Chester	
Feb.	7--	at CCNY w/Long Island	2:00
	11--	BROCKPORT	7:00
	14--	BUFFALO	2:00
	20--	ITHACA	7:30
	27-28--	NAGL at Oneonta	